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The Pulse



Volunteers since 1967

The “Heartbeat” of the Huntington Community First Aid Squad

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PRESIDENT'S REPORT

Roger Winter



September is now behind us with that joyous start of the new school year and now we are into that change in weather. Autumn brings us that cooler air with those occasional hot days to remind us of summer along with the long shadows as the sun is changing in the sky. OK, let's see what is in store for October...why it's Oktoberfest, Columbus Day, if you're Canadian, Thanksgiving, Bosses' Day, United Nations Day and of course All Hallows Eve, Halloween, “trick or treat, smell my feet, give me something good to eat”, don't forget that “Fall Classic”, the World Series, also the birth flower is the calendula.

September was a difficult month for several families. Our deepest condolences go out to Israel Cortes and his family on the loss of his wife, Rosa. Also our deepest condolences to Greg Orr and Casey Orr on the loss of his wife and Casey's mother, Susie.

Again some small but important safety issues around the Squad. The overhead doors should not be left open at any time unless you are working in that room truck bay. The back entrance doors also should not be propped open, no, not even when you are smoking by that back door. The smoke travels into the truckroom and then into the ready room. It is also a security issue. The back entrance doors should always be closed. Again, I am told that members, while in the roadway, are not wearing their reflective vests. These can be worn in the daylight, the lime yellow color makes you stand out while in the roadway and are most valuable at night while in the roadways as they have 360 reflective qualities. Again the EPG equipment must be worn at all dangerous or hazardous scenes and motor vehicle accidents that require extrication and/or the possibility of physical injury to the responder. These are the top of the line safety jackets and pants - wear them for your own protection and safety.

Oh joy, oh joy the the Town of Huntington Chamber of Commerce's “Huntington Fall Festival” is upon us. Don't forget to sign up for a shift during the fall festival. Yes, it is a bit overwhelming but it is fun. Many members comment when it is all over, “we had a great time”. The officers put in a lot of time organizing the coverage so please help out.

Most recently I have heard of some members having fun at the expense of others at headquarters. There is a time to have fun but not at the expense of the public or members of the Squad. A while back I wrote about civility when dealing with fellow squad members and the public which we serve. Keep in mind how you would feel if you were bullied, taunted, harassed or someone was just mean to you. You wouldn't like it at all, so keep that in mind when that behavior is exhibited and ask those members to be more respectful.

In wrapping up I would like to say thank you to all of you that congratulated me and my wife, Mary on the birth of our 5th grandchild, Hailey Elizabeth Stone. I would like to report she is doing fine. Mother, Casey and father, Jon are a bit tired but also doing fine. Now that they have two they can not double team one child any more as they now must parent, “man to man” defense. If it ever goes to three... “zone defense”. Have a great fall and enjoy the beautiful autumn weather!

ANNUAL PHYSICAL/FLU SHOT

New York State Department of Health's guidelines recommend that all EMS providers have an annual physical.

In order to address these recommendations, your Board has contracted with Savasta Medical Services to perform the physicals at Headquarters. Savasta Medical Services is comprised of a team of experienced board-certified Internal, Emergency and Occupational Medicine Physicians who specialize in performing E.M.S., Fire Service Medical and "fit-for-duty medical exams" for Fire Department and EMS agencies throughout Long Island.

This year Savasta Medical Services will be at Headquarters to perform member's physicals on:

Tuesday, October 19, 2010 between 7 PM and 9 PM.

Saturday, November 6, 2010, between 9AM and 12 Noon

The scope of the physical will include:

Medical history and occupational exposure history,

Height and weight,

Color Vision Testing,

Blood Testing for CBC with differential, electrolytes, renal function, hepatic profile, lipid profile and

PSA for gentlemen over 40 years of age,

12-lead EKG

Audiometry

Physical examination

N-95 Fit Testing

A review of all results by a physician, with recommendations and referrals as needed.

**** ALL MEMBERS ARE URGED TO PARTICIPATE IN THIS PROGRAM. ****

Please indicate the time and date that is most convenient for you by completing the "sign up" sheet at the Squad. Only 8 people will be allowed to sign up for each ½ hour.

