

THE PULSE

HCFAS-
PROUDLY
VOLUNTEERING
SINCE 1967

THE HEARTBEAT OF THE HUNTINGTON COMMUNITY FIRST AID SQUAD

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Email Editor
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thepulse.hcfas@gmail.com



President's Report- Seth Fischer

Happy November!!

It brings me great pleasure to say, as an agency, we are doing extraordinarily well. I am very proud of our members, and what we have all accomplished together, as one, in 2021. We have been met with some challenges throughout the year, and we were able to exceed expectations.

This Thanksgiving, take a few minutes to look at the loved ones at your table. Be thankful you are all able to be together. Be grateful for your parents, grandparents, brothers, sisters, children, grandchildren, husbands and wives. Cherish those present, and the memories of those who are not. This is your circle, and all that should matter in life. There is nothing stronger or more meaningful in life, than family.

Take a moment to reflect on the lives you have touched at HCFAS, and those you have helped throughout the community. We, as a family, have grown together and stood strong throughout the most difficult period. Your commitment and unwavering dedication is recognized and appreciated, and I am thankful for your service.

I think I can say with confidence, that we are all exhausted from 2021, both mentally and physically. This has been a long year for us all, and it is slowly winding down. Stay positive and stay focused.

Be well, and please enjoy your Thanksgiving.
Seth

Chief's Report - David Kaufman

Dear members,

The helicopter training at Mill Dam was well attended by both our members and neighboring departments. Chief Bartolomeo did an excellent job setting it up. We learned about proper use of the Suffolk Police Helicopter in traumatic injuries and about how to safely be around helicopters.

This past month we lost a 20-year member, Shirley Newton, who many of our current Sunday members had been on shift with. I thank all those who came to support the family and represent the Squad.

We have the Town of Huntington Veterans Day Ceremony coming up Sunday November 7th at 11:00 am. On Veteran's Day we thank all those who served their country and fellow Americans and we commend our many HCFAS members who have served in the armed forces.

The Huntington Holiday Parade will be held Saturday November 27th at 5 pm. We will be lining up at 4 pm. Family members are welcome to walk in the parade with the Squad. This is a fun and festive event. Danny Mugavero will be coordinating float construction. He has done a wonderful job in the past, and I'm excited to see what he comes up with for the theme "Patriotic Red, White, and Blue." The parade and float building days will count as probationary events.

We are approaching HCFAS elections. I strongly encourage anyone who is considering running for a position to do so. It is a rewarding experience where you will learn so much.

Happy Thanksgiving to everyone! Enjoy some well-deserved time with your families.

Warmest regards,
David

1st Deputy Chief – Ryane Como

Happy Fall everyone! I hope you are all enjoying the cooler weather and getting outside a lot before the snow comes.

Thank you to everyone that has covered standbys so far this year. We have a few more coming up, so please let me know if you can help out. The final Yaphank standby for Huntington FD is Sunday November 14th at 0900. A full crew is needed. The annual TOH Turkey Trot is Thursday November 25th. A full crew is also needed.

We are in the final quarter of the year. Everyone needs 48 hours per quarter. Please remember to finger in and out on the same shift. If you are going to miss a shift, plan to make up the hours by coming in early and staying late or doing another shift entirely. Please review and submit any finger read adjustment forms ASAP.

To qualify for the end of the year gift card, you need 36 shifts by December 1st. Shifts only count if they are the full 4 or 8 hours. Please talk to your Day Captain or send me an email if you are unsure about your quarter hours or shift count to date.

Please continue to wear masks in the building. All providers, regardless of vaccination status, should continue to wear N95 masks and eye protection on every call. Additional PPE should be donned at the provider's discretion based on patient presentation. All patients and anyone else riding in the ambulance must wear surgical masks. Providers and patients must be masked when entering the hospital. Please continue to take temperatures of all patients and document it in the vital signs. If a patient is confirmed or suspected COVID positive, please use the COVID impressions in the narrative screen. Thank you all for everything that you do. Please contact me if you need anything!

2nd Deputy Chief – Dale Bartolomeo

Happy November everyone!!

This months review training is on “Receiving Hospitals” for the first responder. Thank you Mark Brenner and Melissa Anastos for all the help throughout the year helping me put these trainings together.

