

THE PULSE

HCFAS-
PROUDLY
VOLUNTEERING
SINCE 1967

THE HEARTBEAT OF THE HUNTINGTON COMMUNITY FIRST AID SQUAD

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Questions? Submissions?

Email Editor
Katie Donegan at
thepulse.hcfas@gmail.com

President's Report- Seth Fischer

Hope everyone is well and happy October!

As you know from the beginning of my term as President, I have been trying to provide you with a wonderful "volunteer experience". Since January, I have asked for your suggestions and guidance, and I am forever grateful for the tremendous feedback I have been receiving. I have been trying to fulfill as many suggestions/requests as quickly as possible, and I am sure you have noticed the success thus far.

Here are some examples of what our members have inquired about, and the action taken:

1. Members voiced their opinion of the poor condition of the Water Cooler in the ready room, something many of us probably walk right past and not pay any mind to. That said, in one week we had a brand new Water Cooler.
2. Members who utilize the computers in the ready room at night expressed the challenge of working in the dark, as they felt guilty turning on the lights to wake the crews. A suggestion was made to get keyboards that are backlit. Suggestion taken care of, keyboards are ordered.
3. A member asked we look into raincoats, as some feel the current jackets are too cumbersome to work in...yes, you guessed right, we are exploring options.
4. A member suggested additional REHAB chairs for our firefighters to be kept in 2-15-25, and yes, additional chairs are now on 2-15-25.
5. Members expressed a safety concern while entering and exiting the building in ambulances. While it took much longer than expected, we now have a functioning traffic signal.



President's Report- Seth Fischer (cont'd)

6. Lastly, there was a common theme of most of my conversations, and this was a big task to take on. Most of our members were extremely upset with the condition of our building. They felt it was dirty, and “needed a really good cleaning”. Within two weeks, we had the ALL the tile floors cleaned throughout the building, ALL the bathroom floors cleaned throughout the building, ALL of the carpets scrubbed, shampooed and vacuumed throughout the building, doors painted, and we are about to do the Terrazzo tile in the main entrance way. Please note, we are working with our cleaning company to make these scheduled and more frequent moving forward.

Tremendous special thanks go to Chief Como, Treasurer Canty, and Board Member Mohr. They all shared the same sentiment and take extreme pride in our appearance, and were instrumental in helping me go the extra mile to ensure that our building glistens once again. The list goes on of what we have done based on your feedback, and maybe some of those items do not affect you directly, but they were important to others, and therefore important to me. We have acted on many other suggestions; these are only a few examples. Please, I beg of you, email, call or text me with ideas; I cannot help if I do not know how. Something as simple as a water cooler and a backlit keyboard, while not a priority to some, are just simple and basic examples of what can change someone's perception of where they give time back to their community.

As we wind down the year, and enter into the Q4, your 2019 Board of Directors is still hard at work. We are getting things done quicker and more efficiently than ever before. Your Board of Directors have been taking a much more proactive and progressive way of operating, and it has been very refreshing and satisfying to accomplish and create results for our members, based on recommendations from Chief Como. We are not waiting for things to break, or become late in their shelf life. We are getting ahead of initiatives, planning, and making things happen. We are not a well-oiled machine, but we are operating in such a way that results are happening rapidly for HCFAS, and I thank everyone for their hard work.

Our Chief has also been working around the clock on many different initiatives. I apologize for repeating myself, but our Chief is consistently doing amazing things for our members, and on behalf of the Board of Directors, and I will speak for the membership when I say, thank you! Your hard work is recognized and greatly appreciated. Chief Como and Operations are checking off boxes one by one. They are working on bringing “Operational IQ” which is an amazing piece of software, which will automate many of our processes and workflows. Chief Como has also brought a motion to the Board to switch our portable and ambulance radios. He recognized a deficiency in the field and tackled it. Our crews will now be able to go direct with Medcom on our portables, which will bring a tremendous value add while on scene, especially if Signal 10 is needed urgently. We will also be able to go direct with Hospital North. These labor-intensive tasks will bring huge

President's Report- Seth Fischer (cont'd)

value to our efficiency, and a special thanks to Jim Malillo for his help. There are a lot smiles and happiness around the building, and that starts from the environment that our leadership is creating. Thank you again Chief Como.

It pains me to say that we are still working with the Town of Huntington on the additional LOSAP dollar increase with an age decrease. This is moving very slowly, but we are doing our best to get some answers. Treasurer Canty, Secretary Franz, Tom Hogan, John Palmieri, and I are trying our best to make this a reality.

