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The Pulse

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Volunteers since 1967

The “Heartbeat” of the Huntington Community First Aid Squad

CHIEF’S REPORT

Mary Conover

On July 4, 1776, we claimed our independence from Britain and Democracy was born. Every day thousands leave their homeland to come to the “land of the free and the home of the brave” so they can begin their American Dream.

The United States is truly a diverse nation made up of dynamic people, as is HCFAS. We at HCFAS also have a Dream, one that I see our members striving to achieve every day.

Cad system is almost ready to be turned on; our members have picked up this new progression and ran with it. Thank you goes out to the Tech committee for all their hard work, Jim Mallilo, Ex Chief Brian Canty, and Orlando Salcedo and of course Treasurer David Mohr. We have just acquired our new FCC license with the help of President Reeve Conover and Mike Bolz.

Have you seen our website lately? Thank you Dave Mohr for providing our membership with easily accessible information thru the web. Sign up for a shift, reserve a room, get a phone number of another member, these are just some of the features you can find under WWW.HCFAS.Org

*EPG gear is being worn on calls that warrant protection to our members.
(A SOP change is in process for this).*

We have provided members with “Spanish for the EMS Providers” taught and originated by Oscar and Reina Gomez. This certainly will assist with patient care for our Spanish speaking community.

More hands on Drills have been established for our continuation of education. Thanks to 2nd Deputy Cindy Cairl, we now have quarterly drills. You can look for the next drill to be held in July. Please sign up!

We have just completed another AB CL Class, in which 8 members have taken on the challenge of running Alpha and Bravo calls. This allows our CL to be available for the Charlie, Delta and Echo Calls. Dispatchers remember to still page out for a CL to the scene. Ex 1st Deputy Chris Winter and President Reeve Conover certainly have done a great job with this program.

You have taken care of yourselves physically, by joining the successful Weight Watchers Group, cheered on by Alyssa Axelrod. The officers and BOD are in the process of making the gym more available to all its members.

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CHIEF'S REPORT CONT'D

As most of you have noticed we have a bookkeeper in house. Justine has made tremendous strides with the help of Treasurer David Mohr. As all the Chairs have noticed, we can now look at an actual budget and forecast for the future needs of HCFAS.

Open Houses are offered every month and with the help of Mike Barker, Sally Staszak and their committee, they have brought in most of our RTE members. Without the help of our RTE instructors, we would not have the applicants we have flowing thru our doors. This has been one of our best recruitment tools I have seen to date. Great job to everyone involved.

The membership committee has been doing a great job of moving the applicants thru the process and bringing them to the BOD for acceptance. Dispatch Training Chairs Mary Brenner and Margaret Cornelius continue to introduce our new members into the land of dispatching.

We look at our Post 215 members and embrace them into our organization. They have been an asset to our organization. When asked to carry our flags, or banners, they are honored to participate and march along side of us. Nothing is every too much. As I have said before, they are our future.

The BOD accepted a bid for 2 new ambulances, and then into a yearly contract to continue the flow of re placing our older vehicles. Who doesn't like 2-15-82, Ex Chief Brian Cauty and his committee did a fine job specking out this vehicle.

A new look for the Pulse has been seen this year, thanks to Patty Salajka. Of course we must thank VP Martha Brenner for all the past years of hard work.

You don't have to be on a committee to see all the is being done for our organization, just look at Richards Stone, Ferd Newman, Ex Chief Roger Winter, and Joanne Vogel, most of the jobs they do to keep our organization moving forward sometimes goes unnoticed. Next time you see on of them you may want to say "thanks"

There are so many other committees' and projects that are being brought to fruition, that you may not even notice. I would suggest that you thank yourselves for seeing the future of HCFAS and "Dream Big", nothing is impossible.

Happy Birthday America!!

Mary Conover

***Watering Flower Planters at front entrance.
All Members: please water the flowers in the planters outside.
The sprinkler system does not reach them. Thank-You.***

PRESIDENTS REPORT

Reeve Conover

Summer. The very word brings visualizations of beaches and soft grass, bathing suits, warm days, the smell of cocoa butter, the splash of a refreshing pool, marching in the Huntington Manor Parade, and watching the kids at the annual picnic.