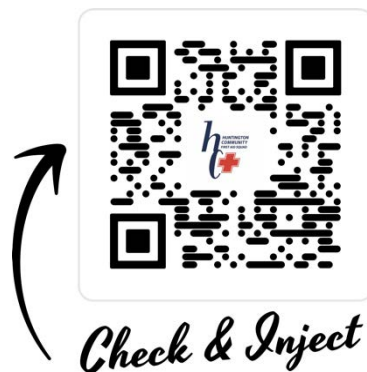
Please complete all monthly review training on a monthly basis.

Thank you to everyone who came and participated in the SCPD Helicopter/Medevac Usage Training!! It was an outstanding turnout from HCFAS and some of the surrounding Departments. Very informational!

Please remember all PCRs must be completed and faxed within four hours.

Anyone looking to take an EMT Refresher or original course there are multiple postings in the ready room.

Anyone who needs to take a CPR, Check and Inject, BLS CPAP, or 12 lead! Please use the QR codes below to register for an upcoming class and I will try to coordinate as needed.



3rd Deputy Chief – Bill Connolly

Dear Members,

In light of recent events involving the squad, I want to bring awareness to driving through intersections.

The most common place where vehicles of all emergency disciplines are involved in a collision with another vehicle is intersections. Intersections are the most likely location for emergency vehicles to collide with other vehicles that are directly in their path of travel. The most common reason that emergency vehicles collide with civilian vehicles is drivers who fail to yield to the emergency vehicle.

When responding to a call, emergency vehicles are given the option of proceeding through a red traffic signal or stop sign (after coming to a complete stop) because of the perceived urgency of the event. Too often, emergency vehicles proceed through negative right-of-way without stopping and, in some cases, barely slowing down. Yet, many calls do not require an urgent response. The differences between slowing the vehicle and rolling through an intersection versus coming to a complete stop at an intersection will probably only extend the response time by two to three seconds per intersection.

When the ambulance has two members riding in the front, the driver and a crew leader, both must work together to ensure safe passage through intersections. Please be vigilant when approaching intersections and always stay safe.

Chief Dispatcher - Mike Capotosto

Dispatch Training: Congratulations to our newest dispatchers, Victoria Schwartz and Sebastian Pierre!

Thank you to the dispatch training committee for getting our newest members through training so quickly!

Call Statistics:

We closed out September with 548 total calls, transporting 80.5% of calls, a bit below our usual 85%.

We have had 5 mutual aids in September, totaling 23 for the year. That's a 0.51% mutual aid at the close of September, not bad. We have had people respond to the building as backup personnel 37 times this month. Thank you everyone for listening up.

We do have a few pagers available for any Crewleaders or Drivers who are interested and live in district – Speak to your day captain and we'll get you set up if interested.

Company 1 – Captain Jake Levinsky

SUNDAY

No Report.

Company 2 – Captain Paul Bayer

MONDAY

Hello HCFAS volunteers, from your Monday Captain! Here again with news from Company 2 for October 2021. Remember that it's getting darker earlier in the evening. Please be aware of children on the streets and please drive carefully.

Congratulations to Pedro Benitez (#1644) and Matt Filonuk (#1654) who just passed their Dispatch Tests and also passed Ambulance Orientation! Welcome to being First Aiders!

Victoria Schwartz (#1659) (Anne's daughter) has just passed her Dispatch Test after training with Mary Brenner on the 1500. She's just become an EMT, so we're excited to have someone to soon fill in that second due CL spot that's been open for too long...

Rachel Burket (#1662) will be starting to train on Thursday's 1100 shift, but will be assigned to the Monday 1100 shift once she's ready to ride. We're looking forward to having her join our team once she's finished dispatch training with Liz Beach.

Again a big thank you to the long list of members who have helped out on Mondays in October! Betty Wood, Jackie DeBruin, Alex Hastava, Josh Abraham, Shannon Gore, Leslie Brown, Will Burton, Izzy Cortes, Carol Nucci, Marissa Lindner, Kelly Murphy, Jeff O'Neill and Colin Weigele - a big thank you to you all!

I've been ending all of my Pulse articles and GMM updates with pleas for help. I want to thank Fiona Witkowski, Nicole Campbell and the entire recruitment and membership committees for helping out so much with our recent new additions of people. On our 1100, we have a new member Greg Henninger (#1653) currently ACL'ing, and will look to begin driver-training towards the end of the year. Shannon Gore has moved over to the 1100 shift permanently and is a huge help for us. On the 1500, we have Matt Filonuk (#1654) ready to start his EMT course, and Victoria Schwartz (#1659) will be beginning to ACL once she has more First Aider experience. Both Matt and Victoria are willing to learn to drive as well. Additionally, Will Burton (#1562) is looking to move over permanently to the 1500 shift which will fill that shift up. I really appreciate everyone's assistance this past year in making Monday work as well as it has.

