

THE PULSE

HCFAS-
PROUDLY
VOLUNTEERING
SINCE 1967

THE HEARTBEAT OF THE HUNTINGTON COMMUNITY FIRST AID SQUAD

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Questions? Submissions?

Email Editor

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President's Report- Seth Fischer

Happy September!!

The year is flying by, and it is shaping up to be a great one. I could not be more proud of all of our members, their hard work, and their dedication. Everyone is doing just a little bit more to pitch in and it shows.

A huge, special thanks, to our Second Deputy Chief Ryane Como for jumping right on a potential billing roadblock with Huntington Hospital. Chief Como did her due diligence to ensure how we obtained insurance information with our patients and with Huntington Hospital, was completely compliant according to HIPAA, validated by multiple legal affiliations. What was initially perceived as a major billing issue, turned out to be a minor bump in the road. Please continue to follow Chief Como's instructions on obtaining pertinent billing related information, it is greatly appreciated. If there are any questions please do not hesitate to ask.

Our carpets were shampooed and cleaned on the ground floor, and they look fantastic. In the coming days the tile floors will all be cleaned, waxed, and polished in the kitchen area, ready room area, men's and women's bathrooms, and entranceways to our garage. Depending on call volume, we will also try and get the bathroom in Dispatch done as well. I personally ask that you please try to wipe your feet on the throw rugs at each entrance, and if you should spill something, please clean it. As previously mentioned, the Terrazzo tile by our main entrance will be a separate job and will have to be BID work.

Please keep the suggestions flowing, we are getting great feedback and checking off the boxes.

President's Report- Seth Fischer (cont'd)

In closing, on a more somber note, September is unfortunately a very hard month for many of our members, as we will be honoring the lives and loved ones lost on 9/11. Please let us remember the victims and the first responders who passed away that day, as well as the many that are still impacted. We must pray for the families and friends left behind. Let us also pray for the men and women of our Armed Forces who have lost their lives protecting our freedom. God Bless them, and God Bless America!

Keep up the amazing work!

Seth

Chief's Report - Michael Como

Happy (almost) Fall everyone! With summer drawing to a close I want to thank everyone that came out to march in the parades. We have so much to be proud of as members of HCFAS and it's always nice getting out there and representing the agency together. As we start the month of September lets all take time to remember the brave men and women that gave their lives on September 11th, 2001. Particular thanks to our own members who responded to Ground Zero.

The operational officers nominated a number of our members for 2019 Pulse Check awards. I am thrilled to announce that two of our members won!

Brian Canty won the 2019 PULSE CHECK EDUCATOR AWARD

"This award is presented to a member who through outstanding teaching, publication, or research that has greatly improved pre-hospital services at the local, county, regional, or state level, having some particular impact on the volunteer non-profit EMS community."

Bob Biersack won the 2019 BLS PROVIDER OF EXCELLENCE

"This award is presented to an individual member in good standing or a member of a member organization in good standing with NYSVARA who has provided an exceptional contribution(s) to the EMS field and/or an EMS agency or system, through demonstrated dedication, professional behavior, initiative and/or special services."

Chief's Report - Michael Como (cont'd)

Many EMTs across Suffolk County have been trained by Brian (including me!). He continues to teach EMT classes and CPR classes and assists with all of our continuing education needs. Bob does so much for HCFAS. He works diligently as a member of the building committee, keeps our refrigerator stocked with amazing food, comes in for extra shifts every week, and consistently answers up for backup. Thank you both for all of your contributions to HCFAS and EMS as a whole.

The Fall Festival will be here before we know it. Please sign up in the ready room if you can fill one of the standby slots. It's a big undertaking, but together we will get it done.

Also, please remember that the Critical Incident Stress Management (CISM) team is a resource that is always available to you through County. At any time (24/7) you can let a Captain or Chief know if you would like the team activated and we will immediately set the process in motion.

Thank you for all that you do!

Respectfully submitted,

Michael Como, Chief

September Length of Service Awards
to be presented at September GMM

35 Years- Phil Orlando #706

25 Years- Eric Autz #903

Thank you for your service!

1st Deputy Chief – Elizabeth Wuestman

And the end of the summer is here just like that! Before we know it we will have snow standbys and pizza parties!! Speaking of standbys.... There are a few coming up this month that still requires some coverage. If your free and want to either make extra shifts, make up shifts, or get some probationary activities completed sign up in ready room or reach out to Julia Vodopia 631-418-4269.

Thurs September 12th- HFD Yaphank- Full crew needed (1730-2200)
 Saturday September 14th- Stimson Middle School- CL needed (1000-1500)
 Wednesday September 18th- HMFD Yaphank- Full crew needed (1745-2200)

September 30th is the END of quarter 3!!!! Where did the time go!? Please run your hours and ensure that you will meet 48 by that time... any questions reach out to your day captain.

ALSO look at your LOSAP points, IF you have not been punching in and out on the same shift there is a chance that you are NOT receiving LOSAP points for that shift. If this is the case please fill out a finger adjustment form for those days and shifts and check off mismatch. (This is not something that I can change, SCM does this automatically but this is something I can fix once I receive that form.) This also affects your overall shift count, which is important in order to receive the holiday gift card.

Members interested in becoming drivers, please place a copy of your license in my mailbox with your badge number and a note stating your interest.

