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The Pulse

May, 2010

Volume 43 • Issue 5



Volunteers since 1967

The “Heartbeat” of the Huntington Community First Aid Squad

PRESIDENTS REPORT

Roger Winter

UNDERCOVER BOSS

The new CBS reality series UNDERCOVER BOSS follows high-level chief executives as they slip anonymously into the rank and file of their companies.

Each week a different executive will leave the comfort of their corner office for an undercover mission to examine the inner workings of their company. While working alongside their employees, they will see the effects their decisions have on others, where the problems lie within their organization and get an up-close look at both the good and the bad while discovering the unsung heroes who make their company run.

So who is our “Undercover Boss”? Why, it’s all the members of HCFAS! All of us are the “Undercover Boss”. We should be looking all around finding out how our organization operates, how it functions. We should be looking for the outstanding members and we should emulate them. Finally, we should praise them for doing an outstanding job.

Safety becomes an issue again. Three members were injured while lifting a patient on the pram. Apparently he was a very large man and apparently the straps would not go around him to secure him to the pram. While lifting, the patient decided to shift his weight and the pram almost toppled over. The quick thinking crew was able to right him and eventually place him in the ambulance. The lesson here is to secure the patient in any way you can (improvise), use a four man lift (call for manpower) for stabilization and control the patient. We have the police and crew to help with this very important transfer into the ambulance.

While on the safety theme, I see that some of you are wearing your safety vest while in the roadways but not all of you. Remember, while in the roadway treating and transferring the patient to the ambulance or getting equipment you should be wearing the safety vest. The vest is designed as a break-a-way design so you won’t be dragged down the street. Also it has a 360 degree reflective quality, so no matter how you turn, it will reflect toward the oncoming driver.

The finger reader is used by many in the squad. This is used for signing in, signing out & recording your ambulance runs. This system is the one to eventually record your LOSAP points so do not forget to “finger in and out”.

Starting this month we will no longer mail copies of the Pulse out to the membership. We find that it has become very expensive and apparently after getting to the printer in plenty of time it still gets to the membership late almost every month. You will now be getting your PULSE on line via e-mail and/or you can view and download it from our website @HCFAS.org. If you do not have an e-mail address and you want a copy, we will print a copy at the squad and have it available for you.

Third Deputy Chief

David Mohr

Well as I am writing this I am making the final arrangements for the last of the items from the floods to be rectified. So as you read this everything should be operational. Additionally, the roof leak has been repaired.

As I announced at the GMM, we will be removing the tools and flares from the vehicles as they are not required. We are doing this in conjunction with reworking the Driver Checkout sheet.

I am happy to report that the upstairs kitchen has been totally cleaned and reorganized. If you need the use of the kitchen, please contact a Chief Officer who have access. Please remember to return the room to the way it was when you entered it.

Below is the ambulance rotation for the next month.

Ambulance Rotation for 2010

Ambulance Rotation will occur each week on Monday at 1900hrs

Week of	First	Second	Third	Fourth	Fifth	Sixth
5/3/10	21	16	17	18	19	20
5/10/10	16	17	18	19	20	21
5/17/10	17	18	19	20	21	16
5/24/10	18	19	20	21	16	17
5/31/10	19	20	21	16	17	18

Projects we are working on and their status as a result of member input:

- ~ Rearrange the trophy cabinets and have picture and plaques hung. In progress.
- ~ Devise a system to have our flags hung inside during inclement weather. We are looking at a pulley system so the flags can be hung along the west wall of the truck room.
- ~ Placing a piece of plexiglass over to the ribbon on the dedication wall to protect it.
- ~ Hang the pictures of our previous buildings and the old door panes along the north wall by the bar. The old door panes are tempered glass and can't be cut. We are looking at possibly having new panes cut with the HC, Map and Star of Life.
- ~ Have the EMS pray blanket hung. It is currently having hanging rods installed so it can be hung. We are looking at the south wall of the stair case at the top so you would see it as you exited the elevator.
- ~ Make the trophy cabinet in the lobby a history of the Squad. Have the Life Membership plaques and Charter Member plaque hung in the lobby.

If you have a suggestion, please put a note in my mailbox and I will look into it. Please include your name and number in case I have a question about your suggestion.

MONDAY CAPTAIN

Tim Ebert

Thanks to everyone who has answered up for a backup call.

