



***THE HEARTBEAT OF THE HUNTINGTON COMMUNITY FIRST AID SQUAD
PROUDLY VOLUNTEERING SINCE 1967***

APRIL 2022 – VOLUME 55 – ISSUE 4



***President
Fiona Witkowski***

Spring has arrived and the Board has been working hard on various projects which will update and improve the efficiency of HCFAS. We have now received our first three payments from the Town and new garage doors have been ordered to replace the existing doors which are now over 20 years old and need constant repairs. We hope to have a new and improved website up-and-running in the next month and we have plans to spruce up the ready room and kitchen later this year. The landscapers have completed their Spring cleanup and the Vice President and I have planted pansies in the whiskey barrels. If anyone would like to join the ad hoc gardening committee and pull out some ivy, please let me or Tom Lemp know.

The Installation dinner was held at the Larkfield in East Northport on March 5th. Everything went very smoothly thanks to the careful planning of Brian Canty and the Events Committee. Ex-President Seth Fisher was a terrific Master of Ceremonies; the food was very good and there was an excellent selection of desserts. Brian is already planning next year's event which is tentatively scheduled for April 1st 2023.

Congratulations to all the people who won an award but thank you to all the wonderful volunteers who are the backbone of this organization. Thank you, not only to everyone who comes out to put ambulances on the road, but also to those who fund raise, fix computers, provide food and order supplies. We need lots of people with different skills in order to make this organization successful. If you have a special skill that is not being put to good use, please consider joining a committee!

Talking of success, consider the words of Ralph Waldo Emerson:

Success:

To laugh often and much

To win the respect of intelligent people
and the affection of children

To endure the betrayal of false friends

To find the best in others

To make the world a bit better

Whether by a garden patch, a healthy child, or an improved social condition

To know that even one life has breathed easier because you have lived

This is to have succeeded

Happy Easter and Happy Passover to everyone!



Chief
David Kaufman

Dear Members,

Thank you to everyone who came for the St. Patrick's Day Parade. We had a great turnout with about 50 people participating. Thank you to Brian Canty, Lisa Mohr and Christy Stiles for providing the corned beef and cabbage dinner.

The remaining ePCR laptops have arrived and will be put in service shortly. EPCR Chair Jacob Levinsky has done an excellent job preparing them so far.

Thank you to everyone who donated items for Ukraine, and Lehti Laas for organizing it.

EMT Cards were all extended by a year. Please contact the Second Deputy if you have any questions. SCM and ESO will both reflect your new date now.

Please be on the lookout for standby requests as the weather gets warmer. These can be a great way to make up hours and get some time outside.

Everyone has done a great job covering calls over the last month! I greatly appreciate the efforts of our extra in-house crews, our back up responders, and our Captains who make sure our ambulances are staffed. As always, thank you all for your hard work.

I hope you all have a Happy Passover and Easter.

Chief David Kaufman

chief@hcfas.org

2-15-30



1st Deputy Chief Katie Donegan

Hey everyone and happy spring! Thank you to everyone who came out for the Installation Dinner and the St. Patrick's Day parade in March, it was great to see everyone! Special thanks to those who helped organize and execute both of these events.

Now that the first quarter has come to an end, please be sure to submit any outstanding finger read adjustment forms to ensure you have met your 48-hour requirement.

Please be diligent about doing checkouts and taking care of the rigs when returning from a call. Crews should be cleaning up after themselves and restocking what's needed. Double check to make sure all equipment is turned off and that it's in good shape for the next call.

Ryane Como is continuing to handle COVID related issues and can be contacted at ryanecom@gmail.com.

As we enter the second quarter of the year, a reminder that everyone needs 48 hours per quarter. Please remember to finger in and out on the same shift. If you are going to miss a shift, plan to make up the hours by coming in early and staying late or doing another shift entirely.

For Company 8 members, please reach out if you need any support in knowing which shifts are in need. As a reminder, let the Day Captain know when you will be in so they can add you to their roster and onto a crew.

Please keep an eye out regarding communications concerning standbys, as we have a large number of them coming up in the next few months, particularly with Fire Department trainings. They are all listed in the Stand By section later in the Pulse.

If you have any concerns, please reach out to your Captain or Chiefs so we can assist you in a timely manner. I am always happy to answer questions about leaves, advancements and any other needs you may have!

Katie Donegan
first.deputy@hcfas.org
631-275-3991

2nd Deputy – Dale Bartolomeo

Hope Everyone is doing well!!

Please look over the QA/QI committee pulse article for some key issues that have been persistent with PCR documentation and PCR's in general.

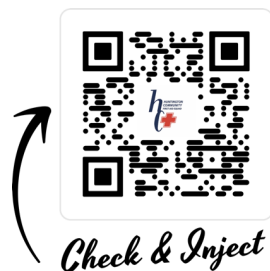
This month's Review Training is on the "Endocrine System"

Please complete all monthly Review Training on a monthly basis.

Please remember all PCR's must be completed and faxed within four hours.