Laminated certifications... This is now a Chiefs order to have your required squad ID with appropriate certifications on your person as part of your uniform. Please remember to have this on you at all times while operating as a member at HCFAS; whether you attach your key fob to it, hang it in your car, keep in your mail folder so you have it when you are in the building please remember this as it is also a state requirement.

Calendar of Events

Check out these upcoming special events. Show your HCFAS pride by participating in events and supporting our organization and your fellow Members!

BOD Meeting	September 5
GMM	September 9
Officers Meeting	September 11



*Show your HCFAS pride!
 We need your
 participation at
 meetings, parades, and
 other events. It's a
 great way to meet your
 fellow Members!*

2nd Deputy Chief – Ryane Como

Training:

The September Review Training has been posted. This month's topic is "ePCR." Thank you to Karl Forsberg (the chair of the ePCR committee) for all of his help with putting together this month's training materials. Please remember that to remain in good standing you must not be missing more than two review trainings.

Upcoming CMEs:

Thursday September 19th 1900 "Crime Scenes and the First Responder" with SCPD Crime Scene

Saturday October 19th 1000 "Respiratory Problems" with Dr. Crupi

ePCR / Billing:

At a minimum, two sets of vitals should always be documented under the "Vitals" tab on your ePCR. Your vitals should not include a temperature as we do not take temperatures (unless specific to fire standbys as reviewed in last month's training). The hospital vitals are not our vitals (even if you helped at triage and took them) and should not be included on your PCR. Vitals should be obtained and documented from your on-scene and transport time. If any clarification is needed on this, please feel free to contact me.

Please make every effort to obtain current insurance information directly from the patient or the patient's family members. In addition to insurance, please obtain and document the patient's social security number and cell phone number. These additional pieces of information will help guarantee reimbursement by insurance. As a follow up to my email regarding social security numbers, a patient's social security number is the same as any other piece of protected health information (PHI). We are within every right to ask for it and once received it is protected under HIPAA laws and regulations. This information is only shared when it comes to Treatment, Payment, and Health Care Operations. That being said, the patient can refuse to give us the information and care should never be withheld. But, we should be asking for and trying to obtain a SSN on every call. When it comes to Medicare and Medicaid (our largest payers) the billing company NEEDS the SSN to obtain the insurance ID number. Some other insurance companies also require a SSN number such as USAA and Tricare.

I know that much of the ePCR and billing processes are still difficult to adjust to. My goal in disseminating this information is to help ensure that HCFAS as a volunteer agency is able to continue operating. I encourage anyone that has questions to contact me as I am always open to a conversation and will do my best to ensure that everyone is comfortable as we continue to move forward. Thank you all for everything that you do.

3rd Deputy Chief – David Kaufman

Hi members,

I hope you all had a good Labor Day weekend.

The new ambulance is finally here. We hope to have it in service as soon as it is certified by the NYS Department of Health. Thank you to the Thursday overnight for helping stock it. This included Louis Dell, Sara Manning, Josh Abraham, Maxx Hotton and Carol Dia. Ann Schwartz and the Tuesday 1100 also helped double check it. Thanks to Bob Franz for going to the DMV to transfer the plates and Bobby Loysch for attaching the plates and registration.

Please be extra careful when you do checkouts. A new vehicle certification will often trigger an unannounced inspection visit where the DOH can check any of the ambulances or responder vehicles.

Have a wonderful September.



Chief Dispatcher - Michael Barker

Dispatch Training: Mackenzie O'Brien #1559 (Sun 2300), Aaron Surette #1560 (Sun 0700), and Robert Sinrich #1563 (Thur 1100) passed dispatch tests on 08/19.

There are currently nine Dispatch Trainees who all joined since June 27. They are taking Class #1 from Liz Beach and Class #2 from Mary Sisinni.

Scene Safety: The first day of EMT school, you learn YOU are the most important person on scene, your CREW is second, and the PATIENT is third. If something happens to you or your crew, you are not going to be able to treat the patient.

Dispatchers, if the crew on scene asks for something, please react immediately. If they ask you for help from the Fire Department or Police or a Utility (LIRR, PSE&G), your most important responsibility is getting them that help.

Let's talk about Police. If the crew asks for "Police", call 911, identify yourself to the operator, and ask for Police to be dispatched immediately. Confirm this to the crew: "16 this is 0, Police have been notified."

If the crew asks for "Signal 10", this is different. Signal 10 is a "SAFE Word" for Police. The crew may not be able to say "Police" because it is not safe for them to do so. In this situation, confirm to the crew: "16, standby" and call 911. Identify yourself and ask for "Signal 10" to be dispatched immediately. Advise the crew: "16 this is 0, Signal 10 confirmed." Do not use the word Police as it could expose the crew to danger.

Crews, please be careful to speak clearly and distinctly. Control your voice so that dispatch understands your request and can react accordingly. If you speak too quickly or loudly, the dispatcher may have to ask you to repeat the message, which will increase everyone's anxiety. Think about asking another crewmember to enter the ambulance and use the mobile radio. Communication away from the scene may be beneficial.

Medic identification: We are still having occasional problems identifying the Medic. Dispatchers, at the beginning of your shift, venture back to the Ready Room to see if a Medic is on duty. Should 81 go on a signal 2 and you do not know who is responding, ask the Medic for their number. A list of Medics with their numbers is on a placard in the dispatch office, along with a list of our Critical Care (CC) Providers.