Tom Oleary 1187, Paul Kelly 634, Israel Cortes 1174, Kurt Vetter 1161, Jeff Brenner 1135, Martha Brenner 236, Joe Frisenda 1160, and J. Boeha 1225,

Thank you for those who I count on each week and are officially assigned to other days as well. Sharyn Cullen, Richard Stone, Tomo Hirwasawa, and Nancy Courtemanche

Monday still needs help on the 1100 shift. Crew leader, Driver, ALS.

Welcome back Lumi Hazelton.

Welcome Ashley Urquhart 1287 to the 1100 shift.

Good and Welfare

Spencer Newman #1082 and former member Julie Stone Newman had a baby boy yesterday morning. Ethan Mark is 7 pounds 10 ounces and 21 inches.

Parents and grandparents Rich and Lorrie Stone are doing well.

Get well wishes to Monique Moreno's son.

Uniform Code update discussion at general membership meeting with Deacon Ed Billia beginning at 715pm on May 10th, 2010.

TUESDAY CAPTAIN
Martha Brenner

This past month has been busy and beyond. I seems as if almost everyone on the membership list came out to help at both the MCI and for the very busy shifts.

As I am sure everyone is aware there was an MCI for three patients in cardiac arrest on Tuesday March 23. The initial call was received at 20:56 and both in house crews were promptly dispatched. Chief Brenner responded and a third crew as obtained. ALS was directed by Chris Winter. The three patients were transported to Huntington Hospital with the final signal 6 at the hospital at 21:24. 28 minutes from receipt of alarm to delivery at the ER. What a great job!

ON DUTY: Meaghan Meyer, John Palmieri, Tom D'Antonio, Janet Rubel, Christy Stiles, Chris Winter, Chris Fusaro, Joe Nappi, Peggy Coyle, Liz Steenson.

Back-up: Jeremy Bohem, Carol Nicefaro, Chris Evers, Isreal Cortes, Luke Bartalomeo, Mary Brenner

In house back up crew: Pam Brenner and Jim Mallilo.

*On April 6, 2010 the 07:00 crew and 11:00 crew faced a "multitude of calls". Dispatchers Bazeel Walters and Nancy Eckhardt with dispatch trainee Spike Ishikawa dispatched 11 calls in 4 hours and 18 minutes. If you have the calls come over your cell phone all you heard that morning was "ping"... "ping"... "ping"
10:26-10:30-10:55-11:52-12:01-12:25-13:02-14:42-14:40-14:44*

Thanks to Karen Reim, Al Szigethy, Tony Cruz, Scott Bielanski, Howard Loewenthal, Lorri Stone, Paul Terrenzi, Paul Kelly, Ferd Neumann, Joe Frisenda, Jeremy Boehm, Isreal Cortes, Sally Staszak, Tom O'Leary and Kurt Vetter. And after all of this Spike, our 11:00 dispatch trainee, came back!!

Congratulations to Diane Tanko and Anel Vargas who have been advanced to Aide. As both of them are currently in an EMT class we will see them advance to the next stage quickly.....then Crew Leading can't be far behind.

BLS Core CMEs at HCFAS
Mark Brenner

Saturday, May 15 9 - Noon Preparatory/Airway

Saturday, June 19 9 - 11 am Patient Assessment

Saturday, July 17 9 - 11 Medical I pharmacology/respiratory/cardiac



Huntington Community First Aid Squad, Inc.

2 Railroad Street Huntington Station, NY 11746

Emergency Number: 911

Business Number: 421-1263

Fax: 421-0666

Scholarship Application

Deadline June 1, 2010

Applicant's Name: _____

Applicant's Address: _____

Home Phone Number: _____

School Attending: _____

Sponsoring Member's Name: _____

Sponsoring Member's Address: _____

REQUIREMENTS:

-Applicant must be a HCFAS Squad Member in good standing or a direct family member (spouse, son, daughter, brother, sister) residing in the same home as a sponsoring HCFAS Squad Member in good standing or a Post 215 Member in good standing.

-Applicant must have at least a 2.0 grade point average for the preceding year.

-Applicant must have been enrolled for a minimum of six (6) college credit hours per semester or the equivalent period at a vocational school.

-Deadline: Application must be received by HCFAS Secretary by June 1, 2010.

APPLICANT MUST SUBMIT THE FOLLOWING:

-Completed application.

-Proof of enrollment for the preceding year with at least six (6) college credit hours per semester or the equivalent at a vocational school and a 2.0 Grade Point Average for that year.

-Proof that family member applicant resides in the same home as HCFAS Squad Member.

I certify that the information provided is true and correct.