Of course, no Captain's report is complete without a pleading for help! We need drivers on both the 1100 and 1500 shifts, as well as a first and second full crew on the overnight. We also need ALS on most shifts. If you're looking to fulfill your hours on a great day with great people – please give me a call and let me know when is good for you!

Thanks for all that you do!

Company 3 – Captain Elizabeth Mohr

TUESDAY

I cannot believe it's already November. This year has flown by. Happy Thanksgiving to all of the members, I hope you are spending time with family and loved ones. Thank you to everyone who continues to come in on Tuesdays, you guys are amazing. Welcome to new member Samantha on the Tuesday 1100, we are looking forward to working with you. Good luck to Brittany on the Tuesday 2300, as she starts her EMT class! Please remember to keep up to date on your shifts, review trainings and checkouts.

Thank you again to everyone
Liz

Company 4 – Captain Eric Nazinitsky

WEDNESDAY

No Report.

Company 5 – Captain Colin Weigele

THURSDAY

Hello all! Happy November!

I'd like to thank everyone on Thursdays for all their great work this past month.

Congratulations to Sebastian Pierree #1656 on passing his dispatch exam! Sebastain has been training on the Thursday 1500 with Martha Brenner #236, and has flown through dispatching and has began First Aiding, and will soon be ACLing!

As always, Some help is still needed on Thursdays

A driver is needed on the 1100, 1500 and 2300

A crew leader is needed on the 1100 ,1500 and 1900

If anyone is able to help please let me know!

Again, thank you for all your help and amazing work.

Colin Weigele 1553

Company 6 – Captain Kathy Castillo

FRIDAY

No Report.

Company 7 – Captain Casey O'Riordan

SATURDAY

No Report.

Notes from Secretary- Bob Franz

LOSAP 2021 Points – Bob Franz

The 2021 LOSAP Point listing posted on the bulletin board is being updated periodically. It is requested that each member review their points and report in writing any discrepancies to the LOSAP point committee. All review trainings must be completed & submitted by December 31, 2021 to be eligible for LOSAP points for 2021.

It is recommended that each member have more than 50 points at December 31, 2021 so that any subsequent correction of posting errors (such as, activity posted to the wrong member account, duplicate activity posting etc.) will not cause the member to have less than 50 points and therefore not qualify for a year of service credit for 2021.

By-Laws Article X Section 4 Absentee Ballots – Secretary Bob Franz

Absentee ballots for the General Election may be obtained upon request from the Secretary, subsequent to the November Meeting. The Secretary will provide a ballot and an envelope clearly marked "Absentee Ballot" on the front. All ballots must be placed in an unmarked envelope then placed in the official envelope, sealed and signed at the appropriate line on the back of the envelope over the seal. These ballots may be returned personally to the Secretary prior to the day of the election, or if mailed, postmarked no later than ten days before the December 13th meeting (December 3rd).

The Secretary shall secure all ballots and keep a log of all ballots received. On the day of the election, the Secretary shall place all sealed absentee ballots into the ballot box.

The vote auditors will verify that all absentee ballots were sealed and that the number in the box corresponds to the Secretary's log.

HCFAS members' email addresses for the purpose of sending the Candidates' Qualifications – Secretary Bob Franz

The Board of Directors on 9/9/21 approved the following motion:

Authorize and approve candidates for office in 2021 a single use of HCFAS members' email addresses for the purpose of sending the candidates' qualifications and other pertinent information to members to solicit their votes. Upon request of the candidates, James Mallilo will facilitate the transmittal of the candidates' emails to the membership.

There is a maximum of 3 emails sent a day (nominee for Board of Directors, Chiefs and Captain) and the last email will be sent on 12/10/21).

Thank you Jim for taking this task on again.

Notes from Secretary- Bob Franz (cont'd)

Restrict Candidate Presence on Election Day

The following motion was approved by the Board of Directors on 9/9/21:

Prohibits any HCFAS member who currently holds a HCFAS elected position or a member who is a candidate for an elected position, to be in the HCFAS headquarters building at any time from 8:00 AM to 6:30 PM on the day of election except for the purpose of being on a regularly scheduled shift, answering a back - up call, acting in the position of the Monday Day Captain or as a Chief Officer, or for casting a ballot. Any exceptions are to be authorized by the President or his designee.

