



The Pulse

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Volunteers since 1967

The “Heartbeat” of the Huntington Community First Aid Squad

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PRESIDENT’S REPORT

Roger Winter

February has a lot of special events, some of them are as follows; Groundhog Day, Chinese New Year, Superbowl Sunday, Boy Scout Day, Valentine’s Day, President’s Day, Mardi Gras/Fat Tuesday, Black History Month, American Heart month, and probably the “almost most important” Chocolate Lovers’ Month. I guess we can be assured that we will have continued cold winter days and nights awaiting that March break in the weather.

I have collected the last of food from the food drive that was set up in November. We were able to collect 35 bags of food which was delivered to the Saint Hugh of Lincoln Church Parish Outreach program. I would like to thank all those who gave food to this drive. We ran this drive a little longer to try to accommodate those who are in need not just in November and December as hunger is a year long issue. I realize that there are two more groups who give to other food pantries and do not get recognition. I also thank them for keeping up the fight against hunger in the Huntington area.

We have finally settled in on a group of Corporate Officers; President Roger Winter, Vice President Richard Stone, Treasurer Brian Cauty and Secretary Robert Franz. The other Directors are as follows; Alyssa Axelrod, Mark Cappola, Andrea Golinsky and Lehti Laas. Rounding out the Board of Directors is Chief John Palmieri. Please do not hesitate if you have a question regarding any HCFAS activity. Both the Board of Directors and the Operational Officers should be able to help find a solution to any issue that is presented.

Committees are a great way to become involved with the Squad. There are many committees which you can join. This past week I have received two requests from members who wish to join several committees. Many committees change their make up year after year while some committees seem to stay the same forever. Take the plunge and ask to join a committee. There are however, some committees that require a degree of expertise or training. If you want to join one of those make sure you’re qualified. I will be posting a committee list and who is responsible for that committee on the bulletin board. Remember, if you are a new member the fastest way to get oriented to the Squad is be an active participant and committee work is a good way to have you understand workings of the squad.

(President's report cont'd)

Safety, is rearing it's ugly head again. First, let's mention that winter driving on snow and ice is much different than driving on that nice clean roadway that we have most of the year. Drive with the anticipation that the roadway is not safe and the wet, snowy, slushy roadway will always alter the characteristics of ambulance and first responder vehicle driving and movement. You might have to drive a bit slower to account for the foul weather. Members must be careful when exiting the ambulance and walking to houses, snow covered walkways and steps, which are potential hazards. While in the roadway always wear your reflective vest as snow, fog, rain, dusk and dawn are all visibility factors. Another safety factor is pram cleanness. After each use it is imperative that you clean and wipe down the entire pram with a disposable disinfecting cleaning wipe. Don't forget to clean all hand hold areas, all support structures and both sides of the mattress. Do not forget to wear gloves while cleaning. Speaking of gloves, you should always wear gloves on every call. It is recommended that you put them on just prior to touching your patient. Don't forget about the proper removal and remember drivers do not wear them while driving the vehicles. Remember crew members, you can always change gloves several times if needed during a call. As always my door is always open.

CHIEF DISPATCHER REPORT

Jim Mallilo

Its February all ready, I would like to welcome five new members; Thersea Wray Dolgin, Nathaniel Watts, MaryEllen Boehm, Christopher Daddura and Tayna Harris.

To all Dispatchers and Crew Leaders; your assistance is needed. Since PCR's are no longer serialized, please remember to write the run number on any paperwork submitted with the PCR.

As of this writing, HCFAS was dispatched to 351 calls; 17 were 24'd for a 24 percentage of 4.8%, please everyone make that extra effort and answer one back up call.

Many thanks to all who have answered up for back up calls your help is greatly appreciated.