Anyone looking to take an EMT refresher or original course, there are multiple postings in the ready room.

Anyone who needs to take a CPR class or BLS CPAP, and or BLS 12 Lead please use this QR codes below to register.



3rd Deputy Chief – Bill Connolly

Dear Members:

With the spring months upon us, and pedestrians, cyclists, and other vehicles on the roads, it is imperative to increase caution as you drive. Below are some driving methods that can help you drive safely when you are not driving an ambulance and are especially important to help HCFAS drivers avoid accidents and remain safe:

- Always wear your seatbelt and make sure the crew is safely belted in as well.
- Continuously check your mirrors and observe all traffic.
- Be alert for parked cars, pedestrians, and cyclists.
- Do not expect you will be given the right of way, even though it ought to be given to you.
- When you drive in rainy weather, reduce your speed, and increase your following distance.
- Make sure there is a safe amount of space on all sides of your vehicle.
- When possible, use a spotter when backing the vehicle, especially at HQ and Huntington Hospital.
- Concentrate on your driving and be prepared for unexpected events.
- DO NOT DRIVE IF YOU ARE EMOTIONALLY DISTRACTED. REPORT ALL ACCIDENTS AND INCIDENTS.

Bill Connolly 2-15-33

Chief Dispatcher - Mike Capotosto

Dispatch Training: Congratulations to our newest dispatchers, Patrick Kennedy, Liam Komatsu, Patrick Kennedy, and Sean Delle! Thank you to the dispatch training committee for getting our newest members through training so quickly!

Call Statistics:

We closed out February with a total of 429 calls, transporting 82.8%, down from about 93% last month.

We've had another 12 - 24's this month, with 12 - 24's in January, up from 9 in December, putting us at 2.8% for the month. We have had people respond to the building as backup personnel 36 times this month.

We did experience some issues with Bryx paging and text paging. Text pages are still a known issue, but Bryx paging should now be more reliable.

I'd like to take a moment to remind Dispatchers to make sure you're doing the "Signal >> Add" in the CAD – The "CL Needed", "Driver Needed", "CL/DR Needed", "Manpower Needed" signals are what trigger the pages to show up in Bryx, so please add them in a timely fashion!

As always, pagers are available for Drivers and Crewleaders who live in district – if you're interested speak to me or your Day Captain.

Co. 1 – Sunday Captain - Jacob Levinsky

Hello everyone and happy April! Hope everyone has been good and has been staying healthy. I would like to thank everyone who has helped out and answered up on Sunday.

Help is needed on many shifts:

Driver is needed for the 0700, Driver is needed for the 1100, Dispatcher and a full crew are needed for the 2300

Anyone available to help out, please let me know.

We are now entering the next quarter, so please make sure you are good with your hours. Anyone who is low, please consider picking up extra shifts, and those on other days who need hours feel free to contact me about picking up shifts.

As always, please remember to Clock **IN** and **OUT** on the same shift after completing either your 4 or 8 hour shift. You can use the finger reader by dispatch and the back door to see what time you clocked in so you can now tell what time you need to clock out to receive credit for the full shift. Also, don't forget to do your weekly checkouts and to clean up after every call. If you use something on the rig, please clean up and restock if necessary. You are not the only one who uses the ambulances, and think about how you would feel if you found the ambulance you are using is messy and missing equipment.

Jacob Levinsky 1529

Co. 2 – Monday Captain - John Connors

Company 2 & HCFAS Members,

Spring is finally here, but boy has it been stormy on Mondays. We are two months free of 24's with less personnel than we started with in January. Handling such a crazy call volume has been made possible by Monday members and several other members of HCFAS coming together to get the job done. Without the members, ambulances cannot respond. We are all an extremely vital part of this community and your effort and care never goes unnoticed. This may seem like a thankless job at times, but each and every one of you are heroes in the eyes of this community, whether it is spoken or not.

Mondays is still lacking full crews. We have no Crewleaders on the 1100 & 1500 shifts. The 2300 needs two full crews as always. ACL's and First Aiders are always welcome. Company 8 members and anyone who wants to come ride a day with a large call volume, please do not hesitate to reach out and sign up! We would love to have you!

Sincerely,

John Connors, Co. 2 Captain

Co. 3 – Tuesday Captain - Joe Savaglio

No Article Submitted

Co. 4 – Wednesday Captain - Dominic Heavey

Welcome to April and the start of Spring.

Congratulations to Member # 1619 Kenney Cadet on passing his EMT exam. He is now in the ACL program. Kenney is going to be a great asset to the Squad.

A big thanks goes out to the First Deputy Chief Kathryn Donegan for covering my day on 03/16/2022.

The following members went the extra mile and helped out on Wednesdays through March, Luke Bartolomeo #1595, Jacqueline De Bruin #1581, Robert Loysch #56, William Meitz #1665, Jonathan Menard #1454, Richard Rudolph #1083, Matthew Philip #1631, John Stevens #1627 and Kenney Cadet #1619.