It also brings to EMS a different set of challenges. Several days in the middle of June seemed more like the end of August – 100 degrees and humid (Mary and I, of course, choose to move on those hot days). Those days serve as an early reminder that patients will tend to overheat, and so will we. Try and remember to turn the AC on in the back of the rig as you roll out of the building to calls, and of course close the doors on the rig at the scene. If you try to air-condition the great outdoors, more often than not the rig will overheat along with the crew!

While the EPG is surprisingly cool and light compared to other gear I have worn, it will still be “sticky” on a long call... or a long shift. Remember to drink lots of fluid before you go out – you may recall that you don’t get thirsty until you are already dehydrated.

Fire Standbys means rehab for the fireman – read that review training! Check out the fire standby kit if you haven’t recently, and the log sheet, so you are prepared. Crewleaders should take the opportunity (in between the one call every 86 minutes we averaged in May!) to review carefully things like where are the rigs going to be parked, how the standby will run, the rehab protocol, etc with your crew.

Have a great and safe summer!

HCFAS ANNUAL PICNIC

Saturday, July 19th, 2008

(rain date: Sunday, July 20)

Time: Noon till 5 pm

at West Hills Day Camp

21 Sweet Hollow Road, Huntington, NY

Sign up sheet will be posted in the ready room. Please read protocols below:

IX. Protocols - A. Social Committee Protocols

3. Squad Picnic - The Squad Picnic is a special thank-you event for the families and loved ones from whom so much tie is taken away. The following are entitled to attend:

a) Squad family members may bring their children, plus their parents/guardians and any siblings if they live at home with them, and one guest.

b) Any exceptions must be approved in advance by the Social Committee and require a fee to be determined by the social Committee Chairperson and approved by the Board of Directors to offset additional cost to the squad.

All Squad members must sign up prior to the deadline with the appropriate number of guests attending. Squad members and their guests below the legal drinking age are not allowed to consume alcoholic beverages under any circumstances.

SECOND DEPUTY
Cindy Cairl

BLS & ALS Providers:

1. Please remember to do all required checkouts, and if you're doing a back-up call, please be sure to restock whatever was used. But, please **DO NOT** take equipment off of other rigs to restock your rig. Crewleaders, remember that you will be held responsible if the check-outs are not done and if the rigs are not restocked post-call.

2. Just a reminder to anyone in the CME Program – Do Not count on being able to use our HCFAS Review Trainings to get 24 CME hours of self-study. These trainings are broken down by category by the County upon submission of your letter. For example, most of our trainings are considered Operational, and you can only get credit for 12 hours of Operational self-study, including Review Trainings, other literature and internet training. Please be sure to attend enough extra non-core classes, lectures, seminars, etc. to obtain the required non-core hours.

BLS PROVIDERS:

Congratulations to our newest AB Crewleaders – Lorrie Stone, Donna Smith, Stephanie Moore, Joe Frisenda, Kurt Vetter, Kevin McCann, and Israel Cortes! And a belated Congratulations to our newest full Crewleader, Stefanie Mirabelli!

ALS PROVIDERS:

1. New Bayer Contour glucometers are on all vehicles. If you have not had the chance to see Sharyn demonstrating it, please check the Quick Guide (found in each glucometer pouch and also posted in the ALS closet). The new glucometer still reads in less than 5 seconds and no coding is necessary.

2. Please **DO NOT** lock the BLS Assisted Meds box in the ALS box on the first responder vehicles.

3. We have had to replace 2 LifePak pulse oximeter extension cables in the last couple of weeks. There is no reason for this. Please take care with these cables, as they are very expensive.

4. The LifePaks are now numbered to match the vehicles that they are in. Please do not move one vehicle's LifePak to another vehicle.



WEDNESDAY CAPTAIN

Dominic Heavey

Well now summer begins on June 20th 2008, you would not believe that with the heat we have being having over the last few days. As a reminder keep cool and drink plenty of water, we should even think of caring water on the rig with us for our use in HOT WEATHER.

As always I would like to thank all the Co. 4 members for all the hard work they put in every week. As well I would like to thank all the members that come in a do an extra tour, or just help out on Wednesdays.

A big welcome goes out to Erica Alicea member # 1215 who has joined the 19.00 to 23.00 shift.

Memorial Day:

Thanks to everyone who attended, we looked great.

St. Huge Church Service:

A good turn out by all, Look forward to next year.