Jim Mallilo

Chief Dispatcher
Huntington Community First Aid Squad
ChiefDispatcher.hcfas@gmail.com
cell 631-942-3013

1st DEPUTY CHIEF

Chris Winter

Hello fellow members,

Well, we made it through the holidays. I'm sure we all kept pretty busy. If you see your schedule winding down a bit and you have a little bit of free time, please consider helping out at the squad. Here are some areas that we can use some help in:

- Back up – we are seeing our 24 rate stay around 3%. We'd like to get that down as much as possible.
- Any extra shift – There are several shifts that need just one person to help make a full crew. Coming down even once a month or once a quarter to help on an extra shift will have a tremendous impact.
- Committee help – A posting of committees and chairs will be out soon. Please take a look at one that may interest you.

Company 8:

No issues to report. Remember to call Company 8 members to help fill your open slots! Most of them are ALS providers!

Driver Training Committee:

We have several new members who have entered into the program. So to all our trainers, be on the look out for a phone call!

Data Entry Committee:

We have a new committee to help enter all of our member data and keep it up to date in our SCM system. Thank you to Ray Pollard and Nancy Courtemanche for co-chairing the committee. Thank you to Jim Mallilo for getting us up and running!

Thank you to Mary Winter (Mom) for spending many hours sorting and filing documents for me. It saved me a ton of work. I really appreciate it.

Thank you to Pam Brenner for organizing our Officers Dinner! Fun times were had by all!

If there is news or information you'd like to see in the Pulse that you aren't, please drop me a note. I'll be glad to add more.

My email address will be firstdeputy.hcfas@gmail.com
Please use that for all HCFAS business.

My cell # is 516 567 5347.

Please feel free to contact me regarding any issues, suggestions or questions.

Sincerely,

Chris Winter

Third Deputy Chief David Mohr

So last month I said we had our first and hopefully last blizzard of the season and as I write this there is talk of another major snow storm for the up coming week. I would like to thank you, the membership, for working with me on keeping the parking lot cleared of snow. I have asked that during snow storms to please park your vehicles along the south side of the parking lot, west of the building or along the west side of the parking lot. To please not park behind the building or in the middle of the parking lot. This has enabled the plows to maximize the plowing during the storm. Then after the storm is over, to please park your vehicles in the middle of the lot so the plows can come back and clear the other areas. We have also moved 88 and 89 inside the building. This has work and the parking lot is always cleared of snow and ice immediately. While we do have some pretty big mounds of snow in certain areas, the majority of our parking spaces are open.

I would like to thank the Sunday morning 0700 crew, Eileen, Zeb, Matt V. and Rich Stein, along with the Monday 1500 crew, Mark B., Sal S., Tyler G., Joe G., John Connors, Tim E. and Post member Kristin Tiersch for washing ambulances and first responder vehicles during their shifts. If you have time on your shift, please try and wash a vehicle or two. During this time of year they get very dirty with all the road spray when the snow melts. If we all chip in, we can keep our fleet looking good.

Below is the ambulance rotation for the next month.

Ambulance Rotation for 2011

Ambulance Rotation will occur each week on Monday at 1900hrs

Week of	First	Second	Third	Fourth	Fifth	Sixth
2/7/11	19	20	21	16	17	18
2/14/11	20	21	16	17	18	19
2/21/11	21	16	17	18	19	20
2/28/11	16	17	18	19	20	21
3/7/11	17	18	19	20	21	16

I am looking for more historical items for the trophy case in the lobby. If you have anything or have any ideas, please let me know.

Projects we are working on and their status as a result of member input:

- ~ Rearrange the trophy cabinets and have picture and plaques hung. In progress.
- ~ Placing a piece of plexiglass over to the ribbon on the dedication wall to protect it. Getting an estimate.
- ~ Hang the pictures of our previous buildings and an HC, Map and Star of Life along the north wall by the bar. Getting estimates.
- ~ Make the trophy cabinet in the lobby a history of the Squad. Working on clearing the items in it out. In progress.