Members looking to make up hours should look out for the SATURDAY e-mail sent out by the First Deputy Chief, for HELP needed for the upcoming week.

It was great to see everyone for the Town of Huntington St. Patrick's Day Parade. We had a great day and a big thank you goes out to the Kitchen Committee for a good meal after.

This year member Keith Rubenstein #1154 and I had the opportunity to walk up 5th Avenue in the NYC St. Patrick's Day Parade with The Glengarry Club who are all Ex-Military from Ireland. We made national TV, and had a great time.

2-15-54

Co. 5 – Thursday Captain - Colin Weigele

Hello all, hope you're all doing well.

Another month and things are going great! So thank you all for your help.

Congratulations to Sean Delle #1675 of the Thursday 1500 who passed his dispatch exam **twelve days** after his first shift. Sean has previous fire and dispatch experience, but was also trained here by Fiona Witkowski. This is one the fastest anyone has passed dispatch training in years. Well done Sean! Thank you Fiona!

As always, some help is still needed on Thursdays.

A Driver is needed on the 1100, 1500 and 2300, a Crewleader is needed on the 1100 and a Dispatcher is needed on the 1500!

If anyone is able to help, please let me know!

Again, thank you for all your amazing work.

Colin Weigele 1553

Co. 6 – Friday Captain – Alex Hastava

Happy Friday everyone!

I want to first and foremost thank all of the Company 6 members and regulars who have made my transition to Captain seamless and welcoming.

I have seen a lot of progression and growth in just the short time that I have been serving as Captain, so far. It should be known that the regulars who consistently help out on Friday's do not go unnoticed and are a tremendous support to the backbone of Company 6. These exemplary members are: #1475 Steven Benjamin, #1423 Bob Biersack, #1281 Seth Fischer, #1627 John Stevens, #1646 Marissa Lindner, #1631 Matt Philip, #1082 Spencer Newman, and #1400 Cynthia Feliciano. I also want to congratulate #1672 Michael Morrell on advancing to Crewleader. He passed his ACL exam with flying colors and will, no doubtedly, be a phenomenal asset to HCFAS.

Thank you all for your continued support and willingness to step up and serve our community at large. Quoting our former Monday Captain, Paul Bayer, "No Captain's report would be complete without a plea

for help.” The 1100 is desperately looking for a permanent 1st due Driver to replace Bob Biersack, who tirelessly puts in more hours than he is regularly scheduled for to help fill in scheduling holes. In fact, the 1100 on Friday is not even one of the 4 other shifts he regularly helps out on. Additionally, a full 2nd due Crew is needed on the 2300.

Last but not least, I look forward to sending out details regarding the Company 6 shirt I will be designing in the coming weeks.

Company 6 Member’s, please remember to join the GroupMe page that was sent out to you via email as this will serve as a primary modality for communication going forward.

Best,

Alex Hastava

(631) 923-7079

Co. 7 – Saturday Captain - Steven Benjamin

Saturday is doing well. Other than expected educational leaves early in the year, we have lost only one member who was still in dispatch training. We started the year with only 16 regular Company 7 members (off leave and coming in almost every week) and are now up to 21, and with the continued support of young members from other Companies, weekly openings are manageable. Company 7 likely has the best dispatch situation at HCFAS, with HCFAS legends Mike Barker, Laura Treulich, Mary Sisinni, Carolyn Mullen and Annette Hirshkowitz all regulars on Saturday. We could use a 2300 Dispatcher. No 24’s since early in the year even though we often do see calls in batches.

Matt Philip is now a Crewleader and already impressing. Ori Baer has begun the ACL Program. Laurant Wally-Jenty is now off probation and Noah Ramos is now officially a member #1674. Maggie Hughes from Post 215 has been a regular in dispatch training. Everyone also now has ID cards and key fobs.

Members of the week since the last report.

2/26/22 – Richie Cortes

3/5/22 – Kenney Cadet

3/12/22 – Bob Biersack

3/19/22 – Brian Block

Anyone who wishes to help out occasionally on a Saturday and is not on my weekly communication, please let me know and I will add you. Besides needing a permanent second Driver and Dispatcher on the 2300, we do not have a second permanent Crewleader on the 0700 and 1500, and need a second Driver each week on the 1500.

Stay safe everyone!

Steven

Director – Robert Franz

NYS Income Tax Claim for Volunteer Firefighters' & Ambulance Workers' \$200 Refundable Credit for 2021

You can claim the \$200 refundable credit for 2021 on the NYS Department of Taxation and Finance **Form IT-245**. As per the instructions, **you cannot claim the credit if you receive a real property tax exemption that relates to your volunteer service under Real Property Tax Law**. The ambulance workers' credit is available to full-year NYS residents who are active volunteer ambulance workers for the **entire tax year** for which the credit is claimed. A copy of the Form IT-245 & instructions is posted on the bulletin board. If you have any technical questions, consult your independent tax advisor.

LOSAP 2021 Points

The 2021 LOSAP Records Listing was submitted to the Town of Huntington for Town Board approval in compliance with General Municipal Law.