Voting Times for Squad Annual Election December 13, 2021 – Secretary Bob Franz

The Board of Directors approved the following voting times for the Annual Squad Election on Monday December 13, 2021 as follows: 0800 hours to 2000 hours. (A suggestion for the Sunday overnight crew is to vote via an absentee ballot if you are not able to vote between these hours).

**Huntington Community First Aid Squad, Inc.**

2 Railroad Street Huntington Station, NY 11746-1231

Email: davidmohr@yahoo.com

By-Laws & SOP Committee, Chair*David A. Mohr***Proposed By-Law Change
02-2021****Proposal:**

To reduce the age for membership from 18 years of age to 17 years of age.

Background/Justification:

NYS has reduce the age for EMT's from 18 to 17, accordingly, this will increase the pool of available members.

Change (additions are underlined and deletions are ~~stricken~~):**ARTICLE III****SECTION 2 - ACTIVE MEMBERSHIP**Applicants for first aid membership shall be at least 18 years of age.**Proposers**

Paul Bayer #1505 _____

Ryane Como #1462 _____

David Kaufman #1390 _____

Readings

First Reading Date: _____

Second Reading Date: _____

Vote

Yes: _____

No: _____

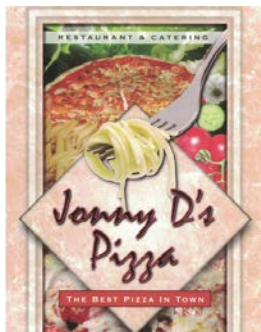
Secretary Signature: _____

Date: _____

HCFAS Discounts- Dave Mohr

There are many places that offer discounts to Squad members. Even if you don't know if they do or don't, it can't hurt to ask. I have had times when I have asked and the answer was 'we don't, but hold on' and they would talk to a manager/owner and in the end a discount was given. We have accumulated just some of the places in Huntington that offer discounts to Squad members. **If you know of a place that offers a discount to Squad members, please email me at davidmohr@yahoo.com.**

Always have and show your Squad Membership card



Jonny D's Pizza

946 New York Avenue

631-385-4444

15% Discount



15% Discount



**15%
Discount**

Hours: Mon-Thurs. 11am-11pm • Fri. & Sat. 11am-12am • Sun. 11am-10pm
www.skorpioslongisland.com
340 New York Avenue • Huntington, NY • 549-8887



Costello's Ace Hardware
720 Walt Whitman Rd
Melville, NY 11747

10% Discount



Flowerdale by Patty

"Elegance with a personal touch"

1933 New York Avenue

10% Discount



**MEDITERRANEAN
AMERICAN GRILL**

326 West Jericho Turnpike

631-425-1196

10% Discount



of Huntington

340 West Jericho Tpke. - 631-659-3111

10% Discount

HCFAS Discounts- Dave Mohr (cont'd)



9 Wall Street - 631-271-3540
15% Discount



134 Main Street, CSH
631-367-6060
50% Discount



Huntington Community First Aid Squad Veterans Day Recognition

We would like to thank all of our **veterans** for their service to America. Your contribution has made an impact on the lives of so many. Happy Veterans Day 2021! We have pictures of our veterans while in the service in uniform and what they look like today at HCFAS. In some cases a remembrance will be included by the veteran.

Anthony Cambareri, U.S. Army, Paul Kelly, U.S. Army, George Reeder, U.S. Army, Michael Campanelli, U.S. Navy, Thomas Lemp, U.S. Navy, Robert Franz, U.S. Army, Douglas Mayer U.S. Army, Donald Roulo, E4/ Sgt. U.S. Air Force, Richard Gierbolini, U.S. Navy, Jeffrey O'Neill, U.S. Army Rich Rudolph, U.S. Air Force. David Mohr, U.S. Army. Justin Chermack U.S. Marines, Dino Macharola U.S. Army, Esteban Lopez U.S. Marines.



Sergeant Paul Kelly, U.S. Army
Buck Sergeant Hard Striper, E-5 Infantry, Field Promotion. March 1969-March 1970



George Reeder U.S. Army
Captain George Reeder, US Army Reserve Nurse Corps



Michael Campanelli, U.S. Navy
Petty Officer 1st Class.

I was a I was lucky, had a pleasant
run, and got to travel to
places from the Arctic Circle to the
Equator.



