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The Pulse

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Volunteers since 1967

The “Heartbeat” of the Huntington Community First Aid Squad

CHIEF'S REPORT

Mary Conover

As summer comes to an end, we continue to work on the projects we have started in the past 2 years. I have heard concerns about members not being ready to dispatch on the new CAD system. “Going Live” is putting undo stress on you the members. The officers have addressed this and will be putting forth the following procedures. First, we are going to schedule more dispatch classes for members to review and go over the system in its entirety. A newly expanded Dispatch Training Committee is being formed, so there will be more classes held. Secondly, we will be continuing to use the paper system until all the kinks are worked out of the system and members are ready to use the system.

We do, however, need all members to be using the system. When you arrive on your shift please sign in on the CAD system. This will help you get use to using the CAD system and will help with the transition. If you do not have your password, or forgot, please see Chair Jim Mallilo. We will be running reports to see who is using the system and who may need additional assistance. Any questions please see Chief Dispatcher Jonathan Stone or Chair Jim Mallilo. (Or see Tomoko Hirasawa, I saw her run 9 calls using the CAD System, quite impressive)

I would like to take this time to thank some of our members that have gone above and beyond. If you are an ALS provider, you might have noticed that the checkouts are going rather smoothly. This is due to the dedication of Alyssa Axelrod. She is spending countless hours doing the ALS Checkouts in its entirety. We all should congratulate her for her continued support.

If you attended the August GM Meeting, you were treated to a 4 star dinner. The kitchen was run like a well oiled machine. Chef and Ex Chief Sean Crenney and Chief Liz Mohr entered the kitchen at 9:15 AM and worked fast and furious until the rest of the kitchen staff arrived. Thank you to Secretary Sam Mohr, Capt Brendan Gellerstein, 1st Deputy Lindsay Magerle, Matt Valle, Tyler Gibbs, Olivia Hayes-Hurley and Emma Hayes-Hurley. We dined on Guinness Beef Stew, Chicken with sundried tomatoes, Truffle Oil Whipped Potatoes, Haricots Verts, Cream Pesto Pasta, and I heard the salad was out of this world. Let's not stop there, how about the homemade Banana Pudding? Wow. I congratulate all of the Post members and wish Sean the very best as he enters the Culinary Institute of American this October. Let's not forget to thank the Post Advisors, Treasurer Dave Mohr who spent the entire day assisting the Post members. Liz Steenson, Jeffrey Brenner, Pam Brenner and Carmen Schlieben were the support that completed this team and made the GM Meeting Dinner a complete success. Let's remember to support them in their upcoming Pasta Dinner and Holiday Extravaganza. Tickets are now on sale.

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CHIEF'S REPORT CONT'D

You will now see new BLS Checkout forms. These newly revised forms will include Exp dates of all equipment/medications that should be checked out on every duty shift. Thank you to Orlando Salcedo, Captains Eileen Burns and Casey Stone for taking on this task.

As our 24 rate is still higher than I would like, we have instituted a new committee to assist the Captains on filling empty shifts. Please, if you can give 1 or 2 hours of either in house or back up it would go along way in helping lower our 24 rate. I can't thank the members who continually answer up for back up and sign up for extra shifts. Your time and commitment is invaluable.

Another Committee Chaired by Ex Chief Sal Signorelli and Jerry Giacomini and a host of dedicated members are going to take on the challenge and organize the storage room. For any member who has seen this room, you can attest to the large job that is ahead of this committee. Thank you to all.

It is that time of year again, when President Conover and I will begin to work on the Holiday Slide Show. Please if you have any pictures you would like to see in the slide show, either put them on a CD and put them in our mailbox, or email them to us at mjirishemt@optonline.net

Reminder October 10th-12 will be our annual Standby for the Fall Festival. Please try to keep the dates opened. More to come.....

Mary

PRESIDENTS REPORT

Reeve Conover

I would like to urge all members to attend the next General Membership Meeting. Why? Several reasons – we are honoring a long-time member and will have some great food. And perhaps you have missed out on the fun, good times, raffles, and general camaraderie of being at the meeting. We ride most of the times as a crew, so perhaps you've lost track of some people you really like – plan on meeting up, and catching up, over a free meal.