Please remember if the Medic goes to the hospital, please enter "ALS Run Call" from the drop-down menu. CCs, if you provide ALS care on the way to the hospital, please advise the dispatcher when you return, so they can enter "ALS Run Call" in the CAD.

Thank you for everything that you do. michael

Company 1 – Captain Bill Connolly

SUNDAY

I would like to thank the Sunday members for doing an incredible job of answering up for calls and staying on top of their ambulance check-outs and monthly training. I would like to congratulate Mackenzie O'Brien and Aaron Surette on passing their dispatching test. Also I would like to wish good luck good to Alex Hastava, Jacqueline Callinan, Jake Levinsky, and Esteban Lopez on their fall semesters in college. The 07:00 needs a Dispatcher, the 23:00 is in need of a second due crew.

Company 2 – Captain Kelly Murphy

MONDAY

I hope everyone had a fun summer and made time to enjoy your family and friends as well as come in and ride. Fall is right around the corner, kids back at school and our young adults off to college or work. To those HCFAS college members "we will miss you while you are away!"

I am thrilled to repeat that we still stand with only two 24's on Monday's. This brings me to the part where I thank all my Co. 2 members, many Co. 8 and those back up responders. Back up responders are just as important as our in house crews without them we wouldn't survive. Thank you to those of you that listen to your pagers, stop your time with family and friends, or leave a job, leave your home and even crawl out of your nice comfortable bed to come in and answer up to our calls.

Monday has a new member Giorgia Iannetti 1561 on our 1500 shift. If you do not already know Giorgia, please stop in to say hi and introduce yourself.

HELP ALWAYS NEEDED:

0700 1ST due CL/FA, 2nd due FA/ALS

1100 1st and 2nd due FA/ALS

1500 1st due FA/ALS, 2nd due CL/FA

1900 1st due ALS, 2nd due FA/ALS

2300 2nd due FA/ALS

Enjoy the remainder of Summer.

Kelly Murphy
Monday Day Captain

Company 3 – Captain Elizabeth Mohr

TUESDAY

Thank you to all the amazing Tuesday members, Company 8 Members and those who regularly help out on Tuesdays! They would not go as smoothly as they do without each and every one of you. A dispatcher or crewleader is needed for the 1100 shift, if anyone is available to help please let me know.

Good luck to Zach, Brett, Nikki, Jake and Esteban as they go back to school for another year of college, I can't thank you enough for all of your help on the Tuesday overnight this past summer!

Just a reminder the 3rd quarter ends at the end of September! Any Tuesday member who has questions about hours please reach out to me as soon as possible. Please remember to complete your review trainings! Thank you again to everyone for all the help!

Liz

Company 4 – Captain Katie Donegan

WEDNESDAY

Endless thanks to all members whose efforts keep Wednesday running smoothly. It's amazing that we had a whole month- August- with zero 24s for the entire organization. This is a true testament to the dedication of our providers and everyone who contributes at HCFAS.

I would like to welcome three new members to Co 4! Vera Farina #1571 joins us on the 0700 shift, Leonardo Terrones-Nunez #1570 on the 1100 and Steven Conroy #1572 on the 1500. If you get the chance, come in and say hi to some new faces around HCFAS.

We are in the last month of quarter 3 and if anyone is looking to earn some extra hours Wednesday could definitely use you! The 1100 is in need of a full second due crew, the 1500 a dispatcher and second due driver and the overnight a dispatcher. Additionally, ALS and FA roles are available on the 0700 and 2300. Let me know if you're ever interested.

I hope that everyone had a relaxing and enjoyable summer, you all deserved to take some time and enjoy the beautiful weather! We're now off to a fun filled fall and I'm excited to see where the rest of the year takes us.

Katie

Company 5 – Captain John Mancino

THURSDAY



"Everybody can be great. Because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and your verb agree to serve.... You don't have to know the second theory of thermodynamics in physics to serve. You only need a heart full of grace. A soul generated by love."

~Martin Luther King, Jr.



Thank you for being the one who makes a difference in the lives of others.

Good things happen because you are there. We were nothing without your support, you have been our secret power, and we have achieved so much with your help, and we will continue to do more. I thank you very much for all you have done.



Company 6 – Captain Kathy Castillo

FRIDAY

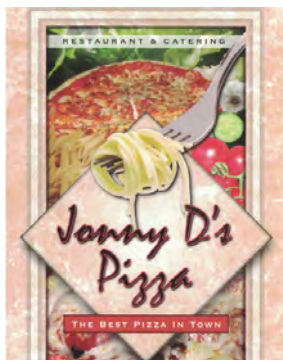
No Report.

Company 7 – Andrew Taylor

SATURDAY

No Report.

There are many places that offer discounts to Squad members. Even if you don't know if they do or don't, it can hurt to ask. I have had times when I have asked and the answer was 'we don't, but hold on' and they would go and talk to a manager/owner and in the end a discount was given. We have accumulated just some of the places in Huntington that offer a discount to Squad members. **If you know of a place that offers a discount to Squad members, put a note in Director David Mohr's mailbox or email me at davidmohr@yahoo.com.**

**Jonny D's Pizza**

946 New York Avenue

631-385-4444**15% Discount**Show Squad
Membership Card**15% Discount**

Show Squad Membership Card

**15% Discount**Show Squad
Membership Card**Costello's Ace Hardware**720 Walt Whitman Rd
Melville, NY 11747**10% Discount**

Show Squad Membership Card



Notes from Board Secretary Bob Franz

LOSAP 2018 Benefit Statements - Bob Franz

The December 31, 2018 LOSAP benefit statements were distributed to all participants in your member mail folder or by the USPS. Upon receipt, please review this statement carefully and if any of the information is incorrect, please put a detail note with any corrections in Secretary Bob Franz's mailbox. If you require a change of beneficiary, please use HCFAS Form # 430 which can be found on the form rack outside the dispatch office or on the Squad website or server.