The listing shows that 252 members made 50 or more eligible points which qualifies for a year of service credit for 2021 and 84 members who did not make 50 points. Of the 84 members who did not make 50 points, 20 of them would have made 50 points if they completed 1 to 3 additional review trainings during the year.

Please do your review trainings in 2022.

Notes from the Quarterly meeting with Huntington Hospital

Huntington Hospital currently has three COVID positive hospitalized patients. The volume has dropped off precipitously since February. Visitation has resumed in the Emergency Department with one visitor per patient, two for pediatrics. Masks are still required throughout the hospital on both visitors and patients. Please continue to wear the appropriate PPE.

A linen bin has been placed outside the ED near the locker area. This bin should be used to return any extra hospital linens that you may have in your possession. Crews should only be taking the amount of linen as was used on the call, 1:1. The hospital is losing tens of thousands of dollars in unreturned linen to the linen company. We will keep the bin out there periodically and appreciate your assistance in keeping costs down.

Patients in active labor can be transported directly to our Labor & Delivery entrance (the driveway directly after the ED) after the ED is notified. Please call the ED to notify us of your impending arrival and we will notify Security and L&D staff to expect you.

We greatly appreciate your providing all medication information on our patients. If applicable, please provide us with medication lists via photocopy or photo. For some patients, routine medications are crucial to their ongoing care and medication history can give us insight into comorbidities or presenting issues. Where possible, leave a "face sheet" from the nursing home.

While the hospital has access to PCRs via ESO, they still require a hard copy of the PCR to be faxed to the ED as quickly as possible. The hospital staff does not have open access to ESO and they are finding

that many of the PCRs are not making their way into the hospital records, or are not available while the patient is in the ED. It is very important to complete your PCR as soon as possible. Do not use the hospital's vital signs on your PCR.

There should be a hand-off report at the bedside for trauma patients. The MVIT script is in the presentation this means:

- Mechanism of injury
- Vital signs
- Injuries sustained
- Treatments rendered.

The hospital plans to hold an educational trauma CME conference next month. If there is a specific trauma case that you would like presented for review and discussion, please let us know. Date and time of the conference to be determined and announced when finalized.

There is a national shortage of Epinephrine. In order to replace Epi used, you can go to our Pharmacy Department and obtain a kit which will be made on demand.

Fiona Witkowski

QA/QI Report

- Please do a full assessment of every patient, from head-to-toe and pay particular attention to the area affected by their chief complaint.
- If the patient gets significantly better or worse, complete a second assessment and make a note of the changes in your narrative.
- If the patient has a respiratory problem you need to document lung sounds, respiratory rate and effort and an SPO2 reading.
- If the patient has chest pain, consider whether aspirin is indicated and whether you should do a 12-lead EKG. Do not ask the patient to walk to the ambulance. If you are not certified to perform EKGs, sign up for a class. Every crew leader should know how to do this.
- Remember to get the patient's insurance information. If you are unable to get this from the patient, the family, the nursing home or some other source, the hospital will provide it. Go to the desk on the right, near Fast Track. Our continued funding depends on insurance payments.
- Obtain vehicle insurance for all MVAs (this includes vehicle v pedestrian). If you cannot get the name of the insurance company, write down the license plate number.
- Use the flow chart for any interventions you do (aspirin, albuterol, oxygen) and note any interventions done prior to your arrival (PTA).
- Read the comments from the QA/QI team in ESO. If you need help, talk to your Day Captain
- The comments in ESO are supposed to be helpful suggestions, not criticisms. Hopefully, we all try to increase our knowledge and be better providers.

Fiona Witkowski

BASICS – April 2022

Which Hospital?

By Mark Brenner

Have you ever wondered how I select the topic for each BASICS column? While teaching a CME recently, it became apparent that several attendees were still unaware that the Northport VA Hospital is NOT a 911 receiving hospital. This month's column is a duplicate of my column from May 2021.

Our agency is fortunate to have a hospital in our district. And, Huntington Hospital has developed from a community hospital to one that been designated a Stroke Center, a STEMI Center, and a Level III Trauma Center.

But there are times that our patients need to be transported to a specialty facility. It's important to remember that transporting the patient to the right facility saves time by transporting them to the correct facility which helps to promote a better outcome for the patient. As providers, we need to remember to make the right transport decision and as drivers we need to know how to get to those facilities. Keep in mind that Medical Control is a great resource when deciding the destination hospital. Here are a few questions that allow us to reflect on which hospital is the correct one for our patients. In addition to providing the answers, I have also included the reasoning behind the transport decision. I hope that you will find it educational.