Let us finish the year as strong as possible. I cannot be more proud of everything HCFAS has become and stands for in 2019. We are literally “kicking ass” and continue to do amazing things for our organization, our community and ourselves.

Keep up the amazing work!

Seth

Chief's Report - Michael Como

Happy Fall everyone!

It's been a great year for HCFAS so far. Two of the greatest things we have in Emergency Medicine are cardiac arrest saves and childbirths. Recently, we have had both. The Saturday and Sunday Crews that had cardiac arrest saves on 7/13 and 7/14 received save awards at the recent REMSCO meeting. Congratulations to all involved. I am also very happy to report that a crew delivered a healthy baby boy on Saturday September 28th. Congratulations to Michael Barker, Laura Treulich, Tim Quigley, Hayley Schultz, Roxanne Cortes, Pam Brenner, Jeff Brenner, and Suzie Biagi.

As we cruise into the final quarter of 2019 I ask that you all continue to do your ambulance checkouts (BLS and ALS). After a rough start this year, we have been blessed with only positive interactions with the New York State Department of Health. Lets keep it up and finish the year strong.

The Fall Festival is almost upon us. Thank you to everyone that stepped up to help. There are still slots available, so please consider signing up. We have asked eight outside agencies to attend the standby. It goes without saying that it's important that we make a good showing ourselves. Meal vouchers will be provided to all that participate.

Thanks to the support of the Board of Directors, HCFAS is moving forward with an upgrade to our portable radios. For you radio buffs out there, we are getting the All-Band Motorola APX8000. With this portable radio, we will be able to communicate with HQ on the UHF band and communicate with MedCom on the 800Mhz trunking system. There will be a

Chief's Report - Michael Como (cont'd)

slight learning curve with the new radios. Chief Dispatcher Michael Barker will be helping with the training. If you have any questions (about the radios or anything else), do not hesitate to reach out to me.

Please remember that the Critical Incident Stress Management (CISM) team is a resource that is always available to you through County. At any time (24/7) you can let a Captain or Chief know if you would like the team activated and we will immediately set the process in motion.

Thank you for all that you do!

Respectfully submitted,

Michael Como, Chief

1st Deputy Chief – Elizabeth Wuestman

It's here, the moment we've all been waiting for.... Fourth quarter!! Hope everyone is enjoying their year as much as I am! The other day I was going through this "standby request spreadsheet," that Julia, Mike and I have been using to stay organized and WOW- you all did an amazing job this year covering standby requests from our community and surrounding departments. Soon we will be having pizza parties and snow standbys of our own!!

Saturday overnights have been a real challenge this year... every couple of years or even every couple of months, I feel like we go through this and then it improves significantly and then all of a sudden we are back to square 1. Saturday overnights can vary from CRAZY busy to the "Q" word week to week, however they definitely need skilled providers to help our new providers take on the town. There is always a variety of calls from trauma to medical to behavioral and the chiefs office is open to suggestions on how to make Saturday overnights more appealing. I know a few crews that take on the Saturday overnight together... for example Sunday 1900, Tuesday 0700 and a few others. There is sign up sheets posted in the ready room, let's help out company 7 and get those overnights covered!!

October Stand-bys needed:

Thursday, October 3rd- HFD Yaphank- 1730-2200

Sunday, October 6th- Wit Wit Walk- 0800-1100

Tuesday, October 8th- 5th grade track and field day@ WWHS- 1000-1200

Wednesday, October 9th- HMFD Yaphank- 1745-2200

Saturday, October 12th- Suffolk Track XC invitational @ sunken meadow state park- 1000-1300

Saturday, October 12th- Fall Festival- ALL DAY

Sunday, October 13th- Fall Festival- ALL DAY

1st Deputy Chief – Elizabeth Wuestman (cont'd)

Any one looking for additional hours, shifts, events or just want to help out please sign up in ready room or reach out to Julia Vodopia @ 631- 418- 4269.

As always I am hear if needed... reach out via text/email/phone. As the first deputy I deal with personnel issues, scheduling, LOAs, information changes in SCM, finger reader mismatches, laminated certifications, standbys, driver training, status changes... basically anything to do with your membership. I am a resource available to you 24/7 please don't be shy to reach out!

2nd Deputy Chief – Ryane Como

Training:

The October Review Training is the NYS BLS On-line Protocol update. Instructions on how to register have been posted under the October Review Training materials. **ALL PROVIDERS** (EMT-B, CC and P) are required to register and complete this training. Please submit a copy of your certificate in my mailbox or via email to receive credit. This must be completed by 2300 10/31/19.