Many thanks go to Mary Brenner, Martha Brenner, Roger Winter and Joe Nappi for assisting with the statement distribution. Thank you again to Jim Mallilo & Angie Kalodukas for your continued work in having all the data entered in the system and also your help along with Christy Stiles with the Town's audit.

If you have any other questions, please contact Bob Franz (robo4200@hotmail.com).

SC Recruitment Committee – The Suffolk Educational program for Retention in the Voluntary Emergency Service (SERVES) - (DEADLINE 10/1/19) -Bob Franz

The SERVES Administrative Guide is posted on the bulletin board. Highlights of the SERVES program follow.

- The program is a reimbursement program with award payment made directly to the student-volunteer at the completion of each semester.
- SERVES provides student-volunteers who attend any NYS DOE college or university located within Suffolk County with a reimbursement based upon tuition costs at Suffolk County Community College- i.e. as of June 2019 the maximum payment for a 12 plus credit schedule (full-time status) with a GPA of 3.75 to 4.00 or an "A" would be \$2,735.
- The student-volunteer will receive reimbursement based upon a sliding scale related to their GPA.
- The number of credits supported by the program; full or part time; covers up to 120 lifetime credit hours (Bachelor's Degree) (see administrative guide for definition of lifetime credit hours and limitation due to prior credit hours earned).
- The Deadline for application and documentation submission for the Fall Semester is October 1, 2019. Applications shall be date stamped upon receipt and the earliest dated applications shall be reviewed first as SERVES funds shall be disbursed on a first come, first served basis.

- For more information about SERVES go to www.suffolksbravest.com/pdf/currentSERVESguide.pdf.

Notes from Board Secretary Bob Franz (cont'd)

Designation of Beneficiary – Bob Franz Insurance Committee Chairperson

Reminder to review and update your beneficiary(s) especially if you went through any life changes, such as marriages, divorce, death or birth of loved ones.

Members wishing to check their designated beneficiary(s) on their Group Term Life Insurance Certificate or on their VFIS Accident & Sickness Policy please drop a note in the Secretary's mail box or the insurance committee mail box or email Bob Franz (robo4200@hotmail.com). Eligible members under the squad's group term life insurance program are generally covered for \$50,000 (lower amounts if over 69 years of age).

All active members are covered under the VFIS Accident & Sickness policy while on duty; the death benefit is \$250,000.

Your beneficiary(s) under the LOSAP program was indicated on your 2018 LOSAP benefit statement which was distributed to you in August.

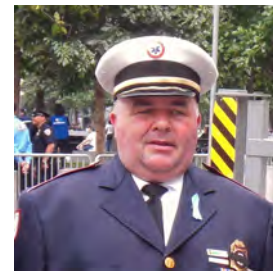
Huntington Community First Aid Squad Remembrances of 911



September 11, 2001 an attack on the Twin Towers at the World Trade Center. HCFAS as well as many other departments on Long Island mobilized members to this tragic event. The following members responded to New York City and others stood by and waited to be called; Al Szigethy #724, Ed Billia #896, Tom Hogan #879, Mike Rosenberg #914, David Mohr 748, Mike Chiarelli #1003, Tom Romano #939, Cindy Cairl 798, Ann Maloney #921, Betsy Glidden Smith #929, Eileen Burns #767, Jim Barkocy #578 and Ex. Chief Dominic

Heavey # 973. Ex. Chief Dominic was at Ground Zero when the first tower came down. He narrowly escaped being crushed to death. His

ambulance was crushed and he lost a valuable member of his crew while working for Hunter Ambulance. He was then assigned to another ambulance at Ground Zero. When the second tower came down he again escaped injury. Later he and other EMS workers set up a triage area to treat anyone who was initially injured.



Experiences at Ground Zero - By: Mike Chiarelli

As you may or may not know, a few ambulance corps from Long Island were asked to go into the city to help with the World Trade Center rescue effort. Being part of the second of six member crew dispatched from Huntington, we were told that we would probably do a lot of sitting around and very little EMS work. Upon relieving the previous Huntington crew Wednesday morning at Chelsea Piers in NYC, we were again warned that we would be sitting around waiting, but would probably not get any closer to the disaster site.

Chelsea Piers were set up as a Mobile Trauma Center as well as a worker relief center. I witnessed a few people get treated in the treatment area, but continually found myself waiting in the ambulance playing cards to pass the time until we were called in to help out. By 11 AM, I

figured that our role in the relief effort would consist of playing cards and eating the really good food that was donated by some of the city's best restaurants.

Soon enough, an officer came up to our Ambulance to ask us if we were Advanced Life Support (ALS) or Basic Life Support (BLS) ambulance. We told him that



this particular rig was an ALS, but our second three person crew was considered BLS. he jotted that down and left. once again, we were back playing cards trying to keep ourselves occupied.