Well done to:

G. Angevine # 1073 who passed her driving.

K. Rubinstein # 1154 who entered the CL program.

B. Milliken # 1085 who entered the CL program.

To all the members who passed their EMT course well done.

EMS GEAR:

EMS Gear is in and anyone who has NOT picked it up should do so now.

If you have NOT received a Boot Voucher please leave a note in my mail box with your name and member ship number. If you have your boot's then you should be wearing them.

If you have a problem with any of this gear please contact one of the committee members.

**HAPPY INDEPENDENCE DAY TO ALL
ON THE 4TH JULY 2008**

On July 4, 1776, we claimed our independence from Britain and Democracy was born. Every day thousands leave their homeland to come to the "land of the free and the home of the brave" so they can begin their American Dream.

The United States is truly a diverse nation made up of dynamic people. Each year on July 4, Americans celebrate that freedom and independence with barbecues, picnics, and family gatherings. Through the Internet we are learning about and communicating with people of different nations, with different languages and different races throughout the world. Bringing the world closer with understanding and knowledge can only benefit all nations.

We invite all nations to celebrate with Americans online this Fourth of July.

Happy Birthday, America!

Thank You and keep up the good work!

Cap. Dominic C. Heavey # 54

FRIDAY CAPTAIN
Tom Lemp

Congratulations to our new EMT's, Kurt Vetter, Lorrie Stone, Joe Frisenda, and Isreal Cortez. All three have received their EMT cards and have already started AB crew leading. Both Paul Tekverk and Paul Terenzi are working hard on their ACL'ing and I have no doubt that they will make good crew leaders.

Welcome to our new members Aldana Rocio who is training with the 0700-1100 crew, and Cecelia Renderos who is training with the 1100-1500 crew. Welcome also to Rich Gierbolini, as our dispatcher, who will be replacing Bernie on the 0700-1100 shift. Bernie Hershkowitz was just filling in until we got a replacement. which was two years ago. Bernie I would like to personally thank you for your help and kindness and loyalty. You have been become part of the Friday family and the crew and I will miss you.

Congratulations to Taha Aiman and Dong Kim for completing their Dispatching test. They are both eager to complete their ambulance orientation so that they can help out on the calls.

I wish a Happy Birthday to Rich Gierbolini, Crystal Mueller, Stefanie Mirabelli and Paul Tekverk. I hope that you all enjoy your day.

I would like to continue to thank the Friday crews and all the people that help out answering the calls. We have been getting an increase in the number of calls on Friday. The overnight crew had 10 calls in one night alone, and I heard that the past month that they didn't get much sleep. We have been averaging about 16 calls a day and all shifts are pretty busy. I am still looking for help on the 1500 and 2300 shifts, so if anyone can come down and give a hand your help will not go unnoticed.

Again, thanks for your commitment.
Tom

Good & Welfare

CONGRATULATIONS MARC KOLPON !!!!

MARC HAS BEEN VERY BUSY LATELY! ON MAY 25th HE GRADUATED FROM MEDICAL SCHOOL AND JUST A WEEK LATER ON JUNE 1ST HE GOT MARRIED! GOOD LUCK AND BEST WISHES TO MARC AND HIS NEW WIFE.

July 2008 HCFAS New Members!



New Member

Carol Masten
HCFAS Member #1212
Thursday 1500-1900

- Resides at Eaton's Neck
- Graduated from Northport High School
- Member at Eaton's Neck Fire Department
- Joined HCFAS to give back to the community



New Member

Jonathan Korets
HCFAS Member #1219
Saturday 0700-1100

- Resides in Huntington
- Graduated from Walt Whitman High School
- Currently a senior at Stony Brook University majoring in neuroscience
- Interested in the medical field
- Future goal is to become a surgeon in the field of Reconstructive Facial Surgery

Welcome!

Letters to the Editor

HI PATRICIA. I AM CHARLES E. MARTIN #3 WITH THE SQUAD AND CHARTER MEMBER.

ANYTHING YOU WANT TO KNOW ABOUT ME YOU CAN FIND IT IN THE 40th. ANNIVERSARY BOOK.

I WANT TO COMMEND YOU ON THE TERRIFIC JOB YOUR DOING EDITING THE PULSE.