COMPANY 2 CAPTAIN

Tim Ebert

Congratulations Vanessa Ortiz #1297 on passing her ambulance orientation test

Congratulations Jenna Arcati #1310 on passing her dispatch test.

Welcome Nathaniel Watts #1316 to the Monday 1500 shift.

Welcome Alyssa Axelrod to the 2300 shift.

Welcome Ray Pollard to the 1100 shift.

Thank you Joe Grant for all your help on all of my Monday shifts.

Thanks to Sal Signorelli, Tom O'Leary, Jeff Brenner, Nicole Menditto, Dale Bartolomeo, Mark Cap-pola, Scott Bielanski, And Brian Quinn for answering up on back up calls. I know I missed a couple of names but I promise I will have them in the next Pulse.

Reminder from the O2 Committee: Please turn the main O2 tanks off after the completion of a call. Only the mains in 2-15-16 and 2-15-21 are routinely left on so that the "low O2 alert" doesn't repeatedly sound.

When turning the main O2 tanks on before leaving the building, please do not open the valve more than one or two full turns. Repeatedly turning the main tanks all of the way on and then some until the valve can't be opened any further, will damage the valve and put the tank out of service.

Duffle bag D-tanks are not "one time use" items. "Empty" tanks are often found in the racks, waiting to be filled, containing 1700 psi or more of O2.

Please don't carry tanks by the stems.

Please continue to use a D-tank until the level in the tank drops to 1000 psi, and then the tank should be changed.

If it becomes necessary to change a duffle bag tank, take a replacement tank from the supply within the bench seat, replace the tank taken from the bench with one from the racks, and leave the empty tank on one of the top two rows of the racks with the stems facing out.

Please do not leave O2 tanks unsecured in the ambulances. Given the right circumstances, they can become projectiles that have been known to penetrate concrete walls. Imagine what they would do to a fellow crew member or the general public?

Please use the main O2 tanks until the level drops to 500 psi, at which time a page should be sent out to notify a member of the O2 committee of the situation. If an O2 committee member does not answer the page, and is not responding to HQ to change the tank, the ambulance should be taken off-line until the tank can be changed.

Treasurer's Report

Brian Canty

Please be advised that your membership dues are payable by January 1st. In accordance with Article V, Section 1 of the bylaws:

Those members who are not paid up February 1st are in arrears, and are ineligible to vote, and will be so notified by the Treasurer in writing, stating that this is a final notice, and that if payment is not received by March 1st, the member is automatically expelled without further notification. Members expelled for non-payment of annual dues may be reinstated only upon submission of a new application as described in Article III, Section 2.

If you have not paid your dues, please put \$3 in an envelope with your name on it in the treasurer's mailbox. Those who have not paid will be receiving an official notice in the mail.

RTE Challenge

Saturday February 5

12:00 Noon Sharp.

One hour lecture - One hour test.

**You must be in the room
by Noon to participate.**

Register at wmbarker1@verizon.net

2011 Corporate Officers – Bob Franz, Secretary

On January 20, 2011 the Board of Directors elected the following 2011 Corporate Officers:

President Roger Winter
Vice-President Richard Stone
Secretary Robert Franz
Treasurer Brian Canty

10 % Property Tax Exemption – Bob Franz

The filing deadline with the Town of Huntington Assessor is March 1, 2011 for property tax year 12/01/11 to 11/30/12. Members who are currently receiving the 5 year or 20 year tax exemption will be recertified by the Squad by the deadline date. Current recipients who moved or sold their home prior to March 1, 2011, please drop a note with your detail information in Bob Franz's mail box. If you moved and purchased another home, you must fill out a new application form for your new residence.

Members who will be eligible for the first time (achieved at least 5 years or more of service by 3/1/11 and own a home (title must transfer by 3/1/11), please complete an application form and place it in Bob Franz's mailbox before Friday February 18, 2011 (applications were put in your mail folder). To be eligible, your name must be on the property deed, the property must be your prime residence and be in the Town of Huntington and you must have 5 years of active squad service by March 1, 2011.