If you any questions regarding the physical or are unable to attend either session, please contact Tom Hogan by email at tomhogan2@yahoo.com , by telephone at 516- 759-4270 (day) or 631-367-4798 (evening).

Policy Review Reminder

Recently someone asked a specific policy. This is just a reminder to all members that you can review all the policies and procedures as well as the by laws of the organization on our website under the documents tab at <http://www.hcfas.org/Members/Documents/>

Second Deputy Chief

Jeffrey Brenner

Hello all,

As we've entered the school year it is time for us to consider our education. Are your certifications current? Need a CPR card?

How far along in the CME program are you? Do you know about the CME program? Lets take this fall and better ourselves and our knowledge of this pre-hospital emergency care field. The above are just some questions you may have, please contact me by email with any questions.

My appologies for the September Review training, due to unforeseen cercomstances I was unable to apply my time to it. I hope you all took this oppertunity to catch up on missing trainings or enjoyed the feel time. Octobers will see both trainings go out. Fear not, no one will lose the oppertunity to re-lieve their CME or LOSAP credit, I know you didnt want to miss the educational experience as well! As the autumn leaves drift by our windows, lets not head for a long winters nap but progress forward and better our skill sets!

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Jeffrey Brenner, EMT-B

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October 2010 Service Awards

PAUL BIRSACK 10 years
CLAUDY GRIMADEAU 5 years
KEVIN McCANN 5 years



Third Deputy Chief
David Mohr

Fall is upon us, Columbus Day is just around the corner, and that means its time for the Long Island Fall Festival at Huntington. For the seventeenth year the Chamber of Commerce will host the event that brings thousands of people to Huckster Park. We will be providing EMS for the event on Saturday and Sunday, October 9th and 10th. The sign up sheet is in the ready room, please sign up and help out. For every four-hour shift, you will receive a meal voucher or meal allowance, and a thank you from me. Crews are still needed, especially on Sunday from 1500-1900hrs.

Wow..... The recycling program has really taken off. Thank you to everyone to your help and participation. We are recycling and a tubs worth of paper and cardboard a day. We are also putting out one to two cans full of plastic and glass a week.

Below is the ambulance rotation for the next month.

Ambulance Rotation for 2010

Ambulance Rotation will occur each week on Monday at 1900hrs

Week of	First	Second	Third	Fourth	Fifth	Sixth
10/4/10	19	20	21	16	17	18
10/11/10	20	21	16	17	18	19
10/18/10	21	16	17	18	19	20
10/25/10	16	17	18	19	20	21
11/1/10	17	18	19	20	21	16

Projects we are working on and their status as a result of member input:

- ~ Rearrange the trophy cabinets and have picture and plaques hung. In progress.
- ~ Placing a piece of plexiglass over to the ribbon on the dedication wall to protect it. Getting an estimate.
- ~ Hang the pictures of our previous buildings and an HC, Map and Star of Life along the north wall by the bar. We are getting estimates.
- ~ Make the trophy cabinet in the lobby a history of the Squad. Working on clearing the items in it out.
- ~ A Memorial Tree in honor of our passed members. The tree has been ordered. It will go on the wall of the second landing on the staircase to the second floor.
- ~ The Life Membership plaques and Charter Member plaque will be moved to the wall to the right as you exit the elevator after the memorial plaque is replaced with the tree.

Work detail is every 2nd and 4th Saturdays, beginning at 0900hrs. Come on down and help spurs up your Squad.

Drivers, please remember to turn off all accessories in the cab when you return to headquarters. If they are left on, it puts a large drain on the batteries when the vehicle is started.

COMPANY 2 CAPTAIN

Tim Ebert

Welcome Jenna Arcati #1310 to the 1500 shift.

Congratulations to Janet Zapata on passing her Dispatch Test
 Congratulations to Lumi Hazelton on becoming an Aid.