At around noon, we got that we were moving to ground zero...We were not sure what exactly we were going to do, but we knew that anything would be better than sitting around Chelsea Pier. A motorcade of 10 ambulances followed a police car through the city going code 3. This meant that we had our lights and sirens on and we were moving at a pretty rapid rate. It was amazing to see traffic at every intersection stopped by the police to let us through. Wasn't sure exactly where we were going. I was going, but it felt great to finally be a part of something. As we passed a few residents that remained in the city, some began to salute our ambulance, while others gave us their support by waving the American Flag or shouting words of encouragement. We finally arrived at FDNY Station 11, we were again told that we would probably be doing a lot of waiting around, but Central EMS command definitely has us figured into the Grand Plan. So we "hurried up awaited". We prepared by checking over ambulances to make sure that all of the disaster supplies that were hastily loaded Tuesday morning were still there. I checked all of the extra saline IV bags that we stocked to treat the thousands of dehydrated survivors that I thought we would have treated by this point. nothing...so we waited.

By late afternoon, we were told that we were going into Ground Zero and to pack and BLS equipment that we could carry. He said that any ALS efforts in the field at this point would be futile when so many Mobile Emergency Rooms were set up at the scene. So we packed up...waited... Soon a city bus came and picked us up. The driver told us that she could only get to within a few blocks of the area, and that we would have to walk the rest of the way. She also said that anyone that did not want to go to Ground Zero could stay on the bus and head back to Chelsea Pier. My entire crew chose to go. When we got close, she stopped and let us out to walk. It was the most horrific site imaginable. The streets were covered in white soot that closely resembles snow. It was late afternoon, but by of the sun was blocked out by the airborne particles surrounding us. The air was so thick that we had to keep changing our respirators to prevent them from getting completely clogged. The streets were eerie. Except for the National Guard trucks and tanks and the burned out cars that were in the wrong place at the wrong time, the city was sterile. There was no electricity, but the aura of the burning building showed us that way to the hell that we were about to encounter.

Passing some stores was also quite disturbing. looking into the windows revealed open soda bottles and eggs cooking on a once hot stove. There were tables with checks still on them waiting to be paid. The place was deserted in a minutes notice and looked it.

At Ground Zero, I was stationed in the Triage center set up in Stuyvesant High School. Literally, 500' from the toppled buildings. The lobby of the High School acted as the trauma room where I worked with a team of two volunteer nurses, and Anesthesiologist and surgery resident. All volunteers bussed in from all over the country looking to help. There were eight such beds ready to take on the massive influx of survivors that we were hoping for. I was split up from my new, and constantly wondered what task they were assigned to. Over the course of the night, we treated

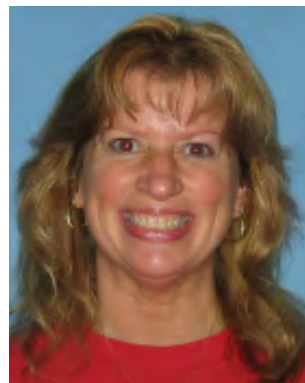
many fireman and rescue worked, but unfortunately there were no survivors brought our way. During one of our breaks...as if the adrenaline flowing would let me sit down, the surgeon and I walked up to the collapsed site. it was surreal. Cases of black body bags lined with sooted debris strewn sidewalks. Shoes eerily left in the middle of the roads if people had run out of them. No car was on its wheels. Most were upside down and melted to the point of non-recognition. No windows were left intact, except for the ones falling precariously around rescuers. There were sites that I saw, that I never could have imagined, not could I describe here. I felt like I was on the set of a movie. It was not real.



After returned to the Ground Zero triage center. I continued to help treat workers, and did so through the night until they relieved us a daybreak. I got word that one of our crew members was dispatched to the Murray Deli to set up another field field emergency room at Ground Zero. She has to remove all medical equipment from the abandoned ambulances and fire trucks of the initial rescue crews that wanton to try to save lives, but ultimately paid eh supreme price for their heroism.

We were eventually sent back to our own ambulances where I met up with my crew, and we exchanged stories. We each played a small role in the massive rescue effort, and each of us could write a book on our experiences.

Mike Chiarelli with Tom Romano, Cindy Cairl, Ann Maloney, Betsy Glidden and Eileen Burns.



Mike Chiarelli #1003

Tom Romano #939

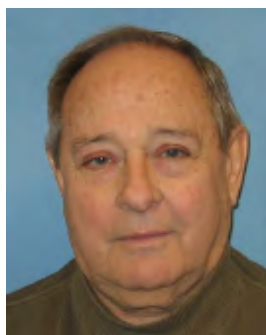
Cindy Cairl #798

**Betsy Glidden
Smith
929**



Ann Maloney # 921 Eileen Burns #767

Other HCFAS Members who responded to NYC



Top Row

Al Szigethy #724, Dr. Deacon Ed billia #896, H. Thomas Hogan #879, Mike Rosenberg #914

Bottom Row

Past President: David Mohr #748, Jim Barkocy #578, Ex. Chief Dominic Heavey #973

Mike,

I am reproducing your Experience at Ground Zero for the PULSE. I am adding a small prolog to explain to our young members what the experience was. I hope you approve using your Experience at Ground Zero. If you have a picture of yourself at or about the time of 911, I would like to include it with the article...or I could use one around HCFAS or as you are today.