1. You respond to a female patient who is the victim of an assault. Once the scene is safe and you have been cleared to enter, the 30-year-old patient tells you that she was raped. You assess her. She is conscious and alert and sobbing. Her pulse is 90 strong and regular. Her respirations are 22. Her SpO2 is 99% on room air. Her blood pressure is 116/82. Her pupils are equal and reactive. Her lung sounds are clear. Her temperature is 98.9. Which hospital will you transport her to?
 - a. Huntington Hospital
 - b. Good Samaritan Hospital
 - c. Stony Brook University Hospital
 - d. St. Catherine of Sienna Hospital
2. Your BLS crew responds to a call for an adult male with chest pains. The paid medic is already on another call. You are credentialed in 12-lead EKG. Your patient is 66 years old. He has substernal chest pain which he states is an 8 on a pain scale of 1-10. His pulse is 102, weak and irregular. His blood pressure is 152/102. His respirations are 20 and regular. His lungs are clear bilaterally. There is no accessory muscle usage. His skin is cool, pale, and clammy. His SpO2 is 90 on room air. His temperature is 98.6. His pupils are equal and reactive. You perform a 12-lead EKG, transmit it to Medical Control (Stony Brook), and call to consult. To which hospital would you expect to be directed by Medical Control?
 - a. Huntington Hospital
 - b. Good Samaritan Hospital
 - c. Stony Brook University Hospital
 - d. The closest hospital
3. You are at the home of a 52-year-old female patient who is experiencing nausea and vomiting for the past 24 hours. Taking COVID precautions, you assess the patient in appropriate PPE. She has a radial pulse of 94 that is weak but regular. Her blood pressure is 104/76 which she says is a little low for her. Her respiratory rate is 20 and they are regular and non-labored. Her skin is pale, warm, and diaphoretic. Her oral temperature 100. Her lungs are clear, her SpO2 is 98% on room air, her

lungs are clear bilaterally and she has no difficulty breathing. She has no history of respiratory, cardiac, or diabetic problems. She wishes to be transported to Northwell/ Syosset Hospital. Her house is in Audubon Woods which is off of West Jericho Turnpike, near the Nassau County border. Where would you transport her?

4. You are dispatched to the home of an 88-year-old male who was choking. Upon arrival you find the patient is conscious, alert, and complaining of a sore throat after choking while eating lunch. His is a Korean War Veteran and his son tells you that he was discharged from the Northport Veteran's Administration (VA) Hospital two days ago after being hospitalized for a week for the treatment of a kidney infection. The patient is alert but lacking the energy to hold a conversation with you. His respirations are 22 and shallow. His lungs are clear and his SpO2 is 92% on room air. His pulse is 84, regular but weak. His blood pressure is 142/90. His skin is warm, pale, and moist. His temperature is 99.9. His son is insistent that his dad gets transported to the VA. What would you do? Where would you transport the patient?
5. You respond to a 40-year-old male who has fallen from the second story roof of a private residence near the intersection of East Jericho Turnpike and Park Ave. There is no Medic scheduled for your shift and there is no response on the ALS pages. He is unconscious. You take c-spine precautions. He tolerates an oropharyngeal airway. His chest is intact, his lungs are clear. He is breathing at a rate of 16/minute. His lungs are clear and there is equal expansion of the chest which on palpation feels intact. He has a weak carotid pulse of 60 beats per minute. His blood pressure is 160/94. His skin is cool, pale, and moist. His pupils are unequal. There is a large bump on the back and right side of his head. Aviation is not available. What hospital would you transport him to?
6. What if this call happened on the west side of our district; such as in the vicinity of Round Swamp Rd and West Jericho Turnpike. Where would you transport the patient?
7. You respond to a Medical Office on Route 110 for a child with an eye injury. The boy is two and a half years old. He was playing under the garment racks at a clothing store in the mall and his mom says he got poked in the eye with a metal wire clothes hanger. You ask if "things look fuzzy" out of that eye. He responds that it does. What would be the closest, most appropriate facility for this pediatric trauma patient?
 - a. Huntington Hospital
 - b. Good Samaritan Hospital
 - c. Stony Brook University Hospital
 - d. South Shore University (Southside) Hospital

ANSWERS:

1. B. Good Samaritan Hospital is a SANE (Sexual Assault Nurse Examiner) center. When a patient who is the victim of a sexual assault or rape is stable, transport them to a SANE center. There, they will receive private, sensitive victim-centered medical and forensic health care. FYI, Stony Brook, Long Island Community Hospital, Peconic Bay, North Shore Manhasset are SANE centers. But in question #1, Good Samaritan Hospital is closer in distance and transport time than Stony Brook.
2. A. Huntington Hospital is a STEMI center and is the nearest STEMI center. Stony Brook University Hospital, Peconic Bay Medical Center, Long Island Community Hospital, South Shore University (Southside) Hospital are Suffolk County STEMI centers. Last year, Huntington's STEMI Center was used for COVID surge and STEMI patients were diverted to South Shore University.
3. This patient is stable. In Suffolk County, stable patients can be transported to an appropriate destination hospital of their choosing provided that the transport time is no greater than 10 minutes beyond the closest facility. In this case, the patient can be transported to Northwell/Syosset. You can give the hospital notification through Nassau Med Com by calling (516) 572-6277. You can

use that number to make a notification for any hospital in Nassau County. Remember, Nassau University Medical Center is a Level 1 trauma center. So please enter that telephone number in your cell phone now. Go ahead. I'll wait.....Good. Thank you.

