

THE PULSE

HCFAS-
PROUDLY
VOLUNTEERING
SINCE 1967

THE HEARTBEAT OF THE HUNTINGTON COMMUNITY FIRST AID SQUAD

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President's Report- Seth Fischer

...and just like that, the summer of 2021 is behind us. We hope everyone found time to enjoy themselves, and relax.

We are doing exceptionally well, and it brings me great pride and joy to see us operating on all cylinders. We are in a great place, and the road to success is ahead.

Here are some friendly reminders:

1. Please try to gather as much insurance information as you can from your patients. If you have any questions, please do not hesitate to ask your Day Captains
2. Please get caught up on ALL review trainings to date
3. Please take note of where you are with your hours to date. The end of the year is rapidly approaching
4. School is back in session, please drive carefully
5. Masks must still be worn in the building at ALL times
6. Masks must still be worn on ALL calls at ALL times

In closing, 9/11 is upon us again. Some of you were directly affected, and our thoughts and prayers are with you and your families. Please remember the victims and the first responders who passed away that day, as well as the many that are still impacted. We must never forget the families and friends left behind. Let us also pray for the men and women of our Armed Forces who have lost their lives protecting our freedom. God Bless them, and God Bless America!

Continue to shine, and smile (it is contagious)!!

Seth

Questions? Submissions?

Email Editor
Katie Donegan at
thepulse.hcfas@gmail.com



Chief's Report - David Kaufman

No Report.

1st Deputy Chief – Ryane Como

I hope that everyone stayed safe during Ida. Thank you to all the members that responded during the storm.

As we mark the 20th anniversary of 9/11, I would like to thank all of the members that responded as standby coverage to the scene. Thank you for your bravery. Thank you to all of our past and current service men and women for your service.

Life is difficult right now for many people; if anyone is having a hard time right and needs someone to talk to, please speak to an Officer or a board member and we will do whatever we can to help. You are not alone.

Please continue to wear masks in the building. All providers, regardless of vaccination status, should continue to wear N95 masks and eye protection on every call. Additional PPE should be donned at the provider's discretion based on patient presentation. All patients and anyone else riding in the ambulance must wear surgical masks. Providers and patients must be masked when entering the hospital. Please continue to take temperatures of all patients and document it in the vital signs. If a patient is confirmed or suspected COVID positive, please use the COVID impressions in the narrative screen.

If you are submitting an educational leave of absence request, the HCFAS ELOA form must be accompanied by your semester schedule as well as your school's academic calendar. Please be sure all documentation is submitted to avoid the leave request being denied or delayed.

The third quarter ends on 9/30/21. Everyone needs 48 hours per quarter. Please remember to finger in and out on the same shift. If you are going to miss a shift, plan to make up the hours by coming in early and staying late or doing another shift entirely. Each quarter, you need 48 hours. Please review and submit any finger read adjustment forms ASAP.

Company 8 members: Please remember that you must be completing one four hour shift a week or an 8 hour overnight every other week. If you commit to filling in a time slot with a Captain and then cannot fulfill that shift, you must find coverage. If you deviate from the weekly or biweekly shifts, you must reach out to me to provide an explanation. Anyone grossly deviating from the schedule is subject to be removed from Company 8.

To qualify for the end of the year gift card, you need 36 shifts by December 1st. Shifts only count if they are the full 4 or 8 hours. Gift card season is rapidly approaching. Please talk to your Day Captain or send me an email if you are unsure about your quarter hours or shift count to date.

Thank you all for your continued dedication to HCFAS. Please contact me if you need anything!

2nd Deputy Chief – Dale Bartolomeo

Effective June 1st, NYS has updated its documentation requirements for PCRs. This information is extremely important and must be reviewed by all EMTs. The changes were posted on ESO, emailed, and can also be found here: https://www.esosuite.net/EsoSuite/Notifications/NY_State_Reporting_Config_Changes_060121.pdf

All of the changes except one have been updated in the ESO software, meaning that if you do not perform a required task and fill out the required information, the PCR cannot be locked. On scene, you must be aware of these new requirements ahead of time so that you still have a chance to gather the information. This way, you are not stuck after the call without it and unable to lock your PCR.