Now, I know, some of you are saying "I don't go cause I hate all the yelling" – but that doesn't happen (much) anymore. And some of you don't come because "nothing much happens" – and you couldn't be further from the truth – we have training and education at almost every meeting, had a surprise CME in July, and reviewed the Budget at the August meeting, so something is always going on.

The big reason for coming this month, though, is that we will be voting on a bylaws change – a change to make your vote count. And you wouldn't think something as basic as making sure every members' vote count would be controversial (I don't see how it can be, personally), but there is always objection to change.

So – again – come out and join us – Dinner at 7:30, meeting at 8:15, and we are usually home by 10. I'll see you there!

SECOND DEPUTY'S REPORT

Cindy Cairl

I hope everyone has had a safe, wonderful summer (it's never long enough for me!) But it is September, and that means kids are going back to school, EMT classes are starting up again, and we're getting back to business. We'll be starting off by having another mini-MCI drill later in the month. Watch for the sign-up sheet to be posted in the ready room. We're also planning a larger drill toward the end of October or beginning of November, so come on out, test your skills and have some fun.



David Mohr – Acting Chief Advisor

Elizabeth Mohr – Post Chief

We would like to give a big Thank You to all the squad members who came down to the Post car wash on August 9th. It was a huge success, we raised over \$400. We would also like to thank Chris Winter, who coordinated the event along with Captain Brendan Gellerstein, as well as all the other advisors that came down; Jeff Brenner, Tommy Romano, Liz Steenson, Pam Brenner, Harvey Lapidus, Brian Canty, Paul Biersack, Martha Brenner, Matt Cappola, and of course our Board Liaison Roger Winter, without your help we could not have had such a successful day.

We would also like thank all the Post members who, not only came out for the car wash but, also came and helped cook for the Squad's August General Membership Meeting. A HUGE Thank You to Chef Sean Crenny, who put the menu together and oversaw the entire dinner. Also, thank you to Chief Mary Conover and President Reeve Conover for giving us the opportunity to cook for the membership, it was a great honor.

Mark your calendars. The Post is having a Pasta Dinner on Saturday, November 8th from 5:00 to 7:00pm. The cost is \$8.00 for adults, \$5.00 for youths under 12, and children under 3 are free. We will have door prizes and raffles during the evening as well. So come on down, have dinner and a good time.

Holiday Extravaganza tickets are also on sale. The tickets are only \$5.00 each and that enters you in thirty-one drawings during the month of December. Only 500 tickets are being sold, with a daily prize of \$25.00, and higher amounts for Sundays and Holidays. Tickets for the Pasta Dinner or the Holiday Extravaganza can be purchased from any advisor, or by email at davidmohr@yahoo.com or by calling 631-988-1433. Tickets are selling quickly, so get yours early.

WEDNESDAY CAPTAIN
Dominic Heavey

The Editor: *I just got finished reading the August Pulse this morning and began to wonder how she does it, she being Patricia Salajka, "The Editor" well done Patricia. Keep up the good work.*

The Dreamer: *Then I got to Mark Brenner "Dream" report/ Review and I began to Dream/Wonder How far I had come and what I have achieved in life so far. Going to school, collage, getting married, getting a job (2 jobs), having kids, moving to the Good Old U.S.A., getting a home in Huntington, and then join the H.C.F.A.S. Life so far has being great for me. My Daughter Amanda living in Ireland raising Two Girls of her Owen, and my Son Alan off to collage. It feels like I have completed a full circle. I am told by some older members at H.C.F.A.S. that it is time to settle down and start to enjoy life with my wife Anne. You may ask your self where is he going with this well lets look at all the young members we have did you ever wonder where and what would they be doing in 10 years time. Will they have moved from Huntington would they be still member of the squads or would one of them be Chief or President or President of the squad? I wonder! and yes me to dream. Thanks Mark.*

Wednesday *is doing great and as usually thanks to the entire members of Co. # 4 for all there hard work, not to forget everyone else who does those extra tours and who come in to do those signals 16 as so we do not give away any 24.*

I still need a C/L on Wednesday 11.00 to 15.00 to hang out with Margret and Sally they would love your company. To the ALS providers that come in on Wednesday thank you I know with the new ALS check out sheet it now takes a little time to do your check out. Please remember Do Not remove the seals from the bags, they are there to make your job a little easier. As a reminder remember to Close the cabinet where the drugs are kept.