In addition to the NYS online test, Suffolk REMAC will be releasing their own online and skills requirements. We await additional information from County regarding these requirements.

Please note that you MAY NOT utilize the new BLS protocols until our agency has completed all requirements. Our go-live date will be clearly communicated.

Any non-credentialed providers may still register and complete the on-line course to receive Review Training credit. Please remember in accordance with the SOPs all members (riding, admin, dispatch) must not be missing more than two trainings a year to remain in good standing.

Upcoming CMEs:

Saturday October 19th at 10:00 "Respiratory Problems" with Dr. Crupi. Please RSVP to CME@hcfas.org and park in the LIRR lot if attending.

ePCR / Billing:

I would like to thank everyone for their continued diligence in completing their PCRs timely and in obtaining all necessary information.

Please remember that an adequate PCR, at a minimum, includes two sets of vitals, a complete assessment and, a comprehensive narrative. The September Review Training was on ePCR and included details on each of these sections.

Thank you all for everything that you do. If anyone feels that they need additional training on ePCR or any other topic, please contact me.

3rd Deputy Chief – David Kaufman

Hello members,

It has been a busy month. 21 has returned to us in much better condition than it left us. The loaner ambulance has now been returned. The new 18 is now in service after an unremarkable state inspection and a few finishing touches.

We had several minor accidents in September, but nothing too serious. Some damage has been repaired, and some repairs are planned.

Please keep in mind that there are chairpersons of all our committees, and they spend countless extra hours making sure HCFAS operates without incident. If you use a committee's equipment from any of the locked closets, please make sure you return it to where you found it. Thank you to Phil Schmidt, Alyssa Axelrod, Kristen Tiersch, Mike Como, and Lorrie Stone for chairing some of these committees and subcommittees.

Thank you so much to everyone who comes in for their shifts and does so much extra. Some people this month who helped out extra were Bob Biersack and Stephen Benjamin who picked up 16 and stocked our 21. Mike Capotosto installed the Oxygen holders on the stretchers.

The fall festival is coming up and I hope to see everyone there.

Have a spo00oOkky Halloween

Calendar of Events

Check out these upcoming special events. Show your HCFAS pride by participating in events and supporting our organization and your fellow Members!

BOD Meeting	October 10
Officers Meeting	October 10
GMM	October 14



*Show your HCFAS pride!
We need your
participation at
meetings, parades, and
other events. It's a
great way to meet your
fellow Members!*

Chief Dispatcher - Michael Barker

Dispatch Training: Giorgia Iannetti #1561 (Mon 1500), William Burton #1562 (Sun 2300) and William Villatoro #1566 (Wed 1100) passed their dispatch tests.

There are currently seven Dispatch Trainees who all joined since July 10. The average dispatch training completion time for members who joined in 2019 is 53 days.

If you have not dispatched in a while and suddenly find yourself in front of the console, here is a checklist to make sure you are ready to dispatch calls:

1. Make sure the CAD is set to "HCFAS OPS 1" and the background is green. If not, click the small "radios" tab at the bottom of the screen and switch back to OPS 1.
2. Have an Alarm Worksheet pad and a pen available. And some scrap paper. Sure, most calls come in on the phone, on the computer, and on paper, but you must be prepared to write down the information if the phone call is all you get.
3. Remember, the dispatch office belongs to the dispatcher. If crew members choose to lounge in dispatch, you have every right to clear the office and close the door. Do not let yourself get distracted by personnel who have lots of other rooms to relax.
4. Before settling in, take a quick tour of the ready room to confirm your resources. Identify your first and second BLS crews, the availability of a Medic, and whatever other ALS and BLS personnel may be in attendance. Ask how long they may be available.
5. Do a lap around the truck room to make sure the equipment advertised on the white board matches what is actually in the garage, and that they are not OOS. Make sure none of the doors are propped open, particularly if you are starting the overnight.
6. Orient yourself on the four biggest dispatcher errors:
 - A. Add "Rescue" next to the name of any crewmember who answers a signal 3
 - B. If a Medic or CC is dispatched to any call, add "P" or "CC" next to the rig icon.
 - C. If the ambulance does not transport: cancelled, unfounded, RMA, or signal 50.
 - D. If the Medic goes to the hospital, add "ALS Run Call" to the CAD.
7. Relax. You are going to have so much fun, you might consider joining a second shift as a dispatcher- perhaps an overnight?