Thank you,
Roger Winter.

Today Mike Chiarelli



Mike Chiarelli Roger,
That would be great! That was a trying time in my life that has shaped me into the person I am today. I am currently an ER physician in Doylestown PA. My experience at HCFAS provided a solid foundation that I've been building upon since then. I miss being in Huntington. I currently work with all of the EMS agencies in the area.

Thank you to Roger Winter for this submission!



Dr. Brandler gave another outstanding lecture on EMS Stroke Identification and Management. The lecture was attended by 40+ members of HCFAS and other departments. This should hit home as two of our members have been sidelined with strokes.

Stroke Identification and Management: tips for BLS providers

1. Always perform a blood glucose test to rule out hypoglycemia. *Document the results under vital signs*
2. Perform the Cincinnati Stroke Scale and *log results in "Forms"*.
3. Document last known well time.
4. Can the patient walk? Did the symptoms come on suddenly? If the patient is normally able to walk, test whether they are able to stand and take a few steps.
5. Consider a large vessel occlusion (LVO) if the patient is suddenly unable to stand, has "neglect" *(usually left-sided), gaze preference or aphasia (A LANGUAGE DEFECIT.). These symptoms often occur with paralysis of the face, arm or leg.
 - a. Neglect is typically associated with Left sided weakness. People with neglect will ignore the left side of their bodies and may have a gaze that looks towards the right side.
 - b. Aphasia is typically associated with Right side weakness.
6. Patient's previous history. Does it include:
 - Previous strokes or TIA
 - Atrial fibrillation
 - Head trauma
 - Hypertension
 - GI bleed
 - Recent surgery
 - Coronary artery disease
 - Aneurysm or arteriovenous malformation
 - Diabetes
 - Smoking



New Member Spotlight- Martha Brenner

Elizabeth Bernfeld # 1565 Monday 1100

Elizabeth has family involved in EMS/Fire Service and wants to be involved as well. She chose HCFAS because of the time control of the on-duty shift concept. She is a Sales rep/Banquet manager for a company that owns several venues on Long Island. She has a dog named Lyle who is a trained therapy dog through "Love on a Leash". She is also an avid runner who just completed a 5K.



Estrella Flores 1567 Tuesday 1700-2100

Estrella has been a post member for the past 2 years and began her dispatch training as a post 215 member before joining us as an adult member. Estrella has lived in :Massachusetts, Florida, Virginia and Honduras. She is completing her last year of high school. After graduation she plans to pursue a biology degree. And, she is fluent in Spanish!

Jesse Annunziata 1569 Thursday 1100

Jesse is completing his final year at SUNY Farmingdale where he will graduate in December with a Biology/Science degree. He has taken the EMT at college but has not yet had practical experience. He hopes to attend graduate school for a PA or PT degree. Jesse grew up in Halesite and graduated from Huntington. In his spare time he enjoys working out. An interesting fact is that he has extended family on 7 continents!



New Member Spotlight- Martha Brenner

William Villatoro 1566 Wed. 1100

William is a student at St. Johns University and will complete his Bachelor degree in biology this fall. He has an EMT obtained at St. Johns but has not yet has practical experience. William is first generation with parents who emigrated from Salvador. He speaks fluent Spanish. In his free time he enjoys playing soccer and basketball.



Ben Curry #1568 Sat. 0700

Ben joins us as another in a long line of legacy members. Ben is the son of T.C. Curry #833 who has been a member since 1990. Ben grew up listening to stories about emergency calls. He joined Post 215 and was hooked. Ben joins us as a college bound member. He will be leaving for SUNY Albany for his first semester before labor day. At college he will obtain his EMT and will be a member of the on campus rescue squad. In his spare time Ben is a fitness buff and enjoys football and wrestling. We wish Ben well at college and look forward to his active return to Huntington at Thanksgiving.



CRIME
SCENES
AND THE
FIRST
RESPONDER

CME



Who has been on that call, that wow call? Maybe it was it an MVA, a working house fire, a victim of violence, a crime to cover up a crime, a bad drug overdose or suicide. HOW DO WE OPERATE IN THAT ENVIRONMENT? And now it's a CRIME SCENE.

The Huntington Community First Aid Squad in partnership with Sergeant Andrew San Germano of the Suffolk County Police Department Crime Scene unit will be hosting a lecture on EMS/First responders and crime scene preservation. This CME is open to EMS providers and Firefighters who may be responding to alarms involving the commission of a crime.

Discussion and extensive Q&A to include: R.E.S.P.O.N.D. (a CS mnemonic for Respond, Evaluate, Secure, Protect, Observe, Notify, Document); Evidence Considerations at Crime Scenes; Personal Risk Reduction; Handling Violent Situations; and Personal Safety Techniques. Preserving as much evidence as possible while trying to destroy as little evidence as possible.

Thursday, September 19, 2019 at 7PM
2 hours Noncore CME - Operations

PLEASE PARK IN THE RAILROAD COMMUTER PARKING ON THE EAST SIDE OF THE BUILDING.

Huntington Community First Aid Squad
2 Railroad Street
Huntington Station, NY 11746

Please RSVP/ Walk-ins Welcome
For additional information and registration
cme@hcfas.org or
Fiona Witkowski EMT (Fiona.witkowski@gmail.com)
John Mancino RN, EMT-CC (jmancino@optonline.net)

Good and Welfare- Roger Winter

Good and Welfare

August 2019

GET WELL
SOON



Life Member Andy Ball took a tumble at his home. He was hospitalized shortly. He is recovering at home.