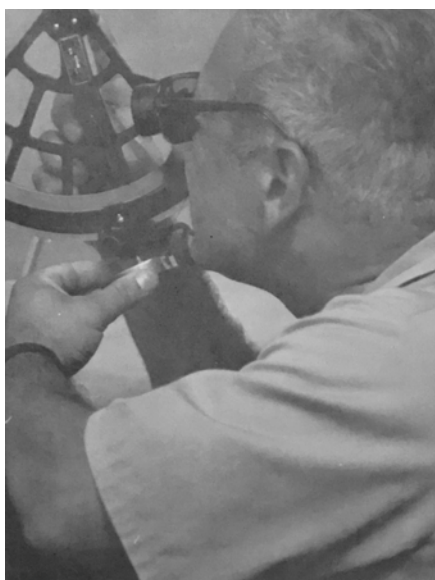
Sergeant Robert (Bob) Franz U. S. Army



Douglas (Doug) Mayer U. S. Army
Private



Jeffery (Jeff) O' Neill U. S. Army
E5 ... Sergeant





Richard (Rich) Gierbolini, U.S. Navy
My rate is/was QMC (SW). Once a Chief always a Chief.

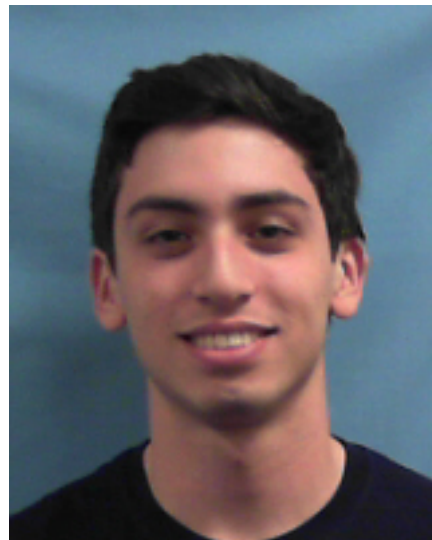
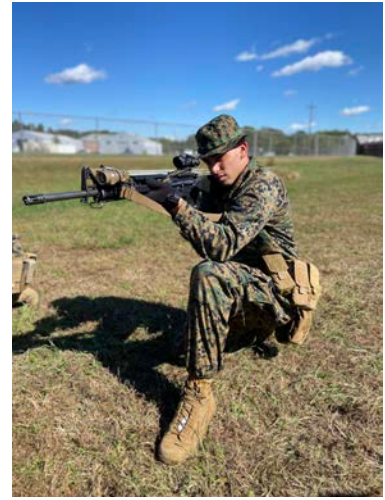
AIRMAN RICHARD G. RUDOLPH, SON OF MRS. CECILIA RUDOLPH OF NEW HYDE PARK, HAS BEEN ASSIGNED TO CHANUTE AFB, ILL., AFTER COMPLETING AIR FORCE BASIC TRAINING. DURING THE SIX WEEKS AT LACKLAND AFB, TEX., HE STUDIED THE AIR FORCE MISSION, ORGANIZATION AND CUSTOMS AND RECEIVED SPECIAL INSTRUCTION IN HUMAN RELATIONS. HE IS A 1977 GRADUATE OF SEWANHAKA HIGH SCHOOL, FLORAL PARK.



Richard (Rich) Rudolph U. S. Air Force
Airman First Class.



Justin Chermak
Sergeant US Marines



Esteban Lopez
Second Lieutenant US Marines

I joined the Marine Corps to carry on a family tradition of serving with the Marines and in this uncertain time to stand at the front of the defense of the nation should it need it. There is no better joy nor privilege than wearing our nation's cloth.



Dino Macharola First Lieutenant U.S. Army

I commissioned into the Army in 2017 as a reservist and am currently on my first deployment. I'm wrapping up my time here in Germany and coming back to Long Island hopefully before thanksgiving. Looking forward to riding with HCFAS soon.



Holiday Snap, Grab and Go
Saturday December 11th, 2021
From 12 noon to 1 pm

Dear Member –

In an effort to keep the upcoming holiday season close to our hearts, and to remember our squad families, the Special Events committee is coordinating something for your children. Unfortunately we will not be having our usual Children's Holiday Party, we have come up with a Holiday Snap, Grab and Go. Santa will be socially distanced in the truck room, you drive up, your child/children get out, snap a picture in front of Santa, the child will receive their gift and you go.

Saturday, December 11, 2021 from 12 noon to 1pm at HQ (subject to number of responses, a time sign up will be emailed out 1 week prior)

The Child or Children who will be receiving the gift will have to be present and receive the gift themselves (for infants and non walkers a parent can carry them).