Thank you for everything that you do. michael

Company 1 – Captain Bill Connolly

SUNDAY

I would like to mention a cardiac arrest save by the 11:00-15:00 shift. On July 14, 2019 Jim Barkocy and Eileen Burns were dispatched to a 31-D -3. In route, the call was changed to an Echo by Medcom. On scene, SCPD had CPR in process when the crews arrived. Included were members Michael Como, Ryane Como, David Kaufmann, Alex Mullen, Kathy Hayes, Jaclyn Rittershaus, Michael Capatoso, and myself. These members were recognized Tuesday September 10, 2019 at the REMSCO meeting in Yaphank. The Patient is recovering and doing well! On Sunday September 8, the members of Company 1 responded to 3 cardiac arrest in than three hours. Worthy of special attention are Medic Alex Mullin, Eileen Burns and Jim Barckocy.

The 07:00 needs a Dispatcher, the 23:00 is desperately in need of a second due crew.

Company 2 – Captain Kelly Murphy

MONDAY

I am shocked sometimes how fast a year can go. We are now entering quarter 4 and 2020 is just a few months away.

With everything we all see on calls and things we face in our own personal lives I feel right now is a good time to reflect on ourselves. 2020 should be a new beginning for everyone. Let's all make extra effort to treat all people with respect as we never know what someone can be going through. I am personally always here if you need anything. I look forward to 01/01/2020 new beginnings and many blessings for the future.

Thank you Co2, so many Co8 and the awesome members that grab those calls when 2-15-0 is paging out. Monday still holding only two 24's and that my friends is fantastic !!! Congratulations to Giorgia Iannetti #1561 for passing her dispatch test and moving forward to OBS.

HELP ALWAYS NEEDED
0700 2 FA - 1 CL - 1 ALS
1100 FULL CREW DR-CL-FA-ALS
1500 FULL CREW DR-CL-FA-ALS
1900 ALS
2300 FULL CREW DR-CL-FA-ALS

Please everyone stay on top of your hours and trainings, keep your eye on your expectation dates on all certifications and always carry them with you.

Happy Autumn
God bless
Monday Captain

Company 3 – Captain Elizabeth Mohr

TUESDAY

Welcome to Fall! Thank you to everyone who has been coming down on Tuesday's to help out! A crewleader or dispatcher is needed on the Tuesday 1100, if anyone is available please let me know.

Please sign up to help out with the fall festival! It is a great way to make up hours for the previous quarter. Also, Tuesday's has Christmas Eve and New Year's Eve, If anyone is available to help out during those days please let me know. Food will be served!

Liz

Company 4 – Captain Katie Donegan

WEDNESDAY

Many thanks to everyone on Wednesdays and those who have found a temporary home with us- you know who you are- you all have made this year great for me!

Wednesday is still in need of an overnight dispatcher if anyone has available time let me know! We could also use a full second due crew on the 1100 and a second due driver on the 1500.