For members with 20 or more years of service by March 1, 2011, the property can be located anywhere in Suffolk County (Call Bob Franz at 631 421-9121 for specific details).

Note for members currently receiving the property tax exemption: If you do not want the Squad to renew your property tax exemption on 3/1/11 because you intend to take the \$200 NYS income tax credit for calendar year 2011, please put a note in Bob Franz's mailbox prior to February 18th.

LOSAP 2010 Points – Bob Franz

The 2010 LOSAP Point listing posted on the bulletin board is being updated periodically. You must have at least 50 points in the total column and a Yes in the Pass column to qualify for a year of LOSAP credit for 2010. It is requested that each member review their points and report in writing any discrepancies to Andy Ball of the LOSAP point committee. The final list will be sent to the Town of Huntington in March for Town Board approval.

NYS Income Tax Claim for Volunteer Firefighters' & Ambulance Workers' Credit for 2010 – Bob Franz

You can claim the \$200 refundable credit for 2010 on the NYS Department of Taxation and Finance Form IT-245. As per the instructions, you cannot claim the credit if you receive a real property tax exemption that relates to your volunteer service under Real Property Tax Law. The ambulance workers' credit is available to full-year NYS residents who are active volunteer ambulance workers for the entire tax year for which the credit is claimed. A copy of the Form IT-245 with instructions is posted on the bulletin board. If you have any technical questions, consult your independent tax advisor.

Proposed SOP Change 01-2011

Proposal:

To add a section in the SOP's for the Uniform Code.

Background/Justification:

Article XI, Section 2 of the By-Laws state in part that "The Uniform Code shall be considered a part of the Standard Operating Procedures." Accordingly, the following SOP change is proposed.

Change (additions are in underlined and deletions are ~~stricken~~):

Add the following to Paragraph II – Operational Member Guidelines:

D. Uniform Code

1. The Uniform Code will describe the uniform to be worn on duty, or at other Squad functions, including items that are required and those optional items that are authorized.

Proposed SOP Change 02-2011

Proposal:

To add the wearing of Emergency Protection Gear (EPG).

Background/Justification:

Chief's Order 2011-02 specifies when EPG should be worn. Paragraph (I), (A), (6) of the Standard Operating Procedures (SOP's) provides that the Chief may issue a Chief's Order for a period of four month during which time they must propose a change to the appropriate document.

During 2008 the Operational Officers and the Board of Directors approved the purchase of EPG for the protection of the riding membership. Guidelines have been distributed for when EPG should be worn and those guidelines have been review and the following SOP addition is proposed.

Change (additions are in underlined and deletions are ~~stricken~~):

Add the following to Paragraph II – Operational Member Guidelines:

D. Uniform Code

2. Emergency Protection Gear (EPG)
 - a. EPG is extra uniform protection for the membership and should be worn to all motor vehicle accidents, all fire stand-bys and all industrial site injury calls.
 - b. EPG must be worn at the direction of the Crewleader or Officer in charge at any scene deemed a potential threat to a crewmembers protection where EPG would help prevent/reduce such threat.

Proposed SOP Change 03-2011

Proposal:

To move the Transport and Stand-bys section of the SOP's out of paragraph IV – Crewleader Responsibilities and in to paragraph VI – Emergency Calls and adjust all paragraph lettering affected.

Background/Justification:

Transports and Stand-bus are a form of emergency call and require the Chiefs approval to commence. Therefore, they are not the responsibility of the crewleader. There is no change to the wording of either of the paragraphs.

