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The Pulse

June, 2008

Volume 41 • Issue 6



Volunteers since 1967

The “Heartbeat” of the Huntington Community First Aid Squad

PRESIDENTS REPORT

Reeve Conover

Superdelegates Why your vote doesn't matter And What you can do about it

Much noise is being made about the use by the Democratic Party of super-delegates – and how they make the vote of the masses meaningless. I am not writing today to comment on this issue.

Rather, I wish to bring to the front of your mind an election issue much closer to home – here at HCFAS. Several months ago we had a bylaw change come to the floor of the General Membership Meeting for vote. The motion got a majority of votes (43-42) but failed to achieve the 2/3 majority of the voting membership required for passing – and that is as it should be. Bylaws, the very skeleton upon which our organization is built, should require more than a simple majority. My problem is that, out of about 220 eligible members, the future of the organization was decided by less than 40% of our members.

This past Monday, at the GMM, we voted to fill a Captains position that was vacated. Again, about the same percentage of membership was present, and Saturdays future for the rest of this year was decided by less than a majority of the organization.

If you are unable to attend the meeting because of work schedule, family life, or other obligations, your vote simply doesn't count!

*I am submitting a Bylaws change to rectify this problem and make sure that every vote counts. It doesn't matter what side you take on any issue – your vote simply should matter. I urge you to support the Bylaws change when it comes to a vote – **which, of course, means you will have to come to the meeting!***

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CHIEF'S REPORT

Mary Conover

The summer months are upon us and I am looking forward to the warmer months ahead (Guess I better get used to it). I hope everyone will be enjoying your new HCFAS Coolers and Beach chairs. If you didn't receive your EMS week gift, please see any officer.

The warm weather brings us many outdoor events such as standbys, parades and graduations. Please see the sign up sheet that Chair Donna Smith has posted.

Congratulations to all our members and our member's families who have graduated HS and College. And let's not forget all our new EMT's. Way to go!! Just a reminder, if you are planning a vacation, please find a replacement and notify your Day Captain as soon as possible.

Congratulations to the new Saturday Day Captain Matt Cappola. I'm sure he will continue to be an asset to our organization and I look forward to working with him.

At the May Huntington's Chiefs Council meeting HCFAS took "ALL FOUR" scholarships awards. Congratulations to Post 215 Member Tiffany White, Amanda Signorelli (granddaughter of Sal and Norma), Kyle Conlon (my nephew) and Tom O'Leary's son. I'm hoping that this scholarship will help in the purchase of some books, or needed supplies as they enter college life.

Remember the website is up and running. If you need to reserve a room or sign up for a shift please feel free to use the website for these activities.

There seems to be some events lately that are not being reported to the officers. If you have an accident in a vehicle, or damaged squad property, PLEASE see an officer immediately so we can file the appropriate insurance paperwork. We are not here to "get you in trouble" we are here to make sure all the equipment is in working order so that we may continue to respond to calls without delay. Also please remember to clean up after yourselves. I know we are extremely busy running calls, but when you return to the building and before you leave, please pick up the empty cups, run the dishwasher, maybe even throw a load of laundry in. I see the same people picking up after others. I think there are a few members that believe they have a mother running around after them picking up. Be proud of the building that we have been provided and try to keep it in the best condition that we possible can.

Happy Fathers Day to all!

SECOND DEPUTY
Cindy Cairl

Thank you to everyone who participated in the April mini-MCI drill, and thank you to ex-2nd Deputy Chief Chris Winter for giving a demonstration on our new ALS/BLS simulator ("Frank"). There will be three more MCI drills this year - all active crewleaders will be required to attend at least one of them.

ALS Providers - just a reminder that you must attend a Protocol Update prior to July 1 in order to maintain your ALS status in Suffolk County. HCFAS is hosting an Update class on June 4 - please call the County to register if you plan on attending this class.

In the near future, we will be holding another "ALS for the BLS Provider" class. As soon as I have an exact date, notification will be posted.

Congratulations to our newest EMT's! Please remember to give copies of your EMT card to your Captain and to the First Deputy Chief.

Crew of the Month - April



RECORDS RETENTION COMMITTEE HELP NEEDED.

If interested contact Board Liaison Lehti Laas @ llaas@hotmail.com

SUNDAY CAPTAIN

Eileen Burns

I'd like to thank everyone for their get well wishes and holding down the fort while I was in the hospital last month. Heidie and Jim jumped right in with the roster & LOSAP and all the crews did what they needed to do, which I never have to worry about. Captain Stone went right to work in adding my load of paperwork to hers with out ever giving it a thought!! I am always grateful and appreciative of every ones help, again, thank you !! I promise to get everyone their EMS gifts and beach stickers as I catch up with everything so please bare with me, o.k.?