The one change that must be incorporated, but that ESO will not remind you about, is that when answering to nursing homes, schools, and urgent cares, you must start manually inputting the scene location information from the predefined drop-down list. This is the only way to include the newly required Facility IDs from these types of locations. Without the Facility ID, the state will not accept the PCR. In my opinion, this is the most confusing update, so if you have any questions, please reach out to me for clarification.

Please remember all PCRs must be completed and faxed within four hours.

Anyone looking to take a EMT Refresher or original course there are multiple postings in the ready room.

Anyone who needs to take a CPR class please use this QR code below to register for an upcoming class.



September's review training is on School Bus Safety !!
Thank you Mark Brenner for putting this together !

3rd Deputy Chief – Bill Connolly

Dear Members,

I would like to congratulate Alex Bayer on completing his Eagle Scout project. Alex built a workbench for the squad. The bench is located next to the maintenance closet in south bay 5. Thank you for your hard work, Alex.

Please remember to complete driver and ambulance check-outs at the start of each shift. If you have an accident or incident while driving, please report this promptly.

As this year marks the 20th year of the horrifying tragedy of 9/11/01, remember to keep in your thoughts those that perished in the attacks, and the countless first responders who were on scene who suffer from illnesses or have died.

Chief Dispatcher - Mike Capotosto

No Report.

Company 1 – Captain Jake Levinsky

SUNDAY

Hello everyone, hope all is well!

I would like to start by thanking everyone who came in to help out during the storm on August 22nd. Luckily we missed the storm and didn't get hit too bad, but everyone that came in was a huge help.

Good luck for all of the college students starting their semester and those who are leaving will be greatly missed these next few months.

Help is needed since there are some members leaving; 1900 needs a crewleader and 2300 needs a dispatcher and full crew. Anyone available please let me know.

We are at the halfway point of the quarter so make sure you are good with your hours. As always please remember to Clock IN and OUT on the same shift after completing either your 4 or 8 hour shift. You can use the finger reader by dispatch and the back door to see what time you clocked in so you can now tell what time you need to clock out to receive credit for the full shift. Also don't forget to do your weekly checkouts.

Company 2 – Captain Paul Bayer

MONDAY

Hello HCFAS volunteers, from your Monday Captain! Here again with news from Company 2 for August 2021. As summer draws to a close, I hope everyone enjoyed their summer - spending time with (vaccinated) friends and family.

Matt Filonuk (#1654) just started his first shift on Monday, 8/16 during the 1500. Matt will be starting his EMT classes in October, and we're looking forward to welcoming him to our Company 2 family.

We'll be sad to see a number of our younger Company 2 members (and honorary members) go back to school before the end of the month: Evan Barnes, Kay Rosselli, Grace Kata, Wendy Qu, Emily Berkowitz. Those who have already left for school: Breanna Tahany; and those who come in to help out: Evi Baer, Jake Levinsky, Esteban Lopez, Michaela Ryan, Eve Pollack, Merissa Lindner. Thanks to all of your dedicated efforts - and come back soon!!

Again a big thank you to all the members who have helped out on Mondays in August! Betty Wood, John Connors, Keith Tamayo, Kelly Murphy, Casey McCormack, Jackie DeBruin, Jackie Callinan, Eve Pollack, Marissa Lindner, Jeff O'Neil and Colin Weigele - a big thank you to you all!

Of course, no Captain's report is complete without a pleading for help! We need a second due CL on the 0700, a full second due crew on both the 1100 and 1500 shifts, as well as a first and second full crew on the overnight. We also need ALS on most shifts. If you're looking to fulfill your hours on a great day with great people - please give me a call and let me know when is good for you!

Thanks for all that you do!

Company 3 – Captain Elizabeth Mohr

TUESDAY

Thank you to everyone who has helped out on Tuesdays, your continued support means a lot to me. Good luck to Sean, Emily and Jordan as you start the fall semester at school, we wish you all the best! Congratulations to Brittany for passing her ambulance orientation test and starting her EMT class. Please remember to keep up to date on the review trainings and checkouts. Due to a change in work hours, I will be working some Tuesdays over the next few months, I appreciate everyone coming in and helping out when I am working.