Change (additions are in underlined and deletions are ~~stricken~~):**IV. Crewmember Responsibilities – Crewleader****~~E.~~ E. Transports:**

~~Transports will only be considered in extremely unusual circumstances. Transports require the approval of the Chief or his designee and of the Suffolk County Department of Health Services, Division of Emergency Medical Services.~~

~~F.~~ E. Patient Transport By Helicopter:

The decision to transport by helicopter is made by the Squad member in charge of the scene in coordination with the on-scene Police Officer(s). This request is generally made to the county by the Police on scene. If there is no Police yet on scene the request should be made to Med-com. The LZ (landing zone) location is selected by the Police Department on scene in coordination with the Squad member in charge of the scene. The Squad member in charge must notify our dispatcher of the helicopter transport and the LZ, and the dispatcher is to immediately notify the appropriate Fire Department.

When approaching a helicopter pick-up point:

- a. Stay outside the 100' perimeter.
- b. Turn off emergency lights, floods etc., so that the helicopter can land without distraction.
- c. Do not approach the helicopter until directed to do so by the pilot.

~~G.~~ G. Stand-bys:

~~All requests for stand bys must be made to the Chief who will determine if the Stand by committee should attempt to fill the request or deny it. If the request is denied the Stand by chair will notify the requester immediately.~~

~~The Stand by Committee Chair will make every attempt to obtain a crew for all approved requests (including phone calls, mass e-mails, sign-up sheets, etc.). A sign-up sheet will be put up in the appropriate area of the ready room within 3 days of the Stand by Chairs receipt of the approved request. If the stand by cannot be filled within two weeks of the event the Stand by Chair will notify the requester that we have been unable to obtain the necessary personnel.~~

~~The Stand by Committee Chair will submit a quarterly report to the Chief listing all requests and the outcome for all. These reports will be submitted for the second Officers Meeting of: April, July, October and January.~~

~~H.~~ F. Acting Crewleader:

VI – Emergency Calls

J. Transports:

Transports will only be considered in extremely unusual circumstances. Transports require the approval of the Chief or his designee and of the Suffolk County Department of Health Services, Division of Emergency Medical Services.

K. Stand-bys:

All requests for stand-bys must be made to the Chief who will determine if the Stand-by committee should attempt to fill the request or deny it. If the request is denied the Stand-by chair will notify the requester immediately.

The Stand-by Committee Chair will make every attempt to obtain a crew for all approved requests (including phone calls, mass e-mails, sign-up sheets, etc.). A sign-up sheet will be put up in the appropriate area of the ready room within 3 days of the Stand-by Chairs receipt of the approved request. If the stand-by cannot be filled within two weeks of the event the Stand-by Chair will notify the requester that we have been unable to obtain the necessary personnel.

The Stand-by Committee Chair will submit a quarterly report to the Chief listing all requests and the outcome for all. These reports will be submitted for the second Officers Meeting of: April, July, October and January.

Proposed SOP Change 04-2011

Proposal:

To define how to respond to a fire stand-by.

Background/Justification:

Chief's Order 2011-01 describes what should be done during a fire stand-by. Paragraph (I), (A), (6) of the Standard Operating Procedures (SOP's) provides that the Chief may issue a Chief's Order for a period of four month during which time they must propose a change to the appropriate document.

Fire stand-bys are a unique type of emergency that we respond to that involves multiple agencies; they can have multiple patients and can change at a moment's notice. This proposal define how to respond, what equipment should respond and protocols should be initiated during this type of call.

Change (additions are in underlined and deletions are ~~stricken~~):

VI. Emergency Calls

L. Fire Stand-bys

Fire Stand-bys are a unique type of emergency call that involves multiple agencies, can have multiple patients, including fire department personnel, and a scene that can change at a moments notice. Upon receipt of a fire stand-by call the following should be done.

1. The Dispatcher should send two (2) ambulances to the scene. The first arriving ambulance will be a non-transporting command ambulance until an Officer arrives on scene and takes

over command of the scene, at which time the Officer in Charge will determine if the first arriving ambulance will continue to be a non-transporting, command ambulance.