I HAVE A PERSON EL PRIDE KNOWING THAT I HAD SOMETHING TO DO WITH THE BEST FIRST AID SQUAD IN THE COUNTRY.

KEEP UP THE GOOD WORK

CHARLES E. MARTIN

I am a life member of HCFAS and am still talking to a lot of people here in Florida about the squad.

Since moving to Florida in 1990, I have had the pleasure of seeing both sons graduate college with multiple degrees. Our oldest is married and living in Ohio with our beautiful daughter-in-law. Our youngest graduated a year and a half ago and is moving into corporate management for 7 - 11. My wife is a resort manager in Daytona Beach, on the beach.

I have been disabled for some time now and have not let that stop me. I founded an officials association initially for baseball umpires. It now encompasses five sports and has earned their way into officiating several state championship contests. I myself have done several state championship series in both baseball and football. I also founded a college level baseball umpires association and have participated in many district and regional level championships.

I have had three heart attacks and had to retire off the field where I now teach young football officials and perform their evaluations. I work part time as a night auditor (fancy wording for clerk) in the resort my wife manages. I also have my own business, minor bookkeeping and tax preparation. I had worked for Jackson Hewitt as a tax supervisor and office manger. Well that's enough for now. Please say hello to Bob Franz and Sal Signorelli. Keep up the great work, I look forward to the PULSE every month and keep re-reading them.

God Bless.

John Hanley

NYS HESC Volunteer Recruitment Service Scholarship – Bob Franz

A squad member nominee may be chosen for the NYS Higher Education Services Corp Volunteer Recruitment Service Scholarship (covers up to 4 years) before the deadline date of August 1, 2008. Please see a copy of the Squad's selection policy on the bulletin board to determine your eligibility and visit their website www.hesc.org. If eligible, please contact Chief Mary Conover.

NYSVA&RA SCHOLARSHIP - Bob Franz

The NYS Volunteer Ambulance & Rescue Association annually provides three scholarships of \$ 500 each to applicants who are individual members of or an immediate family member of a member of a squad in good standing in the NYSVA&RA. These scholarships must be used by applicants to furthering their education in a medical related field, and may not be used for EMT and / or CFR courses. For additional information see application form on bulletin board or visit the nysvara.org website or contact Bob Franz. The deadline is July 18, 2008.

Registration Deadline for NYS Workers Compensation 9/11 Workers and Volunteers August 14, 2008

NYS Workers' Compensation Benefits are available for 9/11 Workers and Volunteers who did rescue, recovery or cleanup work. The law was changed to help you file a claim for workers' compensation if you have a 9/11 – related illness. If you are healthy, but were exposed to contaminated air after 9/11, you must register by August 14, 2008 with the Workers' Compensation Board to protect your right to file a claim if and when you become sick. Please see the bulletin board for additional details and registration form or visit www.WTC12.org or call 1-877-WTC -1208.

July 2008 • Service Awards

***5
Mark Cappola***



BASICS - July 2008

Trauma

By Mark Brenner



Ah, summer! Well, to be honest, as I sit down to write this column, it's still May. And for me, I will spend some time at school this week in meetings designed to review our school's accomplishments in achieving the benchmarks set forth in the plan for Middle States accreditation. And I am certain that at some point, we will review our plan in relation to our Mission Statement.

Mission statements became quite popular in the 1980's with most organizations adopting one to help define itself and measure its' growth/work/development against it. Even our organization has one. Do you know what it is? Article I, section 2 of our By-Laws states "The object if the Corporation will be to provide first aid and/or emergency ambulance transportation to hospitals for victims of injury, illness, sudden disablement or disaster. These services will be rendered without charge to anyone regardless of race, sex, religion and national origin."

If I was asked to revise our mission statement in three words or less, I would choose "We help people." After all, isn't that what we do; help people?

If so, we should go about our work helping all who need our help. Sounds simple; we answer call after call without ever asking whether the patient to whom we are being summoned is a friend or relative of one of our members. We respond to every call for help weather the patient is related or a stranger. But I assert that we must also turn inward to our own organization and see whom we can help.

Surely, every new member should be given a hand to help them to "learn the ropes." Many members just completed their EMT course and by now, have received their EMT card (hurray!). These folks need our help and encouragement as they go through their A/CL and driver training. That support which helped sustain them during their months of training is now needed for them to rise to new levels.