Thank you again to everyone
Liz

Company 4 – Captain Eric Nazinitsky

WEDNESDAY

No Report.

Company 5 – Captain Colin Weigele

THURSDAY

Hello again everyone!

Firstly, I'd like to thank everyone on Thursdays for all their help this month

I'd also like to wish good luck to everyone who is going back to school this month!

Congratulations to Claudia Villatoro #1647 on passing her dispatching exam! Claudia passed her test this past month and has started First Aiding on the overnight!

As always, some help is still needed on Thursdays

A driver is needed on the 1500 and 2300

A crew leader is needed on the 1500 and 1900

A Dispatcher is needed on the 1900!

If anyone is able to help please let me know!

Again, thank you for all your help and amazing work.

Colin Weigele 1553

Company 6 – Captain Kathy Castillo

FRIDAY

No Report.

Company 7 – Captain Casey O'Riordan

SATURDAY

No Report.

Notes from Secretary- Bob Franz

LOSAP 2020 Benefit Statements - Bob Franz

The December 31, 2020 LOSAP benefit statements have been received and were distributed to all participants in your member mail folder or by the USPS. Upon receipt, please review this statement carefully and if any of the information is incorrect, please put a detail note with any corrections in Secretary Bob Franz's mailbox. If you require a change of beneficiary, please use HCFAS Form # 430 which can be found on the form rack outside the dispatch office or on the Squad website or server.

Please make sure your legal name and address is correct.

Many thanks go to Mary Brenner, Martha Brenner and Christy Stiles for their assistance with the statement distribution. If you have any other questions, please contact Bob Franz (robo4200@hotmail.com).

SC Recruitment Committee – The Suffolk Educational program for Retention in the Voluntary Emergency Service (SERVES) - (DEADLINE 10/1/21) - Bob Franz

The 2019 SERVES Administrative Guide is posted on the bulletin board. Highlights of the SERVES program follow.

- The program is a reimbursement program with award payment made directly to the student-volunteer at the completion of each semester.
- SERVES provides student-volunteers who attend any NYS DOE college or university located within Suffolk County with a reimbursement based upon tuition costs at Suffolk County Community College- i.e. as of June 2019 the maximum payment for a 12 plus credit schedule (full-time status) with a GPA of 3.75 to 4.00 or an "A" would be \$2,735.
- The student-volunteer will receive reimbursement based upon a sliding scale related to their GPA.
- The number of credits supported by the program; full or part time; covers up to 120 lifetime credit hours (Bachelor's Degree) (see administrative guide for definition of lifetime credit hours and limitation due to prior credit hours earned).
- The Deadline for application and documentation submission for the Fall Semester is October 1, 2021. Applications shall be date stamped upon receipt and the earliest dated applications shall be reviewed first as SERVES funds shall be disbursed on a first come, first served basis.
- For more information about SERVES go to www.suffolksbravest.com/pdf/currentSERVESguide.pdf.
- This is NOT an educational program; it is a retention program designed to help keep Members in the Volunteer Fire & EMS Service.

Notes from Secretary- Bob Franz (cont'd)

LOSAP 2021 Points – Bob Franz

The 2021 LOSAP Point listing posted on the bulletin board is being updated periodically. It is requested that each member review their points and report in writing any discrepancies to the LOSAP point committee. All review trainings must be completed & submitted by December 31, 2021 to be eligible for LOSAP points for 2021. Review Trainings should be completed on a monthly basis, please do not do more than a maximum of three review trainings in a single day.

It is recommended that each member have more than 50 points at December 31, 2021 so that any subsequent correction of posting errors (such as, activity posted to the wrong member account, duplicate activity posting etc.) will not cause the member to have less than 50 points and therefore not qualify for a year of service credit for 2021.

The LOSAP point listing is audited by the Town of Huntington. If you find any errors in your account, please report them to the LOSAP committee in writing.