[Click here to enter your Child/Children Names](#)

**Sign-up cutoff date is Wednesday December 1st,
2021**

As per HCFAS-BOD directive, children must be present to receive a gift.

Children of HCFAS members 10 years old and younger are entitled to a gift from the squad.

Grandchildren of squad members are eligible to attend (\$40 must be paid to the committee before 12/01/2021).



2021 Holiday Cocktail Party

Saturday, December 18, 2021

5:30pm —10:00pm

*Come Share the spirit of the Holidays ,
our friendships and our Commitment to HCFAS.*

*Unfortunately since we are still following
Covid-19 recommendations, this social event will
be for members only.*

No guests will be invited.



SCAN ME

BASICS – November 2021

Puzzle Pieces

By Mark W. Brenner

One of the most important tasks that EMTs perform is a patient assessment. Although Emergency Medical Dispatch (EMD) helps prepare us for many calls (chest pains, seizures, respiratory distress, etc.) we also have responses (sick, person down, etc.) where we need to assess the patient and determine the presenting problem as well as correctly treat. Here are some scenarios.

1. You respond to Main Street and New York Ave for a “person down”. You find an unresponsive male, in his 30’s, who’s skin is pale. He does not respond to your voice or painful stimuli. You open his airway and assess that he is barely breathing. You insert an OPA and begin ventilating him with a BVM. He has a slow, weak pulse. You assess his pupils and find that they are constricted. You suspect that he is experiencing a(n):
 - a. Heart attack
 - b. Stroke
 - c. Head injury from a fall
 - d. Opioid overdose
2. What medication would you administer to the patient in the above question?
 - a. Epinephrine auto-injector or syringe epinephrine
 - b. Aspirin 81 mg
 - c. Narcan 2 mg
 - d. Oral glucose
3. After administering the medication, what is your expected course of action?
 - a. Continue to ventilate the patient with the BVM
 - b. Await the arrival of ALS
 - c. Prepare for transport
 - d. Both a and c
4. You respond to an 80-year-old female with altered mental status. Her daughter, with whom she lives reports that just before lunch, her mother started acting “different.” She is conscious, has a patent airway, adequate breathing, an irregular radial pulse (she has a history of a-fib). Her vitals are respirations of 20 and regular, an irregular pulse of 80, and a blood pressure of 150/90. Her skin is warm, pink, and dry. She has a history of hypertension, high-cholesterol, and a-fib. You’re thinking that your patient might be experiencing a stroke. What else might you assess?
 - a. Pupils
 - b. Blood sugar
 - c. Cincinnati Stroke scale
 - d. All the above
5. For a patient experiencing a stroke you would expect their pupils to be:
 - a. Equal and reactive
 - b. Constricted
 - c. Unequal
 - d. Dilated

6. You respond to a “drinking establishment” for a 32-B-1 “unknown”. When you arrive you notice a heavy police presence and are led to an adult male who is sitting on the curb outside of the bar, holding a bloody t-shirt to his head. He is argumentative and is loudly proclaiming that he was “thrown out of the bar” while he was “minding my own business.” You also notice the smell of alcohol on his breath and that his pupils are unequal. You suspect the patient:
- Is a diabetic and is experiencing hypoglycemia
 - Has had a stroke
 - Has suffered a severe head injury causing the unequal pupils
 - Is in denial about his own behavior

ANSWERS: 1d, 2c, 3d, 4d, 5c, 6c (although D is a something I might also think)

The takeaway from this is that we should always include skin (color, temperature, and condition) and pupils in our assessment. And remember, a low temperature in the elderly or very young **may** be an indication of sepsis. Providing pre-arrival notice of a suspected stroke or sepsis is expected.

Thanks for all that you do. Please stay healthy and safe.

November 2021

HCFAS Birthdays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		Michael Campanelli & David Kaufman	Tomoko Hirasawa & Dale Bartolomeo		Arlene Lindsay	Tim Quigley
7	8	9	10	11	12	13
Kathleen Rosselli		Will Villatoro	John Connors	Gina Angevine	Laura Treulich & Lauren Baxter	
14	15	16	17	18	19	20
					Leyda Mata	Pam Brenner & Annika Lacroze
21	22	23	24	25	26	27
Casey Orr		Karen Reim	Martha Brenner, Doug Mayer & Cassie Nguyen			
28	29	30				

November LOS Awards to be presented at November GMM

45 Years
Mary DeWan #436

40 Years
Gail Glister #640

15 Years
Stephanie Caracciolo #1171

Thank you for your years of continued service!