4. The Northport VA is **NOT a 9-1-1 receiving hospital**. Patients are **NOT** to be transported by 9-1-1 ambulance to the VA. New York Senator Charles Schumer sponsored legislation which allows Veterans who require emergency transportation to receive care at the nearest appropriate emergency department to have their hospital bill covered through their Veteran's benefits and will also cover the cost for the veteran to be transferred to the VA hospital once they are stable should they require further care. Tell this to the family. And most importantly, a patient who was choking and now has a sore throat may develop an inflamed airway that would become obstructed. The most appropriate facility for this patient is Huntington Hospital.
5. According to the CDC Trauma Triage Protocol, this patient needs to be taken to a Level 1 Trauma Center. The nearest one to scene is Stony Brook University Hospital.
6. From this location, Nassau University Hospital (also a Level 1 trauma center) would be closer than Stony Brook.
7. B. Good Samaritan is a Level II pediatric trauma center. Huntington Hospital is not.

I hope that you enjoyed this format. I felt it would be beneficial to provide explanations in addition to the correct answers.

Strive to take trauma patients to the highest level of trauma care possible, in accordance with the CDC Trauma Triage Guidelines. Keep in mind that **not** every adult trauma needs to be transported by helicopter. Learn the routes to the other hospitals to which we might transport our patients.

Please place the number for Nassau Med Com in your cellphone: (516) 572-6277.

2011 Guidelines for Field Triage of Injured Patients

https://www.google.com/url?sa=i&url=https%3A%2F%2Fslideplayer.com%2Fslide%2F10417947%2F&psig=AOvVaw3opwwZiIWxbGSb_bWMEvY_&ust=1618679610364000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCLCAqsuhg_ACFQAAAAAdAAAAABAT

BLS Core CME 6 – OB, Neonate, Pediatrics, Special Needs Patients, Safe Transport of the Pediatric Patient

Tuesday, May 17, 2022, 7:00pm – 10:30 pm

Cold Spring Harbor FD.

Register at Suffolk County EMS – 631-852-8050

Proposed SOP Change 01-2022

Proposal: To allow Paid Paramedics to respond to Alpha and Bravo calls.

Background/Justification: Patients from some Alpha and Bravo calls might benefit from having the Paid Paramedic. Patients who were previously seizing may have a recurrence of the seizure and the patient would benefit from having controlled substances administered. Patients who have been characterized as a “Bravo fall” might benefit from receiving pain management to facilitate lifting and moving and to ease their pain during transport. Motor vehicle collisions are hazardous scenes. Having the Paramedic First Responder block the scene is a useful means to provide a more secure the scene for all the providers. BLS crews responding with only a Crewleader and Driver might wish to have the Paid Paramedic respond as additional manpower.

Change (additions are underlined and deletions are ~~stricken~~):

Article X, Section 7 - Paid Paramedics

13. Alpha and Bravo - A BLS ambulance will only respond. At the discretion of the Crewleader or Paid Paramedic, the Paid Paramedic may respond if the nature of the call indicates that the patient might benefit from the presence of the Paid Paramedic.

2022 Installation and Inspection Dinner



President Fiona Witkowski's Speech

It is my privilege and pleasure to welcome my fellow members and honored guests to the 2022 HCFAS Installation Dinner. I am very grateful to my family who have traveled here to support me. Thank you to everyone who is here to support a member, I hope you will all enjoy the evening.

I am proud to have been a member of HCFAS for ten years and I am honored to have been given the responsibility of leading an organization with such an illustrious past. I promise you all that with the help and support of the Board of Directors, Chief Kaufman, all the officers and my fellow members, I will do my best to meet the challenges put before me. Each one of you plays a part in the success of this organization.

Let me take this opportunity to congratulate past President Seth Fischer for his very successful term as President of HCFAS. (I'm sure you are breathing a sigh of relief as I say past President!) I've always been very impressed by the compassion, dedication and work ethic that Seth portrayed over the past four years and I now understand why you needed so much Xanax! Seth, thank you for your help with learning what this job entails – you know I will be relying on your continued support throughout the year.

I would also like to congratulate each of the new Board members. Our members have shown their confidence in you and me by electing us to these respected positions, and I look forward to serving with you. I have already seen the energy, enthusiasm and commitment that you bring to the board.

I would like to thank Dr. Ethan Brandler, our Medical Director, for keeping us up-to-date with best practices in EMS. Thank you to Officer Jimmy Garside and all the police officers who help us on almost every call. Thank you to our neighboring departments who help us by covering our calls when we get swamped. Thank you to all the elected officials from the Town of Huntington – we appreciate all your support.

Thank you to Brian Canty and his team who worked so hard to put this whole event together and arranged everything from the music to the table decorations. The Events Committee includes Brian, Joanne Vogel, Heidie Magerle, Sue Seibel, Meaghan Allison and Michele Miller.