2. As always, the highest-ranking officer on scene is in charge. In the absence of an officer, the first arriving Crewleader is in charge.
3. 2-15-25 (MCI Vehicle) is only to be sent when staffing permit or upon request by the Officer in Charge, but only after two (2) ambulances have been dispatched.
4. Switch all communications for the stand-by to F-2.
5. Utilize the SMART triage system for multiple patients.
6. Initiate Suffolk County EMS Fore Rehabilitation protocol.
7. Identify the need for additional resources.
 - a. Additional ambulances from surrounding departments.
 - b. Suffolk County Coordinator.
 - c. Suffolk County for misting fans.
 - d. Dispatchers should try and obtain a second dispatcher.
8. Notify the Day Captain.

Proposed SOP Change 05-2011

Proposal:

To identify the SOP headings with Articles and Sections as with the By-Laws.

Background/Justification:

The topic headings and paragraphs of the By-Laws are identified by Articles and Sections. This provides for easy identification of a section of the document. This will move to standardize the Squads governing documents.

Change (additions are in underlined and deletions are ~~stricken~~):

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All sub-paragraphs will also be adjusted accordingly.

Proposed SOP Change 06-2011

Proposal:

To incorporate the LOSAP Point System in to the SOP's

Background/Justification:

To centralize and consolidate all governing documents of the Squad in to the SOP's.

Change (additions are in underlined and deletions are ~~stricken~~):

Article X – Policies

Section I - Length of Service Award Program (LOSAP) Point System

A. Purpose

The purpose of this document is to establish the required point system for the Length of Service Award Program (LOSAP) for Huntington Community First Aid Squad (HCFAS) in compliance with New York State general municipal law Article II AA, as amended to include Volunteer Ambulance Workers.

B. Requirements

In order to earn a year of credited service, a Member must earn a minimum of fifty (50) points through that calendar year from the various categories as specified in Section III. Participation in LOSAP is voluntary.

C. Point Categories

1. Training Courses – Twenty-five (25) points maximum

- a. For a course of less than twenty (20) hours in duration – one (1) point per hour with a maximum of five (5) points.
- b. For a course of twenty (20) to forty-five (45) hours in duration – five (5) points for the initial twenty (20) hours and one (1) point for each hour over the initial twenty (20) hours with a combined maximum of ten (10) points.
- c. For a course greater than forty-five (45) hours – fifteen (15) points.
- d. Points will be earned for any course approved by HCFAS. The member must successfully complete all of the course requirements as evidenced by being issued a card or certificate of completion. Points will be awarded in the calendar year of course completion.
- e. Non-compensated instructors may receive points for courses they teach based on the course length (hours) as described above.

2. Drills and Seminars – Twenty (20) points maximum

- a. One (1) point per drill or seminar.
- b. HCFAS sponsored or co-sponsored drill or seminar with the approval of the Board of Directors.
- c. Monthly review trainings.

- d. A drill or seminar must be a minimum of two (2) hours in length.
 - e. A drill is a skills practice or training and a seminar is a lecture, both of which must relate to emergency medical services.
3. Stand-by or Sleep in shift – Twenty (20) points maximum
- a. For a regularly scheduled duty tour, four (4) hours, between 0700 hours and 2300 hours, one (1) point per duty tour. (Stand-by)
 - b. For a regularly scheduled overnight tour, eight (8) hours, between 2300 hours and 0700 hours, one (1) point per duty tour. (Sleep in)
 - c. Non-Op duty tour of four (4) hours will be considered a regularly scheduled duty tour. (Stand-by)
4. Elected or Appointed Positions - Twenty-five (25) points maximum
- a. For the completion of a one (1) year term for an elected or appointed position
 - i. All members of the Board of Directors and Operational Officers, twenty-five (25) points.
 - ii. All Committee Chairs or Delegates, fifteen (15) points.
 - iii. All Committee Co-Chairs or Delegates, ten (10) points.
5. Attendance at Meetings – Twenty (20) points maximum
- a. For attending any official meeting of HCFAS, One (1) point per meeting.
 - b. Meetings include:
 - i. Monthly General Membership meetings
 - ii. Board of Directors meetings
 - iii. Operational Officers meetings
 - iv. Officially recognized Committee meetings
 - v. Officially recognized Emergency Services meetings
6. Participation in Ambulance Company Responses – Twenty-five (25) points maximum
- a. Members shall be granted one-half (1/2) point per company response for which they are a participant. Any run number is considered a company response.
7. Miscellaneous Activities – Fifteen (15) points maximum
- a. Participation in Inspections and other activities covered by the Volunteer Ambulance Worker's Benefit Law, and not otherwise listed, one (1) point per event.
 - b. Events include:
 - i. Inspections
 - ii. Parades
 - iii. Funerals
 - iv. Work Details
 - v. Public/Community Relations Committee presentations