Thank you to everyone who has helped out on a Monday and thank you to the Membership Committee for helping me fill the 1100 shift.

“We make a living by what we get. We make a life by what we give” -Winston Churchill

COMPANY 3 CAPTAIN

Martha Brenner

The past few PULSE articles from me have dealt with the call volume and the fact that without a lot of people stepping up to fill-in and respond to back up calls we could never handle the call volume as successfully as we do. I have also made a point of noting that Tuesday is the busiest day of the week. If that surprises you, you are in good company because it surprises me too! I don't think anyone can explain why Tuesday is the day with the greatest call volume, but here is the breakdown:

Call counts from 1/1/2010-8/31/2010

call volume by the day of the week

SUNDAY	526	14%
MONDAY	518	13.9%
TUESDAY	565	15.1%
WEDNESDAY	539	14.4%
THURSDAY	539	14.4%
FRIDAY	497	13.3%
SATURDAY	556	14.9%

call volume by shift

07:00	17.2%
11:00	24.2%
15:00	22.1%
19:00	17.0%
23:00	19.5%

Tuesday has welcomed new member Terrance Cheang #1308 to the 15:00 shift. Paul Terenzi has moved from the 11:00 shift to the 07:00 shift and Maureen Umburto is coming to Tuesday to join the 11:00 shift! Welcome Terrance and Maureen! Paul will be missed as there is no ALS provider currently on the 11:00 shift, but his moving to the 07:00 shift will let Al Szigethy get out of the drivers seat!

Martha Brenner
 2-15-53

COMPANY 6 CAPTAIN

Tim Brenner

September was a crazy month for Company 6 with the call totals coming in as follows 9/3- 19, 9/10- 10, 9/17- 17, 9/24- 24! Fridays are unpredictable and 24s are up but I'm grateful for all of the people who have come in to do extra shifts and back up calls this group of dedicated individuals help keep Fridays moving so thanks to Paul Kelly, Nancy Courtemanche, Al Szigethy, Jeremy Boehm, Dom Heavey, Liz Mohr, Casey Orr, Jeff O'Neill, Seth Fischer, Chief Brenner, Dale Bartolomeo, Mark Cappola, Brian Quinn, Luke Bartolomeo, Paul Kelly, Patty Salajka, Juan Flores, Brian Milliken, Kevin Brenner and Nancy Eckhardt.

I'd like to welcome a whole bunch of new people who have joined Fridays... Melissa Bliven #1309 (2300-0700), Richard Stein #1311 (2300-0700), Joe Grant #1304 (1100-1500), Mike Warburgh #1304 (1100-1500).

Congratulations to James Ostaseski and Jeff O'Neill on passing dispatch training and ambulance orientation. Congratulations to Jeremy Boehm on passing driver training. I'd like to welcome Chris Mallilo to the Friday 0700 shift from Mondays. We're happy to have you.

Finally I'd like to send all my prayers and best wishes to Israel Cortes and his family after the passing of his wife Rosa. The entire Company 6 family is happy to have Israel back on the 1900 shift and continue to support him through this difficult time.

My door is always open so anyone looking to help out, pick up some more hours or provide feedback about the organization and please don't hesitate to get in touch.

Pam Brenner
2-15-56

Scholarships or Tuition Assistance – Bob Franz

SERVES - Tuition Reimbursement Suffolk County Community College (SCCC)

The Suffolk Educational program for Recruitment in the Voluntary Emergency Services (SERVES) will have a strict one-time only open SERVES enrollment for the Spring 2011 Semester at SCCC for all eligible volunteer ambulance workers from October 15, 2010 through November 15, 2010. The SERVES Administrative Guide (containing all policies and application forms) is available at the SC Fire Rescue Emergency Services (FRES) home page (www.suffolkcounty.ny.gov). A copy of the Guide is posted on the bulletin board and if anyone has any questions, please contact Bob Franz or Andrea Golinsky.