A few congratulations are in order, first to our new Saturday Day Captain, Matt Cappola and for graduating with a B.A. in Criminal Justice. Next up are Maria Uliano and Joe Seyfried who both graduated from the University of Stony Brook, both with a B.A. in Biology and Maria also holding a minor in English.

Now the hard road begins for medical school, just ask Ozlem Bilgen who by the way was back for a few weeks while getting a much deserved and needed break. She did great in completing her first semester and just headed back for her next one. We will see her again in August. We were all thrilled to see her home & riding with us, although we're still not too sure who was more excited her or her crews !!! She loved being back on the ambulance and was amazed at the transformation of the dispatch office and the CAD System, and with out hesitation, admitted to being grateful that she was riding and not getting a quick (disp.) lesson and going on the air!! While she was here she also got to meet her newest crew member, Melissa Rubino, who by the way is doing a great job with her training. It won't be too long before she is ready for her test either. On the other side of the fence Michelle Agoglia of the 2300 shift has resigned due to relocating and we wish her good luck.

I hope that by now all of our new EMT's have received their cards, if not, I suggest that you might become a bit more friendly with your mail carrier.

I'd like to give Kathi Bonessi a huge thank you for the work that she does chairing the Good and Welfare Committee. Although we are neighbors, she always takes the time to give a call to see if I am up to receiving a gift or perhaps need a little more time as to enjoy it. To me that shows that she doesn't do it "as a job", but does it because she cares about the member. Well I gave her the o.k. and the next day I received a fruit and candy basket that I could hardly carry. It had more things in it then you could ever think of. I would just like to say thank you very, very much for a job that has always been well done (by everyone). On that note, wouldn't it be nice if I didn't have to have this in any more articles for the rest of this year!

One last note, Patti I'd just like to say that you have been doing a great job and just keep it up.

WEDNESDAY CAPTAIN
Dominic Heavey

JUNE 2008

Wednesday Report from Cap. Dominic C. Heavey

As I look at the calendar for 2008, summer begins on 20th June Hopeful we can get a chance to use those Chairs and Coolers that we got for E.M.S. Week. Everyone got your Beach Stickers, if not see the Chief's. Father Day is on 15th June HAPPY Father Day to all.

***Happy Father's Day
Any man can be a Father,
but it takes a special person
to be called Dad.***

The idea for creating a day for children to honor their fathers began in Spokane, Washington. A woman by the name of Sonora Smart Dodd thought of the idea for Father's Day while listening to a Mother's Day sermon in 1909.

Having been raised by her father, William Jackson Smart, after her mother died, Sonora wanted her father to know how special he was to her. It was her father that made all the parental sacrifices and was, in the eyes of his daughter, a courageous, selfless, and loving man. Sonora's father was born in June, so she chose to hold the first Father's Day celebration in Spokane, Washington on the 19th of June, 1910.

In 1926, a National Father's Day Committee was formed in New York City. Father's Day was recognized by a Joint Resolution of Congress in 1956. In 1972, President Richard Nixon established a permanent national observance of Father's Day to be held on the third Sunday of June. So Father's Day was born in memory and gratitude by a daughter who thought that her father and all good fathers should be honored with a special day just like we honor our mothers on Mother's Day.

I would like to thank all those who helped out in May. Those on the Crew's and those that done all those back ups. With out your help we would have being in trouble.

Thanks to the 2nd Dep. Cindy for a great Drill. I think everyone had a good day.

Thanks to Chris W. for showing us the new manikin great job Chris.

Well done to Matt C. the New Saturday Captain. Look forward to working with you.

E.M.S. GEAR:

If you have any questions on EMS Gear please e-mails me at dheavey@hunterambulance.com (ref EMS Gear). Everyone should be wearing the Boots. Don't forget that the lining can be taken out of the Jackets during the summer. If you should get Blood on them please notify me right away and DO NOT place the gear in a RED BAG. Hang it up in the truck room and place a note on it so other member knows. Do NOT leave your gear lying around, keep them in the bag and place them on the Ambulance that you are assigned.

*Thanks To All
Cap. Dominic C. Heavey*



New Member

Christopher Evers
HCFAS Member #1216
Thursday 2300-0700

- Resides in Huntington
- Graduated from Huntington High School
- Graduated from Aldephi University with a degree in Business
- Employed as a financial advisor for Mass Mutual
- Interested in becoming an A/EMT

Welcome!



New Member

Rocio Aldana
HCFAS Member #1218
Friday 0700-1100

- Resides in Huntington Station
- Graduated from Walt Whitman High School
- Attended Wilson Tech and received her certification as a nurse's aide
- Currently attending Suffolk County College
- Employed as a Nurse's Aide at Huntington Hospital
- Joined HCFAS with a desire to help people
- Her ambition is to become a nurse practitioner

Welcome!