Craig Stone; son of Jon and Casey Stone and grandson to Mary and Roger Winter and Rich and Lorrie Stone, Uncle to Ex 1st. Deputy Chief and Life Member Chris Winter and Uncle Spencer Newman was hospitalized with difficulty breathing. He is home and very, very active.



Thoughts and prayers are with Gina Angevine and her family on the passing of her grandmother Helen.

Get well wishes for Robin Smiles who was briefly hospitalized but is doing much better, and so is her amazing photography.

Well wishes to Phil Orlando who was injured on a call. Emails, texts, and calls are welcome.

Continued well wishes for Christine Tedone and Don Roulo on speedy recoveries.

Michael Jacoby had a minor procedure but is recovering nicely.

Sheryl Roach was sick but is home recovering.

Christy Stiles husband John is officially CANCER FREE!!



Congratulations

This past weekend, my dream boat, [Charlie Lynch](#), asked me to marry him and I said yes! After spending time ugly crying, he was finally able to get the ring on my finger. Although I was ready for this moment(many of you have heard about my readiness)I was not ready for the overwhelming joy and surprise I would feel. Thank you to my family and my soon to be family for making these moments even more special!
[#isaidyes](#) [#hedidit](#) [#nowiwonhavetopushhimoverboard](#) [#icing](#) [#frostyoursself](#)





At the New York State Summer Music Conference. I am honored and humbled to receive this award from my colleagues and friends in the New York State Band Directors Association. Sorry I couldn't attend the Symposium last March but am thrilled to be with you here. Andy Pease, Corey Riley, Michael Struzik, Smith Ann Robin DeSantis



It is with deep regret that the Operational Officers and Board of Directors announce the passing of Edgar Ebert, father of HCFAS member Tim Ebert. Please keep Tim and his family in your thoughts.

I am extremely proud to report the outstanding efforts of the 1900 crew last night. A LIFE WAS SAVED!!!!



At 1909 hrs. at the start of the shift, the 1900 crew was dispatched to the residence of a person unconscious unresponsive. Upon arrival they found a patient in cardiac arrest, Apnic breathing and pulseless sitting in a chair. They immediately started resuscitation efforts, AED was applied no shock was indicated and CPR was performed. It was discovered that the patient had an obstructed airway of food and mucus, the crew was able to clear the airway continue artificial ventilation and chest compressions and the patient ended up with ROSC, Return of Spontaneous Circulation. Upon arrival to the emergency department the patient had a pulse.

I would like to recognize and congratulate EMT Louis Dell, Driver/RN Susie Martin, First Aider Equislaure Gabriel (KIKI) and dispatcher Susan Seibel on an outstanding job and saving a life.

This just demonstrates the outstanding work and the dedication that this agency provides to the community we serve, thank you for an outstanding job, WELL DONE!

The crew was basic life support, like I've always said, without the strong basic life support we have from the outstanding members of this agency, we can never be as successful as we are. BLS BEFORE ALS.

John Mancino

Thursday Captain



SCPD Officer Angela Ferrara, in your retirement may you always remember the many lives you have touched through your work. Pictured here with Officer Ferrara at her retirement party are HCFAS Ex-Chief and Past President Roger Winter and Ex-Chief Andrea Golinsky. These photos are from the HuntingtonNow facebook page August 15th, 2019 post. To become a volunteer Emergency Medical Technician (E.M.T.) visit HCFAS.org or call 631-421-1263 and leave a message for Membership Chair Mary Winter with your address. An application will be mailed to your home.

8TH ANNUAL COMMACK AMBULANCE RUNFOR YOUR LIFE 5K RUN/WALK CVAC 5K

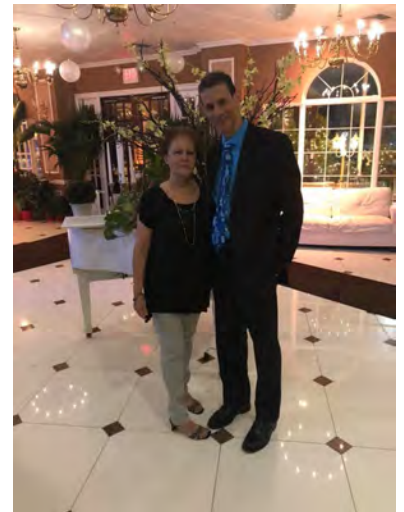
Chief Mike Como with Julia Vodopia, Vasken Kazandjian son Enzo and Keith Tetrault run in the 8th Annual Commack Ambulance run for Your Life 5K Run/Walk.



Tony Cruz, Happy Retirement and your journey into grandparenting



Tony's crew bids him a fond farewell : Greg Orr, Nicole Campbell, Carol Nucci, Tony Cruz, Joan Florio, Karen Reim, Ex Chief Thomas Lemp



Tony and Minerva Cruz are Grandparents

Krystal and John Collins: Our little family and hearts have grown! We'd like to welcome and introduce to the world Aidan Fitzgerald Collins 💙 Born on August 19th, at 1:43pm. 4lbs 14oz and 18.25in 💙 He decided to make his way early, I guess he was just too



CPR Saves 7/13/19

A 63 year old male presented as pulseless and apnic. ALS cardiac arrest protocols were initiated and ROSC was achieved moments after arriving at the ED. The patient was discharged from the hospital on 8/2/19. Great job by the crew: William Lutz, Captain Andrew Taylor, Tim Quigley, Jeff Brenner, Fiona Witkowski, and SCPD PO James Garside.