Our leaders also need our help. We must continue to do our best, in our many and diverse roles as dispatchers, first aiders, crewleaders, drivers, ALS providers, committee chairs and members to help our organization to carry out its' mission.

This summer, and for the rest of the year, I will strive to "help people"; those who need emergency medical care and those who are our fellow members – all striving to help HCFAS achieve its' mission. Writing this column, month after month gives me the opportunity to help so many providers stay current.

As stated last month, summer seems to be the season for trauma. The following questions are presented to help you be better prepared for trauma patients. Good luck!

1. One of the Physical Findings of the Adult Trauma Protocol includes The Glasgow Coma Score (GCS):

- | | |
|-----------------------------|-----------------------------|
| a. Below 14 | b. less than or equal to 13 |
| c. Less than or equal to 12 | d. Less than or equal to 8 |

2. Which of the following is NOT a physical finding consistent with the Adult Major Trauma Protocol?

- | | |
|-------------------------------------|---|
| a. Suspected flail chest | b. Systolic blood pressure less than 90 |
| c. Open or depressed skull fracture | d. Amputation of fingers |

Basics Cont'd

- 3. The term "Proximal Long Bone" refers to:**
- a. Humerus
 - b. Femur
 - c. Radius/Ulna
 - d. Both a & b
- 4. Which of these is a physical finding consistent with the Adult Major Trauma Protocol?**
- a. A suspected proximal long bone fracture
 - b. Two or more suspected proximal long bone fractures
 - c. Three or more suspected proximal long bone fractures
 - d. None of the above
- 5. The Adult Major Trauma Protocol now clarifies the vehicle rollover. What has been included?**
- a. 90 degree Vehicle Rotation or more
 - b. Unrestrained Passenger
 - c. If the vehicle rolled more than once.
 - d. Both a & b
- 6. High Risk Patients are those who do not meet the Physical Findings or Mechanism of Injury Criteria but who do have:**
- a. Bleeding Disorders or are on an anticoagulant
 - b. Cardiac and/or Respiratory Disease
 - c. Insulin dependent Diabetes, Cirrhosis, or Morbid Obesity
 - d. HIV, transplants, or are on chemotherapy
 - e. Above the age of 55
 - f. All of the above
- 7. If you have a patient who falls into the High Risk Patient criteria, the Adult Major Trauma Protocol directs you to:**
- a. Consider transportation to a Trauma Center
 - b. Consider contacting medical control
 - c. Both a & b
 - d. None of the above
- 8. One Mechanism of Injury criteria is that both Vehicle vs. Pedestrian and Vehicle vs. Bicycle collision are:**
- a. At any speed
 - b. Above 5 mph
 - c. Above 10 mph
 - d. Above 20 mph
- 9. The Mechanism of Injury criteria that indicates the use of the Adult Major Trauma Protocol with a motorcycle crash is:**
- a. Any motorcycle crash above 5 mph
 - b. A motorcycle crash greater than 20 mph
 - c. A motorcycle crash with separation of the rider from the motorcycle
 - d. Both b & c
- 10. Which of the following are common anticoagulants?**
- a. Lasix & Furosemide
 - b. Coumadin & Heparin
 - c. Digitalis & Digoxin
 - d. All of the above

ANSWERS: 1b, 2d, 3a, 4b, 5d, 6f, 7c, 8b, 9d, 10b

May 15, 2008

Dear Sir or Madam,

I need to write this letter to you, please bear with me while I try to put into words what I experienced and saw last night at Huntington Hospital. I am from Brooklyn and I count myself as being a tough guy, I was with my aunt who was in bed one at the ER.

It all started about 1:30 am or so when I heard the radio at the nurse's station informing the staff that one of your ambulances was coming in with a four month old child in full cardiac arrest, with CPR being performed BLS only. All of a sudden the ER came to life. Then a police car screeching into the parking lot and a cop came in and informed the staff that the ambulance was two or three minutes out. Then, out of nowhere, four more police cars followed by your ambulance arrived into the parking lot. Teamwork is a great thing.

With that I saw one of your people come through the door, followed by another guy carrying this little bundle (WOW). It brought great joy to my heart when I saw the smiles on their faces and the guy that was carrying the child stated he had a pulse and the child was breathing on her own. Then another one of your guys came in with the mother. As this was going on, the Driver re-positioned the ambulance in front of the door. After that, he came in and helped out the other guys doing what they do. Everyone was doing something and keeping busy.