LOSAP 2009 Benefit Statements - Bob Franz

The December 31, 2009 LOSAP benefit statements were distributed to all participants in your member mail folder or sent via USPS. Please review this statement carefully and if any of the information is incorrect, please put a detail note with any corrections in Secretary Bob Franz's mailbox. If you require a change of beneficiary, please use HCFAS Form # 430 which can be found on the form rack outside the dispatch office. If you have any other questions, please contact Bob Franz.

Standard Procedure Manuel

1. Chain of Command (Refer to By-Laws for exact description of duties)

1. The Squad Chief shall be the senior Operational Officer and all other ~~operational~~ Squad members are subordinate.

2. The Chief shall have the power to temporarily suspend, at any time, ~~any officers or~~ members who do not perform their duties, ~~who behave in a manner not in keeping with the best interest of the organization, fail to uphold the rules and regulations, or are insubordinate; for a period of time no greater than 30 days, or to limit access to the building or request a completed work detail or some other form of activity. The infraction will be discussed with the member, the member's Captain/Chief Dispatcher or Liaison as is applicable and a chief officer as soon as they can meet but more than 10 days following the infraction or the complaint. The disciplinary issue and outcome will be detailed on a written PIP (Personal Improvement Plan). The PIP will include the details of the infraction and any remediation required to be completed. The PIP will be reviewed with the member, their Day Captain/Chief Dispatcher or Liaison and a Chief Officer. The PIP (Personal Action Plan) will be signed by the Chief Officer present at the meeting and by the member and a copy will be placed in the member's personnel file. A copy of the PIP will be provided to the Board of Directors Secretary within 48 hours of the action. The member may request a hearing of the Board of Directors at which point the Chief will file charges against the member in accordance with the By-laws. For egregious actions on the part of a member if the Chief believes the disciplinary outcome may or should exceed 30 days, charges must be filed in accordance with the by-laws. (refer to the by-laws Article III Section 9.)~~

2. The Chief shall have the power to temporarily suspend, at any time, ~~any officers or~~ members who do not perform their duties, ~~who behave in a manor not in keeping with the best interest of the organization, failure to uphold the rules and regulations, or for insubordination; for a period of time no greater than 30 days, or to limit access to the building or request a completed work detail or some other form of activity. The member may request a hearing by the Board of Directors. In the event a hearing to review the disciplinary action is requested the Board of Directors will hold the hearing within 10 days of the request. A vote of 2/3 of the Board present at the hearing will be required to amend the Chief's actions. For egregious actions on the part of a member of if the Chief believes the disciplinary outcome may or should exceed 30 days~~ Charges must be made in writing and filed with the Secretary in accordance with Article III, Section 7 of the By-Laws.

3. The Chief will call the first meeting of the Operational Officers each year no later than January 10th at which time a tentative schedule of meetings for the year will be set.

4. ~~3-~~ The Squad Chief shall attend all meetings of the corporation, ~~the Operational Officers~~ and the Board of Directors. The Chief shall report to the Board any repairs or requests for additional equipment or supplies as governed by the Purchase Policy and Procedures. The Chief shall report to the Board of Directors on personnel, vehicles and equipment at regularly scheduled

Standard Proc. Cont'd

Board meetings, and on equipment and supplies for the ensuing year's budget at the annual Budget meeting of the Board of Directors.

~~5.~~ 4. The Chief shall be a member "ex-officio" with the right to vote on all committees dealing specifically with the duties of his office.

~~6.~~ 5. The Chief shall hold a valid EMT card or equivalent and shall maintain this qualification throughout his term.

B. First Deputy Chief:

1. The First Deputy Chief is the second Operational Officer in the Chain of Command. The First Deputy shall be prepared to assume the responsibilities of the Chief.

2. The First Deputy Chief is in charge of personnel, Company 8, and Driver Training.

3. The First Deputy Chief shall report to the Squad Chief all infractions or violations of the By-Laws.

4. In the event any Day Captain position is unfilled, the First Deputy Chief shall assume responsibility for the day.

C. Second Deputy Chief:

1. The Second Deputy Chief is the third Operational Officer in the Chain of Command. The Second Deputy shall be prepared to assume the responsibilities of the First Deputy.