Over the past two years, the pandemic has given people a small glimpse of the vital role of EMS professionals.

The sacrifice and dedication of EMTs, paramedics and other EMS practitioners has earned us new admiration and respect in our communities. Being a member of HCFAS is all about the people we help and I'm proud to say that we have all worked hard and made a difference in people's lives.

***The following member's were recognized as
Twenty Year (20) Exempt Members***

Fritz Bareau
James Mallilo
Ona Mastroianni
Don Roulo
Christy Stiles

***The following member was recognized for her
forty (40) years of service***

Gail Glistner



***The following member was recognized for her
forty-five (45) years of service***

Mary DeWan

***The following member's were recognized for
their twenty-five (25) years of service***

Kathi Bonessi
Ann Maloney
Casey Stone
Nancy Barker
Ann Gabriel



***The following member was recognized for his
thirty (30) years of service***

Hugh O'Brien



***The following member was recognized for her
thirty-five (35) years of service***

Laura Treulich



***The following member was recognized for her
FIFTY (50) GOLDEN
years of service***

Martha Brenner



*The following members received
Officer's Awards*

Dispatcher of the Year	Christine Stiles
BLS Provider of the Year	Jacqueline de Bruin
Driver of the Year	Felix Medina
Probationary Member	Marissa Lindner
Administrative Member	
of the Year	Lisa Mohr
Distinguished Member	
of the Year	Ryane Como

The following are the top responders to calls

Responder	Calls
John Stevens #1627	282
Robert Loysch #56	310
Brett Dowler #1546	311
Esteban Lopez #1519	354
Kenny Cabet #1619	359
Robert Biersack #1423	388
Colin Weigele #1553	442
Paul Bayer #1505	459
Jacqueline de Bruin #1581	466
Jacob Levinsky #1529	700



St. Patrick's Day Parade



Let's meet some new Members



Ori Matan Baer #1673

Saturday 2300

Please welcome new member Ori Baer #1673. Ori has been a member of Post 215 for the past 2 years. He has already passed his dispatch test, is an EMT and has started the ACL program.



Noah Ramos #1674

Saturday 0700

Welcome Noah, who has been a Post member for the last year. He has been dispatching and riding. Noah has always enjoyed the medical field. In the fall, Noah will be starting the PA program at Stony Brook.



Sean Delle #1675

Thursday 1500

Sean comes to us with a lot of experience and a strong desire to learn and advance himself. Sean currently works at the Northport VA Fire Department. He also spent 5 years in the US Coast Guard as a Firefighter/EMT. Sean also volunteers with our neighbors to the west, Cold Spring Harbor FD.

Birthdays

4/3 - Spencer Newman #1082
 4/4 – Jonathan Stone #1052
 4/5 – Keith Davis #1208
 4/5 – Carolyn Dia #1223
 4/8 – Donald Roulo #1017
 4/8 – Louis Dell #1388
 4/14 – Kathi Bonessi #936
 4/14 – Karen Martin #1118
 4/14 – Jeffrey Brenner #1135
 4/14 – Jaimie Terenzi #1643
 4/15 – Kevin Solano #1584
 4/15 – Casey O'Riordan #1518
 4/15 – Kemberlin Hernandez-Veliz #1660
 4/15 – Sheon Bacchus #1671
 4/16 – Dana Silverstein #1510
 4/17 – James Kelly #1523
 4/17 – Marissa Lindner #1646
 4/19 – Janet Rubel #1054
 4/19 – Seth Fischer #1281
 4/20 – Fritz Barreau #1025
 4/21 – Diane Muszynski #1417
 4/22 – Luke Bartolomeo #1595
 4/24 – Monica Mulchandani #1162
 4/25 – Angelina Kalodukas #1090
 4/28 – Brian Canty #757

In Mourning

It is with great sadness that we announce the passing of Lola Blair, mother-in-law of Bedel Saget #1175.

Meetings

4/11 – 1930 General Membership Meeting,
 Dinner starts at 6:30p
 4/21 - 1900 Board of Directors Meeting

Stand-Bys

4/4 – 1000 Walt Whitman High School
 4/5 – 1000 Walt Whitman High School
 1930 HFD Fire Academy 4/7, 5/5, 6/2, 7,28
 0900 HFD Fire Academy
 1800- HMFD Fire Academy 4/27
 1830- HMFD Fire Academy 5/25, 6/15, 7/20,
 8/17, 9/14 and 10/12

Length of Service

30 Years

Bernard Poole #872

25 Years

Tom Romano #939

20 Years

Janet Rubel #1054

Debbie Rudilosso #1053

Jonathon Stone #1052

15 Years

Stefanie Mirabelli #1179

Tim Ebert #1184

10 Years

Richard Cortes #1361

Holidays

April 1, 2022 - April Fool's Day

April Fool's Day although not a federal holiday, it is a holiday observed annually on April 1. It is a day which celebrates the custom of playing practical jokes on friends, or sending them on fools' errands. Whatever the prank, the trickster usually ends it by yelling to his victim, "April Fool!"