Proposed By-Law Change

01-2011

Proposal:

To add Operational Officer meetings.

Background/Justification:

Article VI outlines the type and frequency of the different types of meetings of the organization, but does not include the meetings of the Operational Officers.

Article VI, Section 5 – Minutes, references the minutes of the Operational Officers.

Article VIII – defines the quorums of the different types of meetings of the organization.

Change (additions are in underlined and deletions are stricken):

Article VI

Section 2 – Meetings of the Operational Officers

The Operational Officers shall meet at least once each month, at a time and place designated by the Chief.

Article VI

Section 2 3 – Meetings, General Membership

Section 3 4 – Annual Meetings

Section 4 5 – Special Meetings

Section 5 6 – Minutes

Section 6 7 – Order of Business

Article VIII

Section 2 – Operational Officers – Quorum

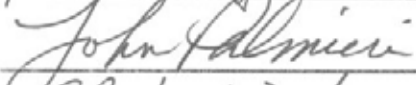
A quorum for the Operational Officers shall consist of seven members of the Operational Officers.

Article VIII

Section 2 3 – General Meetings – Quorum

Section 3 4 – Special Meetings – Quorum

Proposers

Brian Canty		757
John Palmieri		499
Chris Winter		897

Driver Training Tips of the Month



Safe Winter Driving Tips:

Clear snow and ice from all windows and lights - even the hood and roof- before driving

Leave plenty of room for **stopping**.

Pay attention don't try to out drive the conditions. Remember the posted speed limits are for **dry** pavement.

To quote News 12 “**Know before You Go**” - Know the current road conditions

Use brakes carefully. Brake early. Brake correctly. It takes more time and distance to stop in adverse conditions.

Perform your driver check out. Do you have the rock salt and speedy dry containers filled up? Do you have an ice scraper?



“Let’s be Careful Out There!”

*Good and Welfare Pulse February 2011
(As of 1/20/2011)*

Get Well Wishes and Prayers

- ♦ *Kathy Leonard #860 – illness, continued get well wishes and prayers are needed and welcome.*
- ♦ *Martha Brenner # 236 – continued get well wishes and prayers are needed and welcome.*
- ♦ *Megan Davis #1066 – hospitalized, home now and recovering.*
- ♦ *Mary Beth Kraese #873 – hospitalized.*
- ♦ *Jim Mallilo's mother, Christopher Mallilo's #1234 grandmother, is very ill, continued prayers are needed*
- ♦ *Richard (Rich) Gierbolini; Get well wishes and prayers*

We Mourn the Loss of:

- ♦ *We mourn the passing of Doris DeVeau, wife of Deceased member, Ex Chief, Robert DeVeau.*
- ♦ *We mourn the passing of Alicia Janssen mother of member Robin Smiles # 937.*

Congratulation on the Birth of a Baby, Engagements, Weddings:

- ♦ *Greg Orr #983 New Grandfather and Casey Orr #1283 niece to baby Sidney Grace, 7lbs11oz.*
- ♦ *Bency (Ben) & Myrlene Jean proud parents of a baby girl Michelle, 1/6/11.*