2. The Second Deputy Chief is in charge of the Training Committee and responsible for arranging and securing the proper first-aid training and monthly review training for members, and to see that all first-aid equipment is operative and available. The Second Deputy shall oversee the First-Aid Supply Committees to ensue the proper ordering and receipt of first-aid equipment and supplies in accordance with the Purchase Policy and Procedures.

D. Third Deputy Chief:

1. The Third Deputy Chief is the fourth Operational Officer in the Chain of Command.

2. The Third Deputy Chief shall be responsible for vehicle and building maintenance.

3. The Third Deputy shall be responsible to make work assignments for the orderly and clean maintenance of headquarters.

E. Chief Dispatcher:

1. The Chief Dispatcher is responsible for all Dispatchers and clerical personnel.

Standard Proc. Cont'd

2. The Chief Dispatcher is responsible for all communications equipment (except advanced life support equipment) and its weekly inspection.
3. The Chief Dispatcher is responsible for maintaining the Crewleaders' red logbook, ~~the FCC radio logbook, the non-emergency logbook, the business logbook, and the all posted communications logbook.~~ and appropriate electronic documentation in CAD.
4. The Chief Dispatcher is responsible for updating the rolodex and computer street directories, ambulance rolodex and all maps.
5. The Chief Dispatcher is responsible for dispatch training and shall oversee the Dispatch Training Coordinator.
6. The Chief Dispatcher is responsible for the adequate supply of all printed forms and clerical supplies, and for office machinery maintenance .
7. The Chief Dispatcher is not a line officer.

F. Day Captain:

1. In the absence of the Chief Officers, the Day Captains are the senior Operational Officers for their day.
2. Day Captains are responsible for providing weekly duty rosters for their day. Completed duty rosters should be posted 48 hours in advance, but must be posted not less than 24 hours in advance. Day Captains shall inspect quarters upon their arrival and see to it that only qualified and authorized personnel use the equipment. They shall ascertain that the vehicles and equipment are properly functioning at Headquarters and on emergency calls.
3. Day Captains shall make sure that run reports are filled out accurately and legibly and are to check them on a weekly basis. **The Day Captain will complete QA/QI forms run reports for all calls on their day. This report will note any and all issues found on that weeks run reports and the reports and the form will be submitted to the QA/QI committee within 30 days of the date of the run reports.**
4. Day Captains are responsible for the timely advancement of all members assigned to their day. **The Day Captain is responsible to see that all training paperwork is completed and available at the Officers meeting at which the advancement is proposed. The Day Captain is responsible to monitor the training process and to work with the member to assure appropriate and timely training. The Day Captain will report any training issues to the appropriate Chief Officer and at the next Officers Meeting.**
5. Day Captains are responsible for obtaining coverage by another officer in the event they are unavailable on their day, or any portion thereof.

6. Day Captains shall be responsible for personnel being properly trained, in uniform and present no later than ten minutes before their tour of duty (unless previous arrangements have been made with the Day Captain).

7. Any problems or questions raised by crew must go through the Day Captain to the appropriate Chief Officer. In the event of the unavailability of the Captain of the day, any other Day Captain may be contacted.

G. All operational officers are responsible to:

- a. Attend the General membership Meetings and the Officers Meetings. A written report is required to be submitted prior to these meetings: to the secretary of the Board of Directors no less than 48 hours prior to the General Membership Meeting and to the First Deputy Chief and Officers Secretary no less than 48 hours prior to the Officers Meetings.
 - b. Submit an article for publication for each monthly issue of PULSE.
 - c. Maintain certification as outlined in the by-laws.
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Welcome!