Applicant's signature: _____ Date _____

For Internal Use Only:

I certify that the above applicant or if not the applicant, then sponsoring member or Post 215 member is a member in good standing in accordance with HCFAS By-Laws/SOPs or if applicable, Post 215 SOPs.

Post 215 Chief Advisor's signature: _____ **Date** _____
(If applicant is a Post 215 member)

HCFAS Chief's signature: _____ **Date** _____

I certify that the application received meets the requirements:

HCFAS Secretary's signature: _____ **Date** _____

Huntington Community First Aid Squad - Dedicated Volunteer Service Since 1967

Congratulations Kevin!



HCFAS NEW MEMBERS



Kazuo (SPIKE) Ishikawa #1282 Tues 1100x1500

- Been called as Spike for the last 23 years.*
- Resides in Woodbury*
- Graduated from High School in Tokyo*
- Graduated from University of California, Davis with BA with Economics*
- Number TWO homemaker after working in the Wall street for 23 years*
- Joined HCFAS to help and pay back to the community*
- Interested in skiing and fishing*
- Future goal is to become DR/CL and CC*

Welcome!

May 2010 • Service Awards

LIZ STEENSON - 20 YEARS

TODD ATKIN - 10 YEARS

MARIA ULIANO - 5 YEARS

JOE SEYFRIED - 5 YEARS

Scholarships or Tuition Assistance – Bob Franz

Information on available scholarships or tuition assistance programs sponsored by various entities will be posted on the bulletin board closest to the dispatch office as information is received or the Squad is made aware of a program. Please read the eligibility criteria and recipient requirements of each program carefully. If you require any additional information, please see Bob Franz or put a note in his mail box. Some of the scholarships require a health related field of study.

Suffolk Educational Program for Recruitment & Retention in the Voluntary Emergency Services (SERVES) Scholarship – Deadline May 1st

The SERVES Scholarship is designed as a recruitment & retention program (www.suffolkcountyny.gov – scroll down and click on SERVES Scholarship Program) or call Tom O’Hara at FRES 631 852-4908).

The application deadline is May 1, 2010 for the Suffolk County Community College (SCCC) fall & spring semesters. See the Administrative Guide on the bulletin board or visit their website for the Guide, application form and other information.

HCFAS Scholarship – Deadline June 1st

On May 21, 2009 the Board of Directors approved the awarding of up to four (4) five hundred dollar (\$500) squad scholarships to be given to any HCFAS Squad member in good standing or a direct family member (spouse, son, daughter, brother, sister) residing in the same home as a member in good standing. A drawing will be held at the June 2010 General Membership Meeting to select from those applicants who have applied to the Secretary (Bob Franz) as of June 1st, with the appropriate application forms and with the required qualifying evidence. The Secretary will receive from the Chief, a declaration that those applicants are members, or family members of members, in good standing. These scholarships are to be an incentive for the applicants, who must present documentation of at least a 2.0 grade point average for the preceding year. The applicant must have been enrolled for a minimum of six college credit hours per semester or the equivalent period at a vocational school. If a Post 215 member, in good standing, is enrolled in a college or post high school vocational program and meets all other criteria, then that member is also qualified. All winners are precluded from entering the drawing the following year. The application form is included in the Pulse and is posted on the bulletin board and website.

LOSAP List 2009– Bob Franz

The 2009 LOSAP Records Listing will be approved by the Town of Huntington Town Board shortly. In compliance with General Municipal Law, this approved listing must be posted on the bulletin board for a mandatory 30 day period. It is requested that each member review the information next to their name and report any changes in writing to the President. Each reported change must be clearly identified and explained. Please also verify that your legal name is properly indicated.

SOP UPDATE FIRST RESPONDER VEHICLES

Delete

B. Operational Protocols:

2- 2-15-80 Response Policy and Procedure

V. Crew member Responsibilities-Other Crew Members:

C, Drivers and First Responder Drivers

addition under the above section:

7. Non-Ambulance Vehicles Policy and Procedures: Only authorized personnel may drive any of the vehicles. Authorization is obtained from the First Deputy Chief and the Driver Training Committee. To become authorized to drive any type of vehicle the member must make the request to begin the training through their Day Captain. The request will be taken to the First Deputy Chief who will advise both the member and the Driver Training Committee Chairman of the approval. In the event the request is denied the First Deputy Chief will so advise the member and the Day Captain. Refer to the By-laws for Driver Requirements. The exception is non-emergency (transportation only) vehicles. Any member with a valid Driver's License may use this vehicle with permission of the Chief.