The LOSAP committee puts incomplete LOSAP forms for your correction in a basket on the counter on top of the mail folders. Please check this basket.

Designation of Beneficiary – Bob Franz Insurance Committee Chairperson

Reminder to review and update your beneficiary(s) especially if you went through any life changes, such as marriages, divorce, death or birth of loved ones.

Members wishing to check their designated beneficiary(s) on their Group Term Life Insurance Certificate or on their VFIS Accident & Sickness Policy please drop a note in the Secretary's mail box or the insurance committee mail box or email Bob Franz (robo4200@hotmail.com). Eligible members under the squad's group term life insurance program are generally covered for \$50,000 (lower amounts if over 69 years of age).

All active members are covered under the VFIS Accident & Sickness policy while on duty; the death benefit is \$250,000.

Your beneficiary(s) under the LOSAP program was indicated on your 2020 LOSAP benefit statement which was distributed to you at the end of August.

VFIS Combined Insurance Group Term Life Insurance Certificate – Bob Franz

As you may remember, HCFAS changed our group term life insurance coverage from VESO to VFIS on November 1, 2020. After that date, I requested that all active non-probationary members who were participants under the program to complete a beneficiary form and I wish to thank everyone who complied with that request. As a participant, you are entitled to receive a Certificate of Insurance. All eligible non-probationary members participants in the HCFAS Group Term Life Insurance Program (Program) were emailed a VFIS Combined Insurance Group Term Life Insurance Certificate in August. The certificate shows your benefit amount, and terms & conditions of your coverage under the program. Also emailed were the Program guidelines.

There is the possibility that some members who are not participants may receive the certificate in error and I request that they delete the email or contact me if they have any questions.

I wish to thank Friday evening dispatcher Nedi Serrano and Tuesday afternoon dispatcher Christy Stiles for assisting with the change over these past several months.

9/11 Memories- Dominic Heavey



It's September and I have been asked by a number of people to write a little about my experiences 20 Years ago on 9/11. I have gone through some of my memories that I have saved and found this one I used as a Guest of Honor Speaker at the Federal Bar Association, United States District Court Central Islip, New York.

REMEMBERING SEPTEMBER 11TH 2001.

My name is Dominic Christopher Heavey and I am an Emergency Medical Technician with Huntington Community First Aid Squad. It is an Honor and a Privilege for me to speak to you today on behalf of all Emergency Medical Services Personnel and to tell you a little of about what happened to me on September 11th 2001 now 20 Years Ago.

September 11th 2001 has made us all different people. It is still difficult to comprehend the magnitude of that day. For us, the people of the E.M.S. community, it was and continues to be an event so devastating that it changed us all. On that day we lost a total of eight of our Colleagues, and I lost My Partner E.M.T. Mark Schwartz.



HCFAS Members who responded to 9/11:

Mike Chiarelli, Tommy Romano, Cindy Cairl, Betsy Glidden Smith, Patty Tufo, Ann Maloney, Eileen Burns, Al Szigethy, Dr. Deacon Ed Billia, Thomas Hogan, Mike Rosenberg, David Mohr and Jim Barcoy

9/11 Memories- Dominic Heavey (cont'd)

EMERGENCY MEDICAL SERVICES WEEK 2002

We Honor the Memory of Our Heroes

Mark Schwartz, EMT



I will practice my profession with conscience and dignity.

David Mark Soline, EMT



I solemnly pledge myself to consecrate my life to the service of humanity.

Carlos Limas, EMT



I will maintain by all the means in my power the honor and noble traditions of the medical profession.

Yanuel Marino, EMT



I will not permit considerations of religion, nationality, race, party, politics, or social standing to intervene between my duty and my patient.

Kathia Fairbro, EMT



I will respect the secrets which are confided in me.

Marie Sauters, EMT



The health of my patient will be my first consideration.

Richard Gustin, EMT



My colleagues will be my brothers.

Richard Pearson, EMT



I will give to my teachers the respect and gratitude which is their due.

I will maintain the utmost respect for human life from the time of conception; even under threat.

I will not make use of my medical knowledge contrary to the laws of humanity.