P.C.R. *For those that took the P.C.R. class on 08-02-08 thank you, I think we all learned some new things and our eyes were opened. It might be a good idea if everyone has a look at the N.Y.S./D.O.H. Policy # 02-05 which can be found on there wed site, <http://www.health.state.ny.us/nysdoh/ems/policy/02-05.htm> it makes for good reading. We will hold another class in October and November look for the dates. Care must be taken when we write P.C.R. and please remember to use Black Ink Only.*

DISPATCHERS: *It is your job to sign bought LOSAP forms on your tour. Please remember to check the Last Run Number in the Red Book before you start your tour. Keep in mind when you are training a new member to frequently check the numbers. If a call is 24 then we must complete a 24 sheet. Any time an Ambulance leaves the building on a Call, Stand-By or Fire Stand-By we must fill out a P.C.R.*

VACATION: *I will be away in Ireland from Wednesday 17th September to Saturday 4th October 2008. I need replacements for the 23.00 to 07.00 on Wednesday 17th, 24th of September and 1st October C/L or D/R Pleas call me at 1-631-921-0181 Thanks.*

WEDNESDAY CAPT CON'TD

911: Well that time of the year is fast approaching us again to remember 911 and those that we lost on that sad day. I would like at this time to THANK every member of the H.C.F.A.S. for all there taught over the years. It is great to know that people will never forget. THANKS!!!! God Bless America and God Bless You.

Keep up the good work!

Thanks - Cap. Dominic C. Heavey

SUNDAY CAPTAIN

Eileen Burns

Well there is a lot of news to catch up on, but I hope that it doesn't wind up taking two pages like last month! Sorry about that Patty.

Welcome back to Mike Milo who returned early from his LOA (greatly missed & much needed). He is seriously giving thought to working things out so he can stay active with us and maintain his business & personal responsibilities in Vermont. Anything that we can do to help make that happen just let us know. Congratulations to Monica Mulchandani #1162 who was sworn in as a United States Citizen on August 25th. way to go! (I apologize for missing her 2 year Anniversary that passed in July too). More congratulations go out to Roy Chiquitucto #972 on his recent marriage last month. He still has hopes of returning as an active member after all is settled with his discharge from the U.S. Army and when that happens he knows that his original Sunday 1500 shift will be waiting for him with open arms! Along with the 2300 crew, myself and a lot of other members, we are glad to see that Bedel has made it back from a once in a life time experience (thanks to his job & depending on how he looks at it) spending 5 weeks in Beijing working very hard covering the Olympics. We hope by now he is all rested up and back to the "slow" American pace! We all missed you.

A special thank you to Jim Barkocy who went missing one morning a few weeks ago after his driver checks were done. After at least an hour went by, he came in looking like a disaster because he had gone out and taken on the Disaster Closet! As we all know and seem to be always asking, please try and put things back where they belong. We are all tired after a call (or many), but if we find a piece or pile of equipment at the E.D. it needs to be brought back and put back where it belongs. Do not open the door, throw it in, and close the door, that isn't helping anyone or anything. At the last G.M.M. I had mentioned that Margaret had been a tremendous help with calling all drivers for any help that they could give the 1500 crew since Sharyn was the DR/ALS provider. She put in a lot of time and effort and was able to get "b/u listeners" anywhere from an hour to almost the entire shift, even in bits and pieces. I just want to say thank you again for giving of your time and efforts and last I heard Margaret you no longer had finger tips, but callouses so I hope that you enjoyed your well deserved manicure, because you deserved a bit of special treatment yourself!

Well it's time to talk LAUNDRY again!!! It's very easy if a very easy schedule was followed by everyone. When the 2300 is getting ready to leave they throw it in, right guys, then they pass it on to the 0700 that follows through, then passes on to the 1100 and so on. It is not difficult at all. No crew should have up to 5 loads of laundry to do (if ignored by others). It can be a sure bet that no one lets it pile up at home the way that it does here. I'm not talking only for the Sunday 0700 crew, but between that and the frig we can be kept pretty busy and that is with out any calls. Please get back to thinking about one another and do something extra before you settle down to relax, like we would all like to do!