Anthony Palmato #1289
Sun 1900 x 2300

- Resides in Kings Park
- Graduated from Kings Park High School
- Currently attending Excelsior College with a major in nursing
- Employed as Paramedic at North Shore for 10 yrs & in Centerport & Rocky Point
- Volunteers at the Little Animal Rescue Shelter
- Enjoys volunteering and giving back to the community
- Future goal is to become a CL/DR & Day Captain



Meet Huntington Hospital's *Michael Stratemeier, MD*

Michael Stratemeier, MD, Associate Chief of Emergency Medicine and Director of Clinical Services in Huntington Hospital's Emergency Department, maintains a demanding pace of

meetings, administrative work, and taking care of patients. Dr. Stratemeier has seen the hospital's emergency department volume increase dramatically since he joined the hospital in 2002 after completing a residency in emergency medicine at North Shore University Hospital in Manhasset.

"We see an average of 140 patients per day," Dr. Stratemeier said. Annual ED volume now hovers near 50,000 visits annually, with approximately 28 percent of those resulting in admission.

Dr. Stratemeier oversees a staff that includes seven emergency medicine physicians per day, three of whom specialize in pediatric emergency medicine.

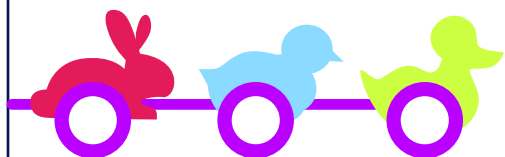
As part of his position, Dr. Stratemeier represents the emergency department on a number of hospital-wide and health system committees. He sits on Huntington Hospital's Medical Board, PICG, Stroke Committee, Trauma Committee, Cardiology PICG, Sepsis Task Force, Emergency Preparedness Task Force, Laboratory Committee, Blood Utilization Committee, Diabetes Committee, Pharmacy and Therapeutics Committee, and Critical Care Committee. For the past five years, he has also served as a member of the Regional Emergency Medicine Advisory Committee (REMAC), lending physician expertise to the regional EMS system.

"It's important to me that we recognize the vital partnership between community-based first responders and emergency department staff," he said. "Here in Huntington we are fortunate to work with a professional and dedicated group of EMS providers who provide an essential link between the hospital and the community."

Dr. Stratemeier is a graduate of the University of Buffalo School of Medicine and Cornell University. A native of Quogue, he currently resides in Holtsville with his wife and two children.



Congratulation to Casey and Jonathan Stone on the birth of their new daughter Hailey Elizabeth Stone, 7 lbs. 12 oz, 20 1/2" long, Friday 3, 2010, at 0829 hrs.



Big Loving Sister: Rebecca, Proud Grandparents: Richard & Lori Stone, Mary & Roger Winter, Uncles: Spencer Newman and Christopher Winter.



President Roger Winter and Chief Dominic Heavey congratulate Karen Reim for her 25 years of service.



Sally Staszak is recognized by President Roger Winter and Chief Dominic Heavey for 35 years of service

GREENLAWN FIRE DEPARTMENT PARADE



HCFAS members marched in the Greenlawn FD parade.

Photography by Tony Cruz



Boo...

DIGNITY MEMORIAL VIETNAM WALL AT THE PETER NELSON PARK



THANK YOU FOR YOUR SERVICE...



October 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1  Happy Birthday! Brendan Fitts Mary Sisinni	2  Happy Birthday! Lenise Booth
3	4  Happy Birthday! Joseph Gander	5	6	7  Happy Birthday! Clara Elliot Lehti Laas	8  Happy Birthday! Sal Signorelli Joanne Vogel	9  Happy Birthday! James Lupo
10 	11 GMM Happy Birthday! Joseph Nappi	12  Happy Birthday! Heidie Magerle	13  Happy Birthday! P. Rittenhouse	14  Happy Birthday! H. Noonan	15	16
17 Recruitment Orientation 2 pm Happy Birthday! Millie Gabriel O. Salcedo	18 	19	20  Happy Birthday! Bobby Loysch	21	22  Happy Birthday! Roger Winter Chris Mallilo	23  Happy Birthday! J. Donadio
24	25	26  Happy Birthday! C. Grimadeau	27	28	29	30  Happy Birthday! Kathy Hayes Mindy Scalzetti
31						