April 15, 2022 – Passover

Passover is celebrated by Jews every year, commemorating the anniversary of the exodus from Egyptian slavery and lasts for 8 days.

April 17, 2022 - Easter

Easter is a religious holiday celebrating the resurrection of Jesus Christ from the dead and is celebrated by Christians throughout the world.

Our Members and What They Do

Bedel Saget #1175

Bedel just returned last month after spending 25 days in Beijing for the 2022 Olympics. Bedel is a visual journalist for the New York Times for a little over 33 years. It was his first job after graduating from Stony Brook University with a degree in Political Science and Africana Studies.

As a Graphics/Multimedia Editor in the newsroom, he conceives, reports and creates interactive informational graphics and visual features on the NYTimes.com web site, as well as charts, maps and diagrams for the print newspaper. Bedel covers all aspects of sports and a wide range of breaking news topics. In his role, he often uses photography and videography to create and adapt content for all mediums.

Bedel has traveled to nine Olympics, numerous World Cups, Super Bowls and major sporting events around the world. He recently traveled to Beijing for his second COVID19-era Olympics without fans. Bedel explained how the Beijing Games were more restrictive, in terms of mobility and access than Tokyo. Yet the competition and athletic experiences were like all the other Olympics.

In Tokyo, they were able to travel freely after a strict two-week travel quarantine (using dedicated buses and taxis to travel to and from venues). In Beijing, they remained isolated from the Chinese people for their entire stay in what is referred to as the Olympic bubble (think giant hamster habitat). They were only able to socialize with each other and the athletes and coaches on the field of competition. Working 16-20 hour days doesn't leave much time for anything else. He was very appreciative of the clean and efficient accommodations. The food experiences ranged from sad to elaborate at times.



Recipe of the Month
Lisa Mohr
Moroccan Chicken Pita Pockets



Ingredients

- 2 large pita breads, halved
- 1½ to 2 lbs. thin sliced boneless, skinless chicken breasts

Marinade

- ¼ cup extra virgin olive oil
- 1 tsp salt
- 1 tsp sugar
- 1-2 cloves of garlic, finely minced or grates
- 2 tsp paprika
- 1tsp ground cumin
- ½ tsp ground coriander
- ¼ tsp ground ginger
- ¼ tsp ground turmeric
- ¼ tsp ground cinnamon
- 1/8 tsp cayenne pepper

Tzatziki

- 1 ½ cups 2% plain Greek yogurt
- 1 medium English cucumber, grated, placed in a bowl and squeezed to drain the fluid
- 1 clove garlic, finely grated
- ¾ tsp sale
- ¼ tsp pepper

Directions

- Marinate chicken at least 6 hours, or overnight in the marinade in a plastic bag
- Prepare tzatziki sauce a day ahead. Add all ingredients and refrigerate.

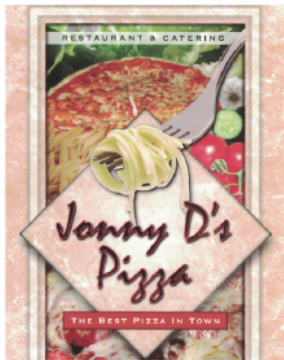
Day of Preparation

- Grill the chicken on a grill or grill pan on medium high heat for 2 to 3 minutes each side
- Slice chicken into strips and divide evenly into 4 portions
- Place chicken in each pita half and add tzatziki, shredded lettuce and tomato slices if desired

HCFAS Discounts - David Mohr

There are many places that offer discounts to Squad members. Even if you don't know if they do or don't, it doesn't hurt to ask. I have had times when I have asked and the answer was 'we don't, but hold on' and they would talk to a manager/owner and in the end a discount was given. We have accumulated just some of the places in Huntington that offer discounts to Squad members. **If you know of a place that offers a discount to Squad members, please email me at davidmohr@yahoo.com.**

Always have and show your Squad Membership card



Jonny D's Pizza

946 New York Avenue

631-385-4444

15% Discount



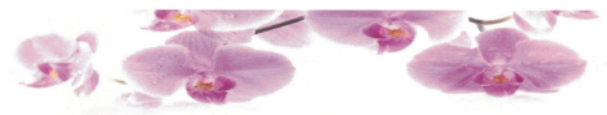
15% Discount



15% Discount



10% Discount



Flowerdale by Patty

"Elegance with a personal touch"

1933 New York Avenue

10% Discount

Catusco's Pizza

336 Depot Road

631-629-4872

15% Discount



of Huntington

340 West Jericho Tpke. - 631-659-3111

10% Discount



9 Wall Street - 631-271-3540

15% Discount



134 Main Street, CSH

631-367-6060

50% Discount



800 New York Avenue

631-423-0200

15% Discount

Huntington YMCA

60 Main Street

631-421-4242

**\$50 Initiation Fee Waived
& 20% off Membership Fee**