Special Events Committee

Brian Canty

Well the Special Events Committee hosted another event in August, we had the District 7 CME and Meeting that we prepared dinner for. I would like to thank David Mohr for shopping, Liz Steenson who came up to the squad early to help me prepare, Joanne Vogel, Carmen Schleiben and Norma Signorelli who helped setup and Clean up. Your help is appreciated as always.

HELP WANTED

Stephaine Moore – Monday 19:00 – 23:00 will be coordinating the Adult Holiday Party this year. If anyone is interested in giving her some assistance, please contact her on the Monday evening shift.

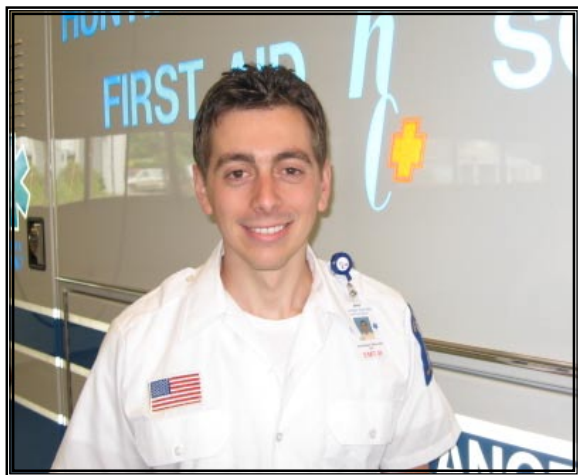
Weight Watchers Announcement

So you've indulged a bit through the warm days of summer, and perhaps now you're thinking, "Hmm... I wonder how I'm going to fit into my winter clothes." Perhaps even last year you were thinking, "Wow, these pants sure are feeling a little snug." Or as you feel the start of the changing of the season, maybe you've thought, "My diet could really use a change and I think I'm ready to do it."

If you feel ready to make a positive change for a healthier lifestyle and take off a few of those extra pounds, consider joining our upcoming Fall Weight Watchers session. I expect it to begin late September-early October, depending on the number of interested folks - we will start when we have a group of 15. Keep in mind that HCFAS actually pays for you to lose the weight. If you lose a modest 5% of your starting weight in the 10-week session, the full cost of \$120 is refunded to you. Sessions will meet one evening a week, yet to be determined, at 7pm.

If interested, email alyssa.axelrod@gmail.com or call 631-839-9153 and leave a message. If you have attended a group in the past, do not assume that I know you are interested - you need to contact me as well. Thanks!

September 2008 HCFAS New Members!



Welcome!

New Member

Christopher Whitcomb
HCFAS Member #1212
Saturday 1100-1500

- Resides at Northport
- Graduated from Northport High School
- Graduated from Cornell University
- Firefighter/EMT for Eaton's Neck FD
- Joined HCFAS to gain more experience
- Future goal is to become an MD



Welcome!

New Member

Erica Alicea
HCFAS Member #1222
Wednesday 1900-2300

- Resides in Huntington Station
- Graduated from Walt Whitman High School
- Attended Wilson Tech
- Employed at the Dolan Center as the Lead Coordinator
- Joined HCFAS with a desire to become a Paramedic/Crewleader/Driver

September 2008 • Service Awards

35 yrs. Andrea Golinsky 15 yrs. Ed Billia
5 yrs. Kennedy Brouard



BASICS - September 2008

By Mark Brenner



To say that we are a busy EMS organization would be an understatement. The call volume continues to rise and the nature of our calls continues to throw challenges our way. And, as human beings, when we start to rush, we can start to make mistakes. They may be little mistakes, but they take time to correct. Here are several scenarios in which we can find ourselves making mistakes.

1. An EMT responds to a call and is met by an ambulance manned by a driver (an EMT) and a first-aider (a non-EMT). The patient has a minor injury and is packaged and placed in the ambulance for transport. The EMT completes the PCR and turns both the PCR and patient over to the crew for transport while he returns to his residence in his personal vehicle. This scenario is an example of:

- a.** Delegation of responsibility
- b.** Abandonment
- c.** Transfer of care
- d.** Implied Consent

2. Your BLS crew responds to a medical group for a patient with chest pains. Upon arrival you are informed that the patient has an IV in place. What must happen before the patient is transported?