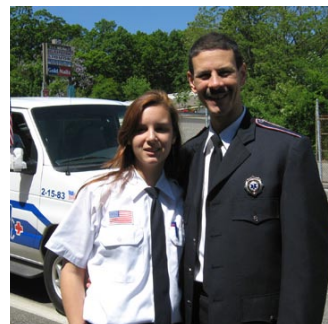
MENU FOR JUNE MEMBERSHIP MEETING

Subway sandwiches - Meat and Vegetable (with or without cheese)

Salads - Potato, Macaroni and Cole Slaw

Cookie Platters and Fresh Fruit

Memorial Day Parade 2008



Life Lessons - Happy Father's Day!

*You may have thought I didn't see,
Or that I hadn't heard,
Life lessons that you taught to me,
But I got every word.*

*Perhaps you thought I missed it all,
And that we'd grow apart,
But Dad, I picked up everything,
It's written on my heart.*

*Without you, Dad, I wouldn't be
The person I am today;
You built a strong foundation
No one can take away.*

*I've grown up with your values,
And I'm very glad I did;
So here's to you, dear father,
From your forever grateful kid.*

- By Joanna Fuchs

YMCA Carnival



LOSAP – Director Franz

The 2007 LOSAP Records Listing was approved by the Town of Huntington Town Board on May 6, 2008. In compliance with General Municipal Law, this listing was posted on the bulletin board on May 12, 2008 for a mandatory 30 day period. It is requested that each member review the information next to their name and report any changes in writing to the President. Each reported change must be clearly identified and explained. Please also verify that your legal name is properly indicated.

Suffolk REMSCO Survey Reminder - Bob Franz

The Suffolk REMSCO response committee has a survey form on the REMSCO website (suffolkremSCO.com) for all EMS individual providers so that they can share their thoughts and ideas on improving the EMS system and patient care. It would be appreciated if you could take the time to complete the survey which will be tabulated by the response committee over the summer.

NYS HESC Volunteer Recruitment Service Scholarship – Bob Franz

A squad member nominee may be chosen for the NYS Higher Education Services Corp Volunteer Recruitment Service Scholarship (covers up to 4 years) before the deadline date of August 1, 2008. Please see a copy of the Squad's selection policy on the bulletin board to determine your eligibility and visit their website www.hesc.org. If eligible, please contact Chief Mary Conover.

***A mass was dedicated to the members of HCFAS at St. Hugh's Church.
Afterwards the members posed for a pic with Msgr. Jim McDonald.***





BASICS - June 2008

Burns

By Mark Brenner



The weather is warming-up, and with it, we seem to have more patients with soft tissue injuries. Burns constitute one form of soft tissue injury. So, try these questions.

1. You are activated for an adult male with burns. What types of burns might this patient be experiencing?

- a. Chemical
- b. Thermal
- c. Electrical
- d. Any of the above

2. You are activated for a man with chemical burns from being sprayed with insecticide. The most important consideration is:

- a. Donning nitrile gloves enroute
- b. Donning full EMS gear before responding
- c. Having your crew bring their EMS gear on the call.
- d. Having your N-95 mask within reach

3. You are dispatched to a call for a man with chemical burns from an industrial accident. You are advised that the fire department is also enroute. Upon arrival, you should:

- a. Enter the industrial facility in full EMS gear to locate the patient
- b. Wait in the hot zone as the fire department decontaminates the patient
- c. Wait in the safe zone while the fire department decontaminates the patient.

4. Your patient was burned by a chemical. After decontamination by the fire department, you should:

- a. Load the patient in the ambulance and transport
- b. If possible, continue to flush the site of the burn for 10 minutes
- c. Continue to flush the site of the burn for 20 minutes before transporting
- d. If possible, continue to flush the site of the burn during transport for up to 20 minutes.

5. If your patient has received a chemical burn and is contaminated with a dry powder, after receiving the patient in the safe zone, you should:

- a. Brush any remaining chemical off of the patient
- b. Flush any remaining chemical off of the patient with.
- c. A then b

6. Your patient has suffered electrical burns from coming in contact with the energized end of the extension cord he severed while cutting the hedges. According to the NYS BLS Protocols, your first action would be to:

- a. Perform an initial assessment
- b. Place the patient in a position of comfort
- c. Assure that the scene is safe
- d. Cover the burns with a dry sterile dressing

Basics - Burns Cont'd

7. You respond to a male 12 year old, burned while playing with a candle and lighter fluid.

After assuring that the scene is safe, your next action would be:

- a. To extinguish burning clothing and stop the burning process
- b. Perform an initial assessment
- c. Assure that the patient's airway is open, and that breathing and circulation are adequate
- d. Place the patient in a position of comfort

8. What would you use to determine the extent of the burn on a patient's body surface area?

- a. BraseLOW tape
- b. Rule of Nines
- c. Rule of Thumb

9. You respond to an adult male with burns to the front of his chest and abdomen from his shirt being ignited by a barbeque. The fire has been extinguished and the burned shirt has been removed. The patient has a patent airway and has adequate breathing and circulation. He has been placed on oxygen. You would care for his first and second degree burns by:

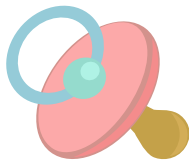
- a. Applying moistened sterile dressings to the burned areas
- b. Applying dry sterile dressings to the burned areas.

ANSWERS: 1d, 2b, 3c, 4d, 5c, 6c, 7c, 8b, 9b (reference Protocol T-4 Page1)

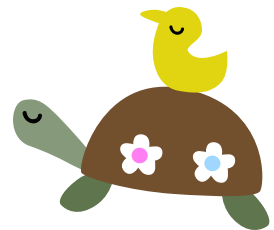
Good & Welfare

Get well wishes are going out to Eileen Burns who was recently patient at Huntington Hospital. We hope you are feeling better soon.

Richard & Lorrie Stone have a new granddaughter & niece to Jonathan & Casey Stone.



*Lily Shayna Stone
Born May 14, 2008
6 lbs, 9 oz., 18 in.
to son Michael & Amanda Stone*





HCFAS Annual Picnic

Date: July 19, 2008 (rain date July 20th)

Time: 12:00 noon til 5pm



21 Sweet Hollow Rd, Huntington, NY



Sign up sheet will be posted in the ready room. Please read the Below protocols.

IX. Protocols

A. Social Committee Protocols

3. Squad Picnic

The Squad Picnic is a special thank-you event for the families and loved ones from whom so much time is taken away. The following are entitled to attend.

- a) Squad members may bring their children, plus their parents/guardians and any siblings if they live at home with them, and one guest.
- b) Any exceptions must be approved in advance by the Social Committee and require a fee to be determined by the Social Committee Chairperson and approved by the Board of Directors to offset the additional cost to the Squad.

All Squad members must sign up prior to the deadline with the appropriate number of guests attending. Squad members and their guests below the New York State legal drinking age are not allowed to consume alcoholic beverages under any circumstances.



Quote of the month:

“Be of service. Whether you make yourself available to a friend or co-worker, or you make time every month to do volunteer work, there is nothing that harvests more of a feeling of empowerment than being of service to someone in need.”

Gillian Anderson

June 2008 • Service Awards

5

Brain Milliken

STAND-BY HELP WANTED

June 7th need CL/DR for St. Anthony's Graduation 830 - 1100

June 27th need FULL CREW for Huntington High Graduation 1730 - 2000

June 27th need CL/DR for Walt Whitman High Graduation 1730-2000THANKS,

DONNA SMITH - E-MAIL: tanna422@yahoo.com

***EAST NORTHPORT
100TH ANNIVERSARY PARADE***

SATURDAY JUNE 7TH

***Meet at HQ's at
1400 HOURS***

Class B uniform



June 2008



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3  <i>Happy Birthday!</i> Stefanie Mirabelli Paul Tekverk	4	5 BOD Meeting  <i>Happy Birthday!</i> Scott Bielanski	6  <i>Happy Birthday!</i> Donna Gurtowski	7
8 	9 GMM	10	11 Officer Meeting  <i>Happy Birthday!</i> Ferd Neumann	12	13	14  <i>Happy Birthday!</i> James Lynn
15 Recruitment Open House 2 pm Father's Day! 	16	17	18  <i>Happy Birthday!</i> Crystal Mueller	19 BOD Meeting	20  <i>Happy Birthday!</i> Richard Gierbolini K. Sprague-Wong	21 Summer Begins! 
22	23	24	25 Officer Meeting  <i>Happy Birthday!</i> Brian Bielanski	26	27	28  <i>Happy Birthday!</i> Liz Smith
29  <i>Happy Birthday!</i> Linda Guadagnin David Mohr Greg Orr	30 <i>Happy Birthday!</i> Edward Billia Mary De Wan Thomas Heinisch Ona Mastroianni 					

- *Gems for June are the pearl, alexandrite, and moonstone.*
- *The rose is the flower for the month of June*
- *Nathan Hale, American patriot, born June 6, 1755*



May General Membership Meeting



President Conover and Chief Conover congratulate John Palmieri for 30 years of service