All drivers are responsible to return the vehicles, on time, clean and fully fueled. Failure to do so may result in a loss of driving privileges. All fuel receipts are to be noted with vehicle number, mileage, membership number and placed in the appropriate mailbox upon return to headquarters.

- A. 2-15-89 (car). This vehicle should be used whenever possible when 5 or fewer members are attending approved functions such as meetings or trainings. The member(s) must obtain permission ahead of the event from the Chief. When there is a conflict the order of usage will be: Officers attending meetings, Committee Chairs/delegates attending meetings, members attending trainings.
- B. 2-15-88 (van). This vehicle should be used when a large number of members need to be transported such as parades, stand-bys and funerals. The van should remain in the district unless prior approval is given by the Chief. Prior approval is also required by the Chief to allow non-members to be transported and/or if the vehicle is leaving the district.
- C. First Responder Vehicles (SUV's). These vehicles are intended to enhance our response to emergency calls. Priority is given to Paramedics and ALS providers, then Driver/Crewleaders, Drivers then First Responder Drivers. All members responding to a call, regardless of the mode of transportation, are to be in HCFAS identifiable clothing.
 - 1. Taking the vehicles out of the building under non-emergency situations: any approved driver may elect to take a vehicle so that they are available for back-up. When the vehicle is signed out the member is agreeing to respond as needed and requested. In the event the member must be out of service for a

SOP UPDATE FIRST RESPONDER VEHICLES

brief period of time they must notify the dispatcher of this and the time they expect to be back in service.

2. Taking the vehicle to a scene from the building. The Crew Leader will determine if the call is best handled by the member joining the crew on the ambulance or by responding in a First Responder Vehicle. It is understood that often the best good is served by having a member respond in a First Responder Vehicle to assist at the scene and then to be available for another alarm.
3. Non-certified drivers who possess a valid driver's license may drive a First Responder Vehicle back to the building or to the hospital, in non-emergency mode, when the need arises.
4. Non-members should not routinely be passengers in these vehicles. Individual circumstances that requires this must be approved by an officer.
5. These cars may be used for non-emergency HCFAS business on an as needed basis with permission of the Chief.

Suggestions made but not incorporated:

1-Driving the non-emergency vehicles be restricted to members over 21.

Rationale: This is not how we are currently operating. This would not allow our under 21 members to use the car to attend trainings or to return a fly car to the building. I would rather have the car returned by an 18 year old driver than to be left in some areas of town, particularly during the overnight shifts. (this was made by the SOP committee chair)

By-Laws Amendment - Secretary Bob Franz

At the April 12, 2010 General Membership Meeting, the By-Laws amendment, that was printed in the March Pulse, regarding a change in the number of eligible voting members needed for a general meeting quorum was accepted. The new required number is 50.

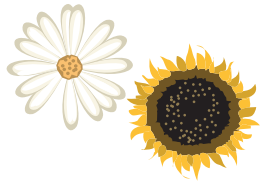


I just returned from the SCEMS Instructor update and couldn't wait to begin sharing information with the membership. One of the most interesting presentations was by Bob Delagi, Acting Director of Suffolk County EMS. Bob is also the current chair of the New York State EMS Council, so he is truly "connected" when it comes to current events.

One of the most compelling initiatives the State is developing concerns safety. As EMTs we are trained to assess for scene safety upon arrival at the scene. But as times change, we are realizing that greater emphasis needs to be placed on scene awareness throughout the time on scene. So, this month's questions have been written so that we can get a better perspective on safety. Let's strive to keep one another safe (and healthy).

1. ***You are on-duty at headquarters on a beautiful spring day. While you do the ambulance check-out, you open the bay doors – the air is so refreshing. After finishing the check-out you:***
 - a. Close the truckroom door
 - b. Keep the bay door of the on-duty ambulance open.
 - c. Open all the doors if it's such a lovely day.
2. ***The latest scientific research and data collected shows that the H1N1 virus:***
 - a. Is still active and we should continue to be vigilant and maintain our infection control practices as well as the use of N-95 masks for patients who are coughing.
 - b. Has diminished to the point where it the virus cannot harm anyone.
3. ***The best method of minimizing risks of bloodborne pathogens is:***
 - a. Hand-washing
 - b. Sanitizing the ambulance one each week
 - c. Wearing two pairs of gloves on every call
 - d. Notifying the Exposure Control Officer each time you transport someone with cold and/or flu-like symptoms
4. ***You are on scene of a motor vehicle crash. After determining that the scene is safe you should:***
 - a. Wear your safety vest for greater visibility
 - b. Have someone on the crew watch over the scene to watch for any hazards or threats that might develop
 - c. If possible, keep you driver with the ambulance and have the ambulance staged beyond the accident scene.
 - d. All of the above
5. ***Wearing restraints in the patient compartment of the ambulance:***
 - a. Violates New York State BLS Protocols
 - b. Is highly recommended whenever the ambulance is operating lights and sirens
 - c. Is highly recommended whenever the ambulance is in motion.
6. ***In order to reduce injuries and deaths of EMS providers from ambulance accidents, New York State is developing guidelines that classify the types of interventions which providers may give while in a moving ambulance. The classification of interventions will be based on whether the benefit of the intervention to the patient outweighs the risk to the EMS provider.***
 - a. True
 - b. False
7. ***You are in a house attending to a patient with chest pains. As you assess the scene you should:***
 - a. Check for the presence of smoke and CO alarms.
 - b. Wait for the police to arrive before entering
 - c. Be certain that you have a "way out" of the house just in case either the patient or a bystander becomes violent,
 - d. All of the above.