Congratulations to Pete and Jessie Nakelski on the birth of their new Grandson

**Riley Noah, 7 lbs, 4 oz, 20 ½ inches long
December 17, 2010 to Peter and Lorrie Nakelski**





President Roger Winter and Chief John Palmieri congratulate Al Szigethy on his 25 years of Service to Huntington Community

February 2011 Service Awards

**Donna Maltese
5 Years**

BASICS – February 2011 - Cold Emergencies

By Mark Brenner

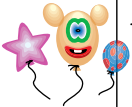
I don't know about you, but I have about had it with the snow and the cold. But since winter will be here for a while, let's focused on cold emergencies while hoping for warmer weather.

1. Cooling that affects the entire body is called:
 - a. Hyperthermia
 - b. Frostnip
 - c. Hypothermia
 - d. Frostbite
2. The weather is cold and your patient is trapped in a wrecked car. He appears to have a head injury. You should also prepare to treat the patient for:
 - a. Hyperventilation
 - b. Hypothermia
 - c. Anaphylaxis
 - d. Hypoglycemia
3. Which of the following might you expect to find in a hypothermic patient?
 - a. Altered mental status or irrational behavior
 - b. Excessive mucous production
 - c. Blood-tinged sputum
 - d. Burning or itching skin
4. You should suspect severe hypothermia when the patient:
 - a. Complains of chest pain
 - b. Shivers intensely
 - c. Is no longer shivering
 - d. Complains of numbness and tingling
5. Rough handling of patients with severe hypothermia may result in:
 - a. Ventricular fibrillation
 - b. Nausea and vomiting
 - c. Increased shivering
 - d. Decreased shivering
6. Your hypothermic patient is unresponsive. All of the following are acceptable treatments EXCEPT:
 - a. Removing the patient from the cold environment
 - b. Protecting the patient from further heat loss
 - c. Passively rewarming the patient
 - d. Actively rewarming the patient
7. According to the NYS BLS Protocols, the EMT should assess the pulse of a hypothermic patient for:
 - a. 5 – 10 seconds
 - b. 10 – 20 seconds
 - c. 20 – 30 seconds
 - d. 30 – 45 seconds
8. According to the NYS BLS Protocol if defibrillation is required you should administer:
 - a. Only one shock
 - b. A maximum of three shocks
 - c. A maximum of nine shocks
 - d. Enough shocks to adequately warm the patient
9. Your patient is an 11 year old boy who has an early or superficial local cold injury to the hands from snowboarding. According to protocol, you should:
 - a. Remove any jewelry
 - b. Splint and cover the hands
 - c. Do not rub, massage or expose the hands to the cold
 - d. All of the above

ANSWERS: 1a, 2b, 3a, 4c, 5a, 6d, 7d, 8b, 9d

Please note: I will be conducting a BLS CME – Skills at HQ on Saturday, March 19, 2011. Please sign-up with the county (853-5800) – no exceptions!

February 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1  Happy Birthday! Jim Barkocy	2  Happy Birthday! Felicia Kelsey	3	4	5
6  Happy Birthday! A. Desjardins	7	8  Happy Birthday! Laurence Scott	9  Happy Birthday! Ann Donegan	10	11	12
13	14 GMM  Happy Birthday! Brian Milliken	15  Happy Birthday! Kathleen Leonard	16	17  Happy Birthday! Kathleen Castillo Megan Sarcona	18	19  Happy Birthday! Jane La Sorsa
20	21  Happy Birthday! Gerardo Vasquez	22	23  Happy Birthday! Tyler Gibbs	24	25  Happy Birthday! Laurie Hoffman	26  Happy Birthday! D. Rudilosso Mike Bolz
27  Happy Birthday! Paul Skirbe	28  Happy Birthday! Norma Signorelli					