THE REGIONAL COUNCIL OF
EMERGENCY MEDICAL SERVICES
NEW YORK CITY

I make these promises solemnly, freely, and upon my honor.

— The Oath of Geneva

9/11 Memories- Dominic Heavey (cont'd)

When the call came into Hunter Ambulance at 08.50 a.m. on the morning of September 11th, neither Mark Schwartz, Robert DeMeo, Ian Joseph nor I could ever know what the next few hours would bring. As E.M.T. our job was to respond, and we did.

Two of our Ambulance was dispatched to the W.T.C. As we approached, we could see the smoke and fire coming from the Tower's and we knew that this was bigger than any of us could ever imagine.

We were told to pull up in front of the building and start to help people, it was then I saw people walking from the building bleeding and burned, and supporting broken limbs not knowing where to go. It was also at this time that Mark my partner had to go to the O.E.M. Office; I would never see Mark again. I was left with Ian and Robert and we started to help people as a team. We entered the WTC and started to help people out and point them in a direction of safety. I still find it hard to imagine how some of the people in the Towers could jump, you could see them from the corner of your eye and then they would go out of vision and then you could hear the thud on the ground. We made many trips into the Tower and up and down the steps of the building.

Then when all of a sudden first came the Sound, and then the Rorer and then all you could do was run for your life. I had tried over the years to describe what I felt and what I saw that day, it's has been hard at times.

First came the Incredible Thundering Noise, then the Rumbling of the Ground, and then the Blinding Dust. It seemed to go on forever, as if the Earth itself couldn't withstand such a blow, and Then Suddenly it was over and Silent.

As I ran for cover and for my life, I could see the cloud, catching up with me, it picked me up off the ground and carried me a few feet then I crawled under an ESU Truck. It seemed like It went on forever, but it was only for a few minutes, when I crawled out from under the ESU Truck all around me was rubble and bodies. I was covered in a Grey White Ash from head to toe. There was silence and I taught I was the only person left alive, and then I heard the cries for help and the different sounds in the City. I could NOT believe what had happened, and what I was supposed to do now, I just wanted to get out of there. I found Rob (his leg broken, and he was bleeding from his head with burns to his back and neck) shortly after I found Ian. Ian and I took on a few more patients in the Ambulance we had found (not one of ours), our Ambulances were destroyed that day only recognized by their vin numbers, we took the patients and Rob to Down Town Hospital ER where we got Rob and the others patients we were looked after. Ian and I got showered and headed back to the W.T.C. to find Mark. Although I never admitted it until they found Marks body, I probably knew right there and then that he did not get out in time.

Ian and I never made it back to Ground Zero till later on that evening, as we were flagged down to help people on the street. We started up a Triage Area many of which we would

9/11 Memories- Dominic Heavey (cont'd)

be involved in that day. We were on our Owen no commutations with anyone. We ended up on the West Side Highway transporting injured people to other hospitals throughout the City. We were also used to pick up supplies and take them down to Ground Zero to the rescue workers.

As night fell in the City we met up with some other Ambulances from Hunter along with other Agencies. We numbered our Ambulances and figured out what supplies we had. We settled down for a long night. We helped a lot of people and washed out a lot of wounds, we gave a lot of support to those that came out of Ground Zero. I could go on forever on things we did that day and that first night. On things we saw and things we heard.

It was a terrible memory, a memory of four planeloads of people, setting off on a beautiful morning but then hijacked to their deaths. A memory of so many innocent, unsuspecting civilians, of many nationalities, slaughtered when Two Planes hit the Twin Towers of the WTC, another Plane Slammed into the side of the Pentagon, and another Planed Slammed into the Ground in Pennsylvania so many lives lost. Then there were the Rescuers like EMT Mark Schwartz and the seven other EMT who lost their lives along with so many of Fire Department, Police Officer and Port Authority Police, all who gave up their lives so that so many other people could be saved.

Then there were the ones who were lucky to Survive but living ever since with the Nightmare of that day, 20 Years ago. It is a memory also of how the World looked a moment before 08.46 a.m. on September 11th 2001 and of how by the end of that day the world was different.