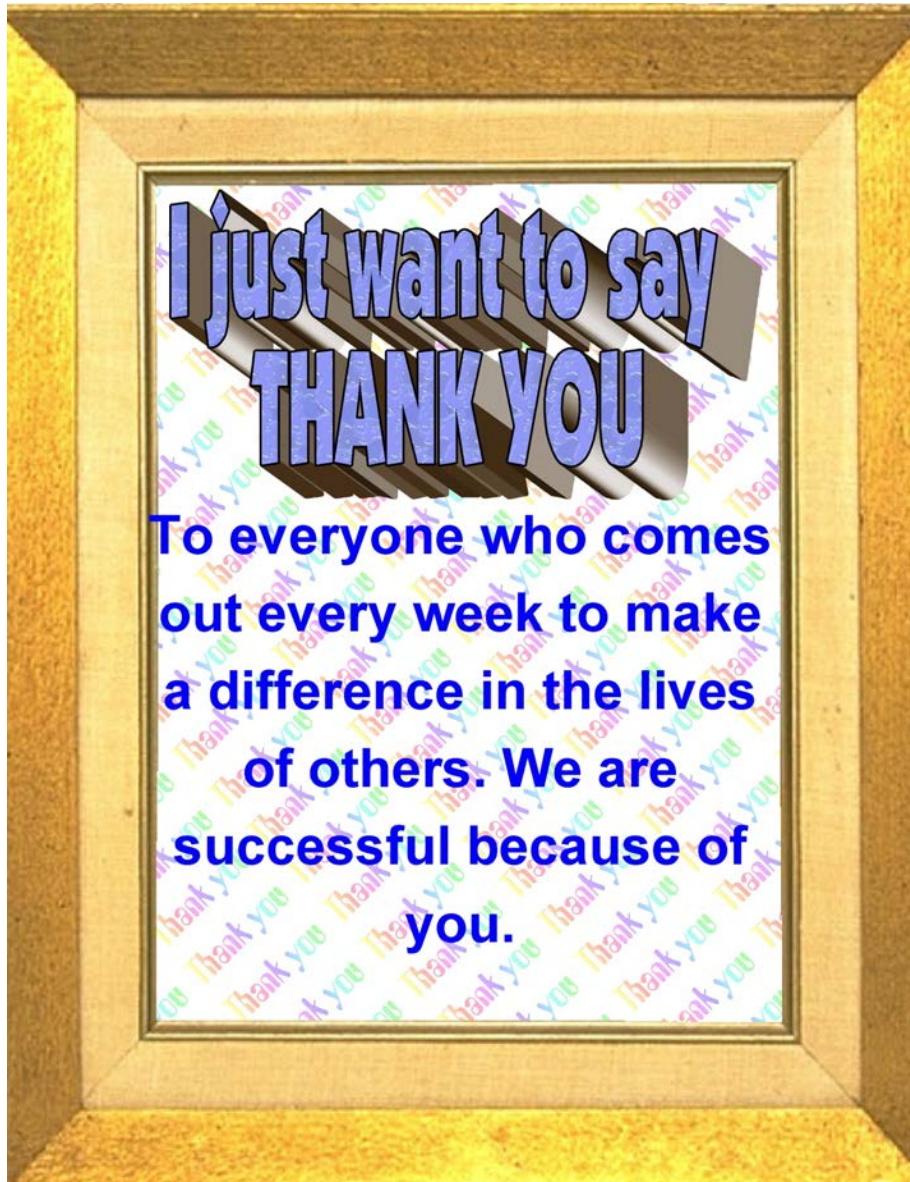
The year is starting to wind down but the holiday season is fast approaching and Christmas Day and New Years Day both fall on Wednesdays! If you know you will be available to help out- let me know as soon as you can so I can begin to put together a schedule.

Have a wonderful month and a happy start to the fall season!

Katie

Company 5 – Captain John Mancino

THURSDAY



Company 6 – Captain Kathy Castillo

FRIDAY

Happy fall!!! We've had quite a year so far, and I am so thankful for all of you that come in and helped Fridays run so smoothly. I am in desperate need of 2nd due drivers on the 0700 and 1100 every week. Please let me know if you can help out.

Thank you all for your hard work and dedication!

Company 7 – Andrew Taylor

SATURDAY

No Report.

Notes from Board Secretary Bob Franz

LOSAP 2019 Points – Bob Franz

The 2019 LOSAP Point listing posted on the bulletin board is being updated periodically. It is requested that each member review their points and report in writing any discrepancies to the LOSAP point committee. All review trainings must be completed & submitted by December 31, 2019 to be eligible for LOSAP points for 2019.

It is recommended that each member have more than 50 points at December 31, 2019 so that any subsequent correction of posting errors (such as, activity posted to the wrong member account, duplicate activity posting etc.) will not cause the member to have less than 50 points and therefore not qualify for a year of service credit for 2019.

Proposed SOP Changes – Bob Franz, Secretary

The following Proposed SOP Changes were read at the August General Membership Meeting and the Board of Directors acted upon them at their September 5th meeting as follows. The SOPs have been updated.

Proposed SOP 01-2019 To update the Purchasing Policy to add the EMT-CC to EMT-P Bridge program was tabled.

Propose SOP 06-2019 To create a response matrix to reduce the number of ALS to BLS hand-offs; maximize our EPCR practices through proper charting; increase the participation of our volunteers; reduce the number of multi-vehicle responses, thereby increasing safety awareness, all while not jeopardizing patient care or our contract with the Town of Huntington was amended and approved.

Proposed SOP 07-2019 To add the securing of vehicles while at the hospital to the Drivers responsibilities and update procedures was amended and approved.

Proposed SOP 08-2019 To add the length of service awards gift program to the SOP's was amended and approved.

Proposed SOP Change- Dave Mohr

Proposed SOP Change 09-2019

Proposal:
Remove D from EMT-D

Background/Justification:
Grammatical update.