- a.** The IV needs to be discontinued by the medical group staff
- b.** An ALS provider needs to be called to the medical group to accompany the patient to the hospital
- c.** A nurse from the medical group must accompany the patient to the hospital
- d.** Any of the above would be acceptable.

3. Your crew responds to a 29-D-1 motor vehicle accident. After surveying the scene, your crew decides that your patient needs to be airlifted to University Hospital, Stony Brook. Who should call for the chopper?

- a.** The crewleader
- b.** The Dispatcher
- c.** The Fire Department
- d.** The police officer on scene

4. You need to decide on a landing zone for the chopper. Where should it be located?

- a.** At the nearest public school
- b.** At the nearest intersection
- c.** At the nearest parking lot
- d.** The Landing Zone should optimally be located between the scene and the destination hospital.

5. It's after dark. What must the ambulance driver remember when approaching the landing zone?

- a.** Turn off the ambulance's emergency lights.
- b.** Turn off the ambulance's headlights.
- c.** Both a & b

6. What kind of documentation should be completed for this call?

- a.** A PCR which copies of which should be given to the flight medic if it is ready.
- b.** A PCR should be faxed to medical control (at University Hospital, Stony Brook) after the call if not given to the flight medic.
- c.** Either a or b

Basics Cont'd

7. An ALS provider responds from home to back-up a crew on a "Charlie" respiratory. They find a 60 year old asthmatic, alert, able to speak in complete sentences, complaining of feeling sick for 24 hours with a gastro problem which has caused nausea and vomiting. The patient presents with an O2 sat of 98%, her lungs are clear bilaterally, respirations are 22 and normal, equal expansion, pulse of 72, B.P of 132/86, skin warm and moist. The ALS provider does not feel that the patient warrants ALS intervention and the Crewleader agrees. But, since the call was dispatched as a "Charlie" call, the ALS provider must accompany the patient to the hospital.

- a. True
- b. False

8. Your BLS crew responds with ALS in a responder vehicle to a medical group for an adult female, possible stroke. Arriving simultaneously, you enter the facility with the pram, O2 bag, and ALS equipment. You are guided to an exam room, and, before entering you see a 30-something year old woman, sitting on the edge of the exam table, who smiles when you say "hello" from the doorway. The doctor happens to be walking out of the room, saying something about "diffuse" sounds throughout her lungs. You ask "Is she having a stroke?" The doctor says, "Oh no, she is complaining of a cough, has just returned to the country from overseas, and has diffuse sounds in both lungs." Your primary concern is to:

- a. Contact med com and complain about the way the call was dispatched.
- b. Ask to speak with the medical group staff member and lecture them as to getting the story straight when calling for an ambulance.
- c. Refrain from entering the exam room without the appropriate BSI including N-95 mask for every crew member.
- d. Fit the patient with a mask if she can tolerate it.
- e. Both c and d.

ANSWERS: 1b, 2d, 3d, 4d, 5c, 6c, 7b, 8e

To all those members who are starting a training class this month – Good Luck!

Director Bob Franz

Registration Deadline for NYS Workers Compensation 9/11 WTC Workers and Volunteers was extended to September 11, 2010 - NYS Workers' Compensation Benefits are available for 9/11 Workers and Volunteers who did rescue, recovery or cleanup work. If you are healthy, but were exposed to contaminated air after 9/11, you must register with the Workers' Compensation Board to protect your right to file a claim if and when you become sick. Please see the bulletin board for additional details and registration form or visit www.WTC12.org or call 1-877-WTC -1208.

TOH LOSAP Audit – On August 11, 2008 the Town of Huntington Comptroller's Office completed an audit on our 2007 losap records. The auditor appeared satisfied with the losap documents reviewed. Approximately 8 % of our active member participants were selected by the auditor. Approximately 800 losap related sign in sheets had to be located and pulled for the audit. Many thanks are extended to Andy Ball and Margaret Cornelius for getting all the reports and documents together prior to the audit which made the audit go very smoothly. Also thank you to everyone for following the procedures when filling in any losap paperwork during the year.