In closing I would like to thank my family and my EMS families for all there help over the past years. It is never easy on the anniversary of 911 but with everyone support I get through it and it get a little easier.

To all of our EMS community especially those who volunteer thank you for your work.
To the Men and women of the Armed Forces God Bless you and keep you safe at all times.

I would as always like to demand that the media NOT forget the Eight EMS workers who lost their lives 20 Years ago, and the good work EMS does every day without any praise. It is up to each and every one of us in the EMS Community to make sure this happens. Let's US NOT be Silent anymore.

Let us REMEMBER our HEROES.

GOD BLESS YOU ALL.

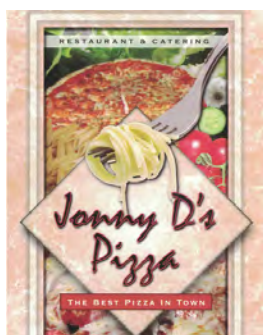
Thank You

Ex. Chief H.C.F.A.S. Dominic C. Heavey EMT.

HCFAS Discounts- Dave Mohr

There are many places that offer discounts to Squad members. Even if you don't know if they do or don't, it can't hurt to ask. I have had times when I have asked and the answer was 'we don't, but hold on' and they would talk to a manager/owner and in the end a discount was given. We have accumulated just some of the places in Huntington that offer discounts to Squad members. **If you know of a place that offers a discount to Squad members, please email me at davidmohr@yahoo.com.**

Always have and show your Squad Membership card

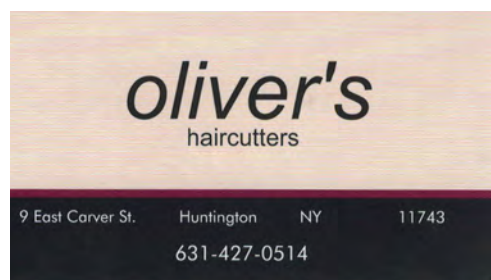


Jonny D's Pizza

946 New York Avenue

631-385-4444

15% Discount



15% Discount



**15%
Discount**



10% Discount



Flowerdale by Patty

"Elegance with a personal touch"

1933 New York Avenue

10% Discount



326 West Jericho Turnpike

631-425-1196

10% Discount



of Huntington

340 West Jericho Tpke. - 631-659-3111

10% Discount

HCFAS Discounts- Dave Mohr (cont'd)



9 Wall Street - 631-271-3540
15% Discount



134 Main Street, CSH
631-367-6060
50% Discount

BASICS – September 2021
Allergic Reaction/Anaphylaxis
By Mark Brenner

I equate September and October with the presence of yellow jackets. Although allergic reactions and anaphylaxis can be caused by many allergens, I felt that this would be a timely topic.

1. A simple rash or hives can be characterized as anaphylaxis.
 - a. True
 - b. False
2. According to the NYS BLS Protocols, although a previous history of anaphylaxis is an important indicator for treatment, providers should be aware that anaphylaxis may develop in patients with no prior history.
 - a. True
 - b. False
3. According to the NYS BLS Protocol, a trained provider can administer epinephrine to a patient with SEVERE respiratory distress, facial or oral edema, and/or hypoperfusion.
 - a. True
 - b. False
4. You respond to a park to find a 36-year-old female who has been stung by a bee. She is experiencing severe respiratory difficulty, red, swollen, itchy skin on the affect arm, chest, and neck. She is complaining in a raspy voice of having as swollen tongue and having difficulty swallowing. The best therapy to help alleviate her signs and symptoms would be:
 - a. Rapid Transport
 - b. Humidified oxygen
 - c. Epinephrine 0.3 mg via auto injector or syringe
 - d. Epinephrine 0.15 mg via auto injector or syringe
5. How many doses of epinephrine can an EMT administer to a patient experiencing anaphylaxis?
 - a. One
 - b. Two
 - c. Three
 - d. Four
6. You have administered epinephrine to your patient. You begin to reassess the patient two minutes later and your note that the patient is wheezing. You may:
 - a. Administer albuterol 2.5 mg in 3 ml (unit dose) via nebulizer #
 - b. Wait to see if it resolves on its own before you reach the hospital
 - c. Call Medical Control
7. Believe that this is an expected consequence and ignore it Though a previous history of anaphylaxis is an important indicator for treatment, providers should be aware that anaphylaxis may develop in patients with no prior history.
 - a. True
 - b. False