Change (additions are underlined and deletions are ~~stricken~~):

Article V, Section 2 - EMT-~~D~~:

1. EMT-~~D~~'s are responsible for checking out their equipment at the beginning of their duty tour and notifying the proper personnel of any problems.
2. EMT-~~D~~'s are responsible for patient care when they are the highest medical authority at the scene; however, the Crewleader shall remain in charge of the total scene.
3. EMT-~~D~~'s are responsible for the safe handling of equipment on an emergency run and the proper replacement of equipment back at Headquarters.
4. EMT-~~D~~'s are responsible for training their crews ~~with the EMT-D and related equipment.~~
5. EMT-~~D~~'s are responsible for all supplemental paperwork, as required.

HOCPR- Chair Kathy Castillo

I'm looking to put together a HOCPR demo for the fall festival. Please let me know if you can help out. If you are interested in joining this wonderful committee, please reach out to Kelly Murphy or me.

Thank you.
Kathy

HUNTINGTON COMMUNITY FIRST AID SQUAD

**ANNUAL PHYSICAL/FLU SHOT
AVAILABLE TO ALL MEMBERS**

**OCTOBER GENERAL
MEMBERSHIP MEETING**
Monday, October 14, 2019,
between 6:30PM and 8:00 PM

And will perform member's physicals on:

**Monday, October 28, 2019
between 7PM and 8:30 PM**

and

**Sunday, November 10, 2019
between 8:30 AM and 11am.**

New York State
Department of Health's
guidelines recommend
that all EMS providers
have an annual
physical.

In order to address
these
recommendations,
Savasta Medical
Services will be
performing physicals at
Headquarters. Savasta
Medical is comprised of
a team of experienced
board-certified Internal,
Emergency and
Occupational Medicine
Physicians who
specialize in performing
E.M.S., Fire Service
Medical and "fit-for-duty
medical exams" for Fire
Department and EMS
agencies throughout
Long Island.

The scope of the physical will include:

- *Medical history and occupational exposure history,*
- *Height and weight,*
- *Color Vision Testing,*
- *Blood Testing for CBC with differential, electrolytes, renal function, hepatic profile, lipid profile and PSA for gentlemen over 40 years of age,*
- *12-lead EKG*
- *Audiometry*
- *Physical examination*
- ***N-95 Fit Testing (MANDATORY for all Health Care Providers) and PPD***
- *A review of all results by a physician, with recommendations and referrals as needed.*

**ALL MEMBERS ARE URGED TO PARTICIPATE IN
THIS PROGRAM.**

**Please indicate the time and date that is most convenient for
you by completing the "sign up" sheet at the Squad.**

CPR Card Info- Michael Jacoby

Anyone needing BLS CPR or Heartsaver CPR First Aid, send an e-mail with the information below. If advance notice is not received, having an expired certification could affect you EMT, CC and Paramedic re-certification. Courses are scheduled on an as needed basis. Advance notice of 2 months is requested!!

If you have any questions, please e-mail to the address below:

Course Title: BLS CPR-AED or Heartsaver-First Aid CPR AED (*only for members who joined before 2016*)

Location 2 Railroad Street Huntington Station New York, 11746

To request inclusion in a **BLS CPR Course** or **Heartsaver-First Aid CPR AED** course- send one e-mail registration per person with the following Information **completed in full** to register:

Name:

e-mail:

contact #:

Designate: FA, EMT, CC, Paramedic, Explorer or New HCFAS Applicant

***NOTE REQUESTED COURSE:** *BLS CPR or Heartsaver First Aid CPR**

Shield # *if applicable)*

E-MAIL INFORMATION TO:

cpr@hcfas.org

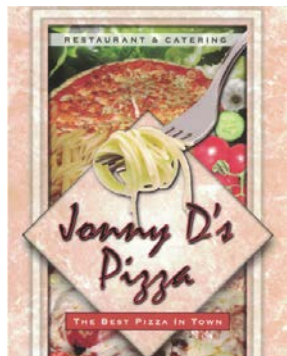
***There is an option to take the classroom component on-line (**cost involved**)**

Proficiency in skills will be necessary and signed off by a **BLS CPR Instructor** before an AHA Certification is issued.

- Please send an e-mail to the address above if interested in taking the on-line course, we will need to discuss!
- After submission, registrants will be advised when a class is scheduled.
- **For CPR Re-Certification, please request a course at least 2 months prior to certification expiration and note expiration date**

HCFAS Discounts- Dave Mohr

There are many places that offer discounts to Squad members. Even if you don't know if they do or don't, it can hurt to ask. I have had times when I have asked and the answer was 'we don't, but hold on' and they would go and talk to a manager/owner and in the end a discount was given. We have accumulated just some of the places in Huntington that offer a discount to Squad members. **If you know of a place that offers a discount to Squad members, put a note in Director David Mohr's mailbox or email me at davidmohr@yahoo.com.**