September 2008

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	1 Labor Day  <i>Happy Birthday!</i> <i>Maryann Schramm</i>	2  <i>Happy Birthday!</i> <i>Margaret Stephenson</i>	3	4	5	6  <i>Happy Birthday!</i> <i>Margaret Cornelius</i>
7	8 GMM  <i>Happy Birthday!</i> <i>Richard Fernandez</i> <i>Taba Aiman</i>	9	10 Officer Meeting 1915	11  <i>Happy Birthday!</i> <i>Cindy Cairl</i>	12  <i>Happy Birthday!</i> <i>Christopher Fusaro</i>	13
14	15	16	17	18	19	20  <i>Happy Birthday!</i> <i>Donna Smith</i>
21 Recruitment Sunday 2:00 pm	22 First Day of Autumn 	23	24 Officer Meeting 1915	25	26	27  <i>Happy Birthday!</i> <i>Alyssa Axelrod</i>
28	29	30 First Day of Rosh Hashanah  <i>Happy Birthday!</i> <i>Sal Romano</i>				

• **SEPT GMM DINNER AT 7:30 TO CELEBRATE ANDREA GOLINSKY'S 35th ANNIVERSARY**

DINNER WILL BE PROVIDED BY:

Tom Lemp, Stefani Miragelli, Maureen Umberto and Carmen Schleiben



SO MUCH FUN...IT'S ALMOST CRIMINAL!

There has been a murder at the Huntington Community First Aid Squad and it is your job to find the killer, so come join us for a night of fun, food and prizes.

Saturday, November 1, 2008 at 7:00pm

- **Cocktail Hour, Dinner, Dessert, Show Door Prizes and Raffles**
- ***Tickets \$35 PP Contact David Mohr 631-988-1433***

Objections to By-Laws Change

On reading the proposed By-Law change, as printed in the August issue of Pulse, I find certain aspects of this change troubling. I realize that the members who proposed this change only wanted to bring more members into the election process, but I feel that this is a way that will decrease membership unity. My objections are as follows and would have been voiced at the August meeting had I been able to be there:

Section 1- Nominations Proposed

- A. Moving the date of notification from November 20th to November 30th, precludes listing the candidates in the December issue of The Pulse due to lack of time.
- B. In the possibility that a candidate might be declared ineligible, this date change affords no timeframe for the candidate to offer any information that might prove his qualification is valid.
- C. Extending the voting period, further erodes the attendance at the General Membership Meeting. If a member knows that he can vote any time, from ten days prior to the GMM, the responsibility to attend the GMM is non-existent.
- D. How will the Secretary be able to notify the membership prior to the 10 day voting period if the GMM is scheduled for 8th, 9th, or 10th?
- E. How many members that are strapped for time around the December holiday season will opt for computer voting rather than spend the time to come to the December GMM?
- F. Once candidates are nominated and found qualified, they are given the option to address the membership through a published letter in the December issue of The Pulse. If they are not listed as qualified until December 1st, how can they have a statement into the editor to be published in December?

Section 5- Election Proposed

Final paragraph, "In the event of two or more..." could possibly mean that the election process could stall. With the 10 day voting period by computer the number of members attending the December Election Meeting may not have a quorum. In any event, a tie would be decided by a much smaller number of members than would have been in attendance under the old ways.

For these reasons, I feel that this By-Law change should not be adopted. Those members who make the time to take part in the workings of the Squad are the persons who should decide on the running of the organization. As provisions are available for absentee ballots, I feel that those who wish to exercise their right to vote have an obligation to take responsibility for themselves.

John Palmieri #499

AS JOAN RIVERS IS FOND OF SAYING:

“CAN WE TALK?”

(if you don't get the quote ask someone over 50!)

The Board of Directors has been discussing several social committee items, and has made some budget decisions that will result in some changes. I would like to have a town hall style discussion on several topics including but not limited to:

Anniversary Gifts • Ready Room Refreshments

Quarterly Captain Allowance • EMS week gifts/meals.

Holiday gifts • Adult and Children's Holiday Parties

And any other topic related to Social that you care to bring to the table.

If you can't make the September 8, meeting, but have comments or concerns please email me at MB236@optonline.net. Or leave a note in the Vice President's mailbox.

Dinner will begin at 7:30 and we will begin the discussion at 7:45.

***Martha Brenner
Liaison Social Committee***