ANSWERS: 1a, 2a, 3a, 4d, 5c, 6a, 7c



May 2010



<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
						1
2	3	4  <i>Happy Birthday!</i> <i>Veto Reciniello</i>	5	6  <i>Happy Birthday!</i> <i>William Martin</i>	7  <i>Happy Birthday!</i> <i>Eric Autz</i>	8  <i>Happy Birthday!</i> <i>Elizabeth Mohr</i>
9	10 GMM <i>Happy Birthday!</i> <i>Mary Winter</i>	11	12	13 <i>Happy Birthday!</i> <i>Patricia Tufo</i>	14 <i>Happy Birthday!</i> <i>Joe Denimarck</i>	15 <i>Happy Birthday!</i> <i>Mary Brenner</i> <i>Christine Russo</i>
16 Recruitment Open House 2 pm	17	18  <i>Happy Birthday!</i> <i>John P Garcia</i>	19  <i>Happy Birthday!</i> <i>Chris Winter</i>	20  <i>Happy Birthday!</i> <i>Paul Joel</i> <i>Judith Baldwin</i>	21	22  <i>Happy Birthday!</i> <i>Delvin Audin</i>
23  <i>Happy Birthday!</i> <i>Paul Nathan</i>	24  <i>Happy Birthday!</i> <i>Chris Fischer</i> <i>John Hanley jr</i>	25  <i>Happy Birthday!</i> <i>Saget Bedal</i>	26	27  <i>Happy Birthday!</i> <i>Sheryl Burke</i> <i>Dina Kutcher</i> <i>Tiffany White</i>	28	29  <i>Happy Birthday!</i> <i>Casey Stone</i>
30  <i>Happy Birthday!</i> <i>Sue Otto</i> <i>Cecilia Renderos</i> <i>Eric Schmierer</i>						



**BEGIN EMS WEEK WITH
CATHOLIC MASS
SUNDAY, MAY 16 10:00AM**



**The parishioners of ST. HUGH'S have invited
ALL MEMBERS of HCFAS to begin EMS Week with Catholic Mass.**

**This is their way of saying thank you for all we do during the year. All
denominations are welcome to attend. During the celebration of the Mass,
a special blessing will be given to all in attendance.**

**Be at squad at 9:15AM or meet at church at 9:45AM. We will enter as a group
with the at the entrance procession. CLASS A UNIFORMS or squad-issued
duty pants and white duty shirt.**

**PLEASE sign up below so that we may let the parish know how many will attend
and seating can be reserved.**

Happy Mother's Day!

Rich Chocolate Truffle Pie

Servings: 8

" Semi-sweet chocolate is melted in rich heavy cream sweetened with confectioners ' sugar, and then spiked with vanilla. Whipped cream is folded into this already luscious filling and poured into a chocolate cookie crust. Chill and serve to raves."

Ingredients:

12 ounces semisweet chocolate chips

1 1/2 cups heavy whipping cream

1/4 cup sifted confectioners' sugar

1 tablespoon vanilla extract

*1 (9 inch) prepared chocolate cookie
crumb crust*

Directions:

- 1. In microwave dish combine chocolate chips and 1/2 of the cream. Cook on high for 1 to 2 minutes, stirring every 30 seconds until smooth. Cool to room temperature. Stir in sugar & vanilla. Set aside.*
- 2. In small bowl, beat the rest of the cream until soft peaks form. Beat in chocolate mixture on high speed 1/3 at a time. mix well and spoon into crust.*
- 3. Refrigerate at least 8 hours before serving.*

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