Jonny D's Pizza

946 New York Avenue

631-385-4444

15% Discount

Show Squad
Membership Card



15% Discount

Show Squad Membership Card



**15%
Discount**

Show Squad
Membership Card



10% Discount

Show Squad Membership Card



Flowerdale by Patty

"Elegance with a personal touch"

1933 New York Avenue

10% Discount

Show Squad Membership Card

HCFAS Public Relations- Andrea Golinsky

HUNTINGTON COMMUNITY FIRST AID SQUAD RECOGNIZED FOR TWO CPR SAVES

At the September meeting of the Suffolk Regional Emergency Medical Service Council (SUFFOLK REMSCO), two crews of the Huntington Community First Aid Squad (HCFAS) were recognized for saving the lives of two Huntington residents when they suffered sudden cardiac arrest. The first call came in on Saturday, July 13, 2019 for a 63 year old male who was reported to be pulseless and not breathing. Prior to the ambulance's arrival CPR and advanced life support intervention was initiated by SCPD Officer Garside. Patient was transferred to the ambulance and CPR was continued enroute to Huntington Hospital. Minutes after arriving at the ER the patient's heart started beating on its own, he left the hospital neurologically intact. The gentleman, Kris Kajander, was at the ceremony and was happy to see the police officer and the crew who saved his life receive a certificate and a Life Saver pin. He praised the members of HCFAS and SCPD for giving him second chance at life.



The second incident occurred the next day, July 14th, 2019. HCFAS received a call for a 71 year old male who suffered a cardiac arrest witnessed by neighbors. Upon arrival CPR was initiated and a heart monitor was placed on him. The EKG revealed ventricular fibrillation which is considered to be the most serious cardiac disturbance. A shock was administered and CPR continued. While still on the scene return of spontaneous circulation (ROSC), meaning his heart started beating again on its own, was achieved. An EKG revealed normal sinus rhythm. The patient was monitored while being transport to the ER at Huntington Hospital. He too was able to be discharged from the hospital neurologically intact.



Crime Scene Preservation



On September 19th Officer Thomas Barry and Sergeant Andrew San Germano came to talk about how EMS providers should preserve the crime scene whenever possible. However, the number one rule is "Life is more important than evidence".

Consider the following points when arriving on any scene, particularly a potential crime scene, especially if you are the first to arrive:

- *Keep in touch with base and let them know your exact location. For example, "We are in the basement at the rear of the building".*
- *Look down and try to avoid stepping in evidence (blood, bullet casings).*
- *If something is moved, don't put it back. Tell a police officer who will document it.*
- *Always wear gloves when entering a potential crime scene. Take your used gloves with you.*
- *If you move a body, let PD know; don't move it back.*
- *If death is obvious, do not alter the scene. Do not cut a hanging victim down or disturb the ligature.*
- *Do not cut clothing through a stab wound or bullet hole. Preserve clothing in paper bags (not plastic).*
- *Sexual assault: Our two SANE centers are Stony Brook and Good Samaritan Hospitals. If a patient needs to go to the closest hospital for medical reasons, take them there and request that a SANE nurse meet them.*
- *Motor vehicle crashes: Park at a safe distance from the victims and do not cover the crime scene with vehicles and speed dry. The point of impact may be 200 feet from the resting place of the victim.*



Thank you to John Mancino for setting up this meeting. We look forward to more collaboration on this subject in the future.

9/11 Additional Members Who Served

Everybody has a story of where they were on 9/11. These additional members should be recognized for their efforts on 9/11, as those who were on site.



Ex Chief Robert Scarabino
NCPD



Carl Schramm
FDNY



Tony Cruz
NYPD



Allison Russo
FDNY EMS



Patty Tufo
NYPD

Good and Welfare September 2019



It is with deep regret that the Operational Officers and Board of Directors announce the passing of Martin Gerard Kennedy, father of HCFAS member Bridget Kennedy (1544). Please keep Bridget and her family in your thoughts.



It is with deep regret that the Operational Officers and Board of Directors announce the passing of Betty Kutny, mother of HCFAS member Donna Gurtowski (1168). Please keep Donna and her family in your thoughts.



Thoughts and prayers are with Treasurer Brian Canty and his family on the passing of his mother Mary Canty



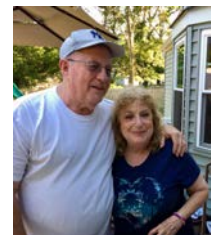
Richie Cortes who was briefly hospitalized ,Richie is doing very well now.