7/14/19

A 71 year old male presented as pulseless and apneic. ALS cardiac arrest protocols were initiated and ROSC was achieved on-scene. The patient was discharged from the hospital on 8/2/19. Great job by the crew: Alex Mullin, Captain William Connolly, Eileen Burns, James Barkocy, Chief Michael Como, 2nd Deputy Chief Ryane Como, 3rd Deputy Chief David Kaufman, Jaclyn Ritterhaus, Kahty Hayes, and Michael Capotosto.

"I'm very happy to announce that two HCFAS members won 2019 awards for Pulse Check!" Chief Mike Como

Bob Biersack won the 2019 BLS Provider of Excellence Award

Brian Canty won the 2019 Educator Award

Congratulations!!!



Thank you to everyone who expressed their condolences, and for looking out for my family and I when my Dad passed away. If you didn't know him, he was member 761, and was around for a couple years in the late 80s/early 90s. HCFAS was the first ambulance company he was a member of, his EMS career ended up spanning 32 years. He knew HCFAS would be the best place for me to volunteer, and drove me out 40 minutes twice a week to make post meetings and shifts. He was actually about to become a member again! We had been responding to calls together upstate for 2 years, doing ski patrol, and teaching CPR together before he got sick. EMS had been our thing since I was 12 and started taking every different first aid and disaster preparation class I could with him. My family and I really appreciate the Squad letting us use the upstairs for a lunch after my dad's funeral (thank you Brian Canty especially!) Thank you to the members and Post 215 Members and Advisors who came to my Dad's wake. Thank you to everyone who honored him at the Installation Dinner. And thank you to everyone who made the trip to Albany when my Dad's name was put on the NYS EMS Memorial. He was honored on the memorial because his lung cancer was caused by his time responding to the World Trade Center attacks on 9/11 with Bay Community Ambulance. My family and I love hearing memories that people have of him, so please share if you have any! Thank you everyone for everything, your support really means the world to my family and me.



BASICS – September 2019

Back to School Basics

By Mark W. Brenner

Ever since I was a young boy, September heralded a return to school, a return to schedule, or in other words, a return to the basics. With this return to the basics in mind I have prepared these review questions to help us focus on some of the basics of emergency medical care. And for those who are beginning an EMT course, or refresher or continued education – thank you!

1. The most effective manner with which to stem the spread of infectious disease is:
 - a. Handwashing with soap and hot water for 30 seconds
 - b. Regularly spraying the interior of the ambulance with sanitizing spray.
 - c. Using a disposable gown and face shield on all calls
 - d. Not shaking hands
2. You transport your patient to the hospital. You share pertinent patient information with the charge nurse. This is a violation of HIPAA.
 - a. True
 - b. False
3. What is the pulse rate and quality for someone in compensated shock?
 - a. Rapid and strong
 - b. Rapid and weak
 - c. Slow and strong
 - d. Slow and weak
4. Your patient is altered and has pupils that are unequal. You should suspect a(n):
 - a. Opioid overdose
 - b. Diabetic emergency
 - c. Head injury or brain bleed
 - d. Heart attack
5. According to the CDC Trauma Triage Guidelines, if your adult patient meets any Box 1 or Box 2 criteria, you should:
 - a. Call for a helicopter
 - b. Transport preferentially to a Level 1 Trauma Center
 - c. Transport to the nearest Trauma Center of any level
 - d. Transport to the closest emergency department
6. Your trauma patient is intubated. Does this mean that they have an unmanageable airway and should not be transported to a Level One Trauma Center?
 - a. Yes
 - b. No
7. Your unconscious adult patient's mouth is filled with blood and vomitus. They are barely breathing (slow, inconsistent attempts to inhale) You should suction:
 - a. Until the airway is clear
 - b. For up to fifteen seconds
 - c. For up to thirty seconds
 - d. Only if the patient cannot clear their own airway
8. The correct dosage for the administration of epinephrine for the pediatric patient using the syringe epinephrine kit (SEK) (also known as check and inject) is:
 - a. 0.15 mg
 - b. Up to the "P" line on the syringe specifically designed for SEK
 - c. Both a and b are correct
 - d. 0.3 mg

1. (9) The dispatcher receives a call for a 26-A-1, adult patient sick and it has the FC designation. The on-duty crew is returning from the hospital. Should the dispatcher advise them of the FC designation?
 - a. Yes, because it means that the patient has a fever and/or cough and the crew should approach the patient equipped with an N-95 mask in addition to disposable gloves.
 - b. No. The designation means that this call was taken by FireCom.

ANSWERS: 1a, 2b, 3a, 4c, 5b, 6b, 7a, 8c, 9a

September 2019 HCFAS Birthdays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8 Joe Kaempf	9 Nereida Serrano	10	11 Cindy Cairl	12	13	14
15	16	17	18	19	20	21 Venel Grimadeau
22 Liz Beach	23 Jeff Daniels	24 Michael Jacoby & Josh Abraham	25	26	27 Carol Nucci & Alyssa Axelrod	28
29	30 Sal Romano & Juan Flores					