8. For a six-year-old experiencing the same symptoms as the patient in question number 2, your treatment would be:
 - a. Rapid transport
 - b. Humidified oxygen
 - c. Epinephrine 0.3 mg via auto injector or syringe
 - d. Epinephrine 0.15 mg via auto injector or syringe
9. Your patient is not experiencing relief from the symptoms of anaphylaxis. You contact Medical Control. What might you expect as an order?
 - a. Additional epinephrine
 - b. Additional albuterol
 - c. Both a and b
 - d. None of the above

References:

Suffolk County REMSCO Medication Advisory 8/4/2021

<http://www.suffolkremSCO.com/news/2021/08/04/advisories/update-suffolk-county-protocol-modification/>

New York State BLS Protocols

https://www.health.ny.gov/professionals/ems/docs/bls_protocols.pdf

page 29 – Adult

page 30 – Pediatric

Keep in mind that during the pandemic, nebulized albuterol must be administered via an MDI (with or without spacer), a BAN or other mist-limiting device. If not available, Medical Control MUST be consulted.

ANSWERS: 1b, 2a, 3a, 4c, 5b, 6a, 7a, 8d, 9c

HUNTINGTON COMMUNITY FIRST AID SQUAD

ANNUAL PHYSICAL/FLU SHOT AVAILABLE TO ALL MEMBERS



**OCTOBER GENERAL
MEMBERSHIP MEETING**
Monday, October 11, 2021,
between 6:00PM and 8:00 PM

New York State
Department of Health's
guidelines recommend
that all EMS providers
have an annual
physical.

In order to address
these
recommendations,
Savasta Medical
Services will be
performing physicals at
Headquarters. Savasta
Medical is comprised of
a team of experienced
board-certified Internal,
Emergency and
Occupational Medicine
Physicians who
specialize in performing
E.M.S., Fire Service
Medical and "fit-for-duty
medical exams" for Fire
Department and EMS
agencies throughout
Long Island.

And will perform member's physicals on:

**Monday, October 25, 2021
between 6:30PM and 8:00 PM**

and

**Sunday, November 7, 2021
between 8:30 AM and 11am.**

The scope of the physical will include:

- *Medical history and occupational exposure history,*
- *Height and weight,*
- *Color Vision Testing,*
- *Blood Testing for CBC with differential, electrolytes, renal function, hepatic profile, lipid profile and PSA for gentlemen over 40 years of age,*
- *12-lead EKG*
- *Audiometry*
- *Physical examination*
- ***N-95 Fit Testing (MANDATORY for all Health Care Providers) and PPD***
- *A review of all results by a physician, with recommendations and referrals as needed.*

**ALL MEMBERS ARE URGED TO PARTICIPATE IN
THIS PROGRAM.**

**An email will be going out with a time selection. There will be
6 physicals per 1/2 hour time slot..**

September 2021

HCFAS Birthdays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Lily Poplawski	2	3	4
5	6	7	8 Emily Berkowitz	9 Nedi Serrano & Roxanne Cortes	10	11 Cindy Cairl
12	13 Evelyn Hernandez- Veliz	14	15	16	17	18
19	20 Kat Kallergis	21 Kyoko Saito & Venel Grimadeau	22 Liz Beach	23 Jeff Daniels	24 Mike Jacoby & Josh Abraham	25 Kieran Weaver
26	27 Carol Nucci & Alyssa Axelrod	28	29	30 Juan Flores		

September Length of Service and Longevity Awards presented at September GMM

35 Years

Laura Treulich #743

25 Years

Nancy Barker #930

20 Years

Ona Mastroianni #1029

Jim Malillo #1030

10 years

Steeven Jean #1249

Thank you for your continued service!