Get well wishes for Allison Russo who was briefly hospitalized but she is doing well now.



Get well wishes are extended to Phil Orlando who had shoulder surgery for an injury sustained on a call. Email, texts and calls are welcome.

Get well wishes are extended to Rich Stone who had cataract surgery but is doing very well. He will be seeing us soon.

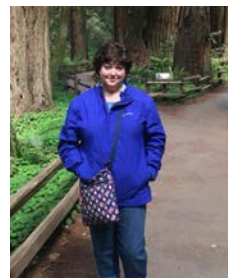


Get well wishes to Evelyn Cruise who was briefly hospitalized from a fall but is recovering. Looking forward to returning to duty.



Get well wishes are extended to Andrea Golinsky who was injured while at HCFAS from a fall. She is recovering, phone calls, emails are invited.

Sheryl roach had surgery and is recovering. Looking to return to duty



Congratulations



Congratulations to Joe Savaglio on the birth of his first grandchild Benjamin Alexander Guzman who was born on August 20, 2019, weighing in at 7lbs. 4ozs.



LONGEVITY AWARDS FOR SEPTEMBER 2019

20 YEARS OF SERVICE

DOMINIC HEAVEY



25 YEARS OF SERVICE

ERIC AUTZ



30 YEARS OF SERVICE

PHIL ORLANDO



3 ON A 16 RAFFLE WINNER

TOM O'LEARY



BASICS – October 2019
2019 Protocol Update
By Mark W. Brenner

It's finally here: the 2019 NYS EMT Protocol Update has been released by NYS. Every provider is NYS must complete this on-line update by 12/31/19 or else they will not be able to provide care at their level of certification. Start by navigating to the following webpage: www.VitalSignsAcademy.com

Now here's the tricky part. In order to use these new protocols, you must complete the NYS BLS Protocol Update, the Suffolk REMAC approved education and skills verification, and our agency (HCFAS) makes the decision to start utilizing the new protocols. Once our agency has decided to go "live" with the new protocols, any provider who has not completed ALL the trainings cannot practice until such time as they complete the trainings.

As for the NYS part, I have just completed it. It took me several times to create an account. But once I did, the process went smoothly. The course takes about 1.5 hours to complete. It is broken into 6 modules. You do not have to do it all in one sitting. Each module has several review questions built into it. You cannot simply press play. You must answer the question(s) before the video advances. At the end of each module is a module quiz. If you did well with the questions built into the module, you will have no problem with the 5 questions in each Module Quiz (except for Module 5 – Pediatrics: review your pediatric protocols before taking the Module 5 Quiz).

Please do the update on a computer as you will have to print the certificate of completion to give to the Officers. Make a copy for yourself.

The video presentation is good. The narrators do a good job. And the review questions pertain to the material where there have been significant changes. But I encourage all providers to read the protocols first. The format is new and user-friendly. They have some very useful "key considerations" and Medical Control Options. The protocol revisions provide this editor with enough material for a year's worth of BASICS columns for 2020. I will work to keep all of us mindful of the changes throughout next year. In the meantime, please take the on-line training as soon as possible and provide a copy of your certificate of completion as our Officers require. Then watch for information on the Suffolk REMAC education and skills verification classes.

Thank you for maintaining your certification. And BLS providers, there will be a BLS Core CME at Cold Spring Harbor Fire Department on Tuesday, October 15 from 7-10 pm taught by Mark Brenner. The topics are Pharmacology, Emergency Medications, Cardiology, Shock and Resuscitation. You must register through Suffolk County EMS in advance. Another will be given on Tuesday, December 17, also at Cold Spring Harbor from 7-10 pm. The Core 5 topics include toxicology, immunology, endocrine and psychiatric emergencies. To register, call Suffolk County EMS.

October 2019

HCFAS Birthdays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Mary Sisinni	2 Lenise Booth	3 Eric Kramer	4	5
6	7 Lehti Laas & Suzette Crespo	8 Joanne Vogel	9 Jim Lupo	10	11 Joe Nappi & Chris Vultaggio	12 Heidie Magerle
13	14	15	16	17	18	19 Hank Waldron
20 Bobby Loysch	21	22 Roger Winter & Fiona Witowski	23 Jayne Ericksen	24 Christian Lenio	25	26
27	28	29	30 Kathy Hayes	31		

October Length of Service Awards to be presented at October GMM

15 Years- James Ingwersen #1114
 Frank Guariglia #1115
 Karen Martin #1118
 10 Years- Kathy Castillo #1276
 5 Years- Christian Lenio #1437

Thank you for your service!