They passed my room and went next door where there was alot going on. I could tell by the look on the faces of the Police Officers and you guys that things looked grim, but hopes were up. Then, when you think you have seen everything, one of your guys took the mother outside into a room with one of the nurses. Your guys sat with her till the father of the child arrived. Being an onlooker you see and hear alot of things that are going on. One of the staff stated that Irish was in with the mother comforting and praying with her. He's got it under control. He has set up a bond with her. When the husband arrived, your guy came out and one of the police officer's approached him and said "job well done". The guy looked at him and said nothing and walked outside. I then followed him outside where they comforted one another. After he got his composure, he came back inside and talked with his mates and the police. Everyone was so concerned. It was like they were all one big family, fighting and praying for this small child.

I then realized how things like this must bear heavily in your hearts, to be able to see things like this and be able to go back home to your families like nothing ever happened. I was so impressed with what I saw that I spoke with one of the RN's about what I had witnessed. He informed me that these guys are one of the best crews he has worked with. They are on every Wednesday night and take pride in what they do. He joked about them, but I could tell it was in good taste.

Before my aunt was discharged, I found out that the child didn't make it. Another Angel in heaven to look after us. Please give my condolences to your guys as I know they must feel hurt. With that said, please tell them how impressed I was. It gives me great comfort knowing that my aunt lives here in Huntington with such dedicated people to watch over her. After what I witnessed last night, it has made me a new person and I now have a different look on life.

Keep up the good work!

Dispatcher: Jim

July 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1  Happy Birthday! Fernando Rivadeneira	2  Happy Birthday! Israel Cortes	3	4 th July  Happy Birthday! Robert Franz Mark Brenner	5  Happy Birthday! Joanne Cunningham Joseph Frisenda
6  Happy Birthday! Joseph Seyfried	7  Happy Birthday! Jerry Giacomini Raymond Pollard Paul Terenzi James Harrigan	8  Happy Birthday! Thomas Curry Claire Tesoriero	9  Officer Meeting 1915 Happy Birthday! James Mallilo	10  Happy Birthday! Donna Mastropietro	11  Happy Birthday! Keith Terrault	12
13	14  GMM Happy Birthday! Bazeel Walters Susan Martin	15  Happy Birthday! Thomas D'Antonio	16	17	18  Happy Birthday! Thomas Romano Rahimi Zebulnessa	19
20 Recruitment Sunday 2:00 pm	21	22  Happy Birthday! Monique Moreno	23 Officer Meeting 1915	24	25	26  Happy Birthday! Eileen Burns Bianca Kumar
27	28  Happy Birthday! Nimka Khanna	29	30	31		

• In 1777, thirteen guns were fired, once at morning and again as evening fell, on July 4 in Bristol, Rhode Island. Philadelphia celebrated the first anniversary in a manner a modern American would find quite familiar: an official dinner for the Continental Congress, toasts, 13-gun salutes, speeches, prayers, music, parades, troop reviews, and fireworks. Ships were decked with red, white, and blue bunting.

On Sunday June 1st members of HCFAS and Explorer Post 215 took part in the walk and ceremony honoring Lehti Lass's mother, Carman Ramos Calixto Laas. A planted section of the parking next to St. Hugh's Church was named in her honor. Among the dignitaries attending the ceremony was SC Legislator Jon Cooper and Town of Huntington Councilwoman Glenda Jackson.



Post 215 with Legislator Cooper and Lehti



Corner bearing Lehti's mother's name .



Lehti's sister, Maria and Lehti receiving proclamation from SC Legislator Jon Cooper

Members of Huntington Community First Aid Squad attended the EMS Memorial Ceremony in Albany May 22nd. Ed Wronski, NYS EMS Director was the keynote speaker honoring those lost in the line of duty during this past year. Two names were added to the Tree of Life this year.

The FDNY Emergency Medical Services Pipes and Drums supplied the music for the Star Spangled Banner while members of New York State Troopers stood as Honor Guard.



NY State Troopers Honor Guard



The EMS Memorial on the Plaza in Albany after the wreath laying.



FDNY EMS Pipes & Drums



HCFAS ambulance on Plaza in Albany