



THE PULSE

*THE HEARTBEAT OF THE HUNTINGTON COMMUNITY FIRST AID SQUAD
PROUDLY VOLUNTEERING SINCE 1967*

SEPTEMBER 2022 – VOLUME 55 – ISSUE 9



***President
Fiona Witkowski***

Happy Labor Day Weekend! Summer is coming to an end and we will be losing many students who are returning to college. Thank you to everyone who put in double and triple shifts, and covered our overnights, most of which still need a lot of help. If you have time on your hands, please sign up for an extra shift that needs help – the Day Captain will thank you!

Congratulations to the Chief and his team of Operational Officers on doing such a thorough job in preparing for the NYSDOH inspection. We passed with flying colors, and I would like to thank David, his Deputy Chiefs, and all who contributed to this effort. Well done!

The Board is working on obtaining grant money to renovate the kitchen, bathrooms, dispatch office and ready room on the first floor. Assemblyman Steve Stern will be attending our next General Membership Meeting on September 15th to present the grant he secured for this project. Please try to attend and thank him for his efforts.

We have been working on several By-Law and SOP changes which we hope will facilitate the smooth running of the Squad. You play an important part in endorsing these changes, so this is another good reason to come to the next GMM and cast your vote. We need your input!

It has now been 21 years since 9/11. Please take a moment to remember those who lost their lives on that day or suffered subsequent health problems as a result of responding to the scene. Thank you to our all members who responded on that day, and a special thank you to those of you who are still active members: Dominic Heavey, Jim Barkocy, Tommy Romano, Cindy Cairl, Patty Tufo, Ann Maloney, Eileen Burns, Al Szigethy, Tom Hogan and David Mohr.



*Chief
David Kaufman*

I hope everyone had a great time at the picnic. The special events committee did a nice job as usual. These events are well deserved for you and your families for all the hours you dedicate to HCFAS.

Thank you to everyone who came to the East Northport Parade. We had about 30 people in attendance.

The Greenlawn Fire Department Parade and Fair is Thursday September 1st. We will meet at HQ at 5:30 PM and leave at 5:45 PM. Lineup will be at 6:00 PM at the St. Francis of Assisi Church on Clay Pitts Road with the parade starting at 7:00 PM. Class B uniform, which is navy pants, white uniform shirt, badge, nameplate, black shoes. Food will be served at the parade lineup. All parades count as probationary events. HCFAS will also be doing a Standby for one of the Greenlawn Fair nights.

I am tremendously proud of everyone for the results of our inspection by the New York State Department of Health. All the work the Members, Officers, and Committees put in paid off as they found that we are doing an excellent job.

We have had some extremely busy days lately with back-to-back calls. I ask that everyone try to listen up. If you need a pager, please let the Chief Dispatcher know. You will be entered into 3-on-a-16 raffle when the Dispatchers marks the call Rescue. Everyone who does back up calls and extra shifts makes a huge difference in covering our calls.

Please remember to close your PCRs as soon as possible after the call.

We have several Standbys coming up for some of our neighboring Fire Departments' events. If you are available for any of these, please contact our Standby Committee. We will be calling on some of these same Departments to assist us with our Fall Festival in October.

As summer winds down, I hope everyone enjoys their Labor Day Weekend, and the cooler weather to come.

David Kaufman 2-15-30



***1st Deputy Chief
Katie Donegan***

Happy September! Good luck to all of those beginning a new school year as parents, teachers, or students.

We are officially in the FINAL month of the third quarter of the year, and everyone needs 48 hours per quarter. The quarter ends 9/30. Please remember to finger in and out on the same shift. If you are going to miss a shift, plan to make up the hours by coming in early and staying late, or doing another shift entirely. Please check your hours regularly and submit any necessary adjustments. If you are unsure about hours or about if you need to submit any adjustments, reach out to your Day Captain or myself. To qualify for the end of year gift card, you need to have 36 shifts (full 4 or 8 hours) by December 1st.

Thank you to those of you who have attended events, parades, and completed standbys so far this year! Your participation is greatly appreciated. With that being said, there are still parades and standbys left for the rest of the year! These are great times to get together and meet some new members!

If you need **laminated copies of your license or any certifications**, please leave a copy of them in my mailbox with a note and I will get them back to you ASAP. If you are interested in becoming a Driver OR a Driver Trainer, please let me know.

As mentioned above, school is starting up again! **For probationary college students and anyone else who may be enrolled in a program**, please submit your college schedule, college calendar and leave paperwork **ASAP**. Please reach out if you have any questions!

If you have any concerns, please reach out to your Captain or appropriate Chief so we can assist you in a timely manner. We are always happy to answer questions and address concerns, but we must be made aware of them first. It's important to follow the communication chain of command so issues get handled accordingly, and in a timely manner.

Thank you for your continued dedication to our organization.

Katie Donegan 2-15-31



***2nd Deputy Chief
Dale Bartolomeo***

I hope your summer is going well, and that everyone is staying safe.

Things that need to be addressed:

- ***ESO/PCRs*** – Need a tremendous amount of work. PCRs should be completed no later than one day. When PCRs are not completed in a timely fashion, vital information can be left out, forgotten, and put our agency at risk when the state comes to audit us. PCRs should ideally be submitted/completed before leaving the hospital. I understand this is not always possible; however, it is unacceptable that some members do not close their PCRs for days or even weeks.
 - PCRs need to be written professionally and with enough information to allow the hospital to understand what is going on with the patient.
 - The QA/QI committee reviews PCRs and will continue to reach out to those who consistently fail to include pertinent information.
 - I am currently working on a ESO/PCR training to help members understand the expectation of what a PCR narrative should contain. Writing only a few sentences is not appropriate. Full sentences are required.
 - Insurance is REQUIRED. DO NOT simply select UTO. You must try your best to obtain insurance information.
- ***Review Trainings:***
 - Please do your Review Trainings every month. You have the entire month to get one review training done. There should be no reason anyone should consistently miss review trainings.
 - If for some reason you fall behind, do NOT do more than one review training in one day.
 - Mandatory review trainings are MANDATORY. This means you must do the training in the allotted time, or you will be suspended until the training is completed.
- ***EMT/CPR Cards:***
 - Every active status member who drives, crew leads or dispatches must have the minimum valid AHA CPR certification and AHA First Aid certification as per the By-Laws. Brian Canty and I have been reaching out to members in regard to this.
 - If you are an EMT, CC, or Paramedic your valid card works fine.

Dale Bartolomeo 2-15-32



***3rd Deputy Chief
Bill Connolly***



School's Open

Every autumn, more than 55 million children across the United States head back to school, with 13% of those children typically walking or biking. Drivers must be vigilant for pedestrians and cyclists before and after school hours. Afternoons are the peak times when children are outside playing. Over the last decade, nearly one in four child pedestrian fatalities occurred between 3:00 PM and 7:00 PM.

Children won't necessarily be attentive, so you need to be aware of them and try to anticipate potential risk to their safety. Be mindful, our vehicles are large and take a longer time to stop. Please watch for children near school buildings, in areas where school buses are traveling, or where there are signs for school zones or bus stops.

Remember that if you are approaching a school bus from either the front or rear, and the bus's yellow lights are flashing, the bus is preparing to stop. If the bus's red lights are flashing, you must stop. It's the law!

Bill Connolly 2-15-33



***Chief Dispatcher
Mike Capotosto***

No Article Submitted

Mike Capotosto 2-15-35





Co. 1 – Sunday Captain
Jacob Levinsky

Hello everyone and happy September. I hope everyone has been good and staying healthy. I would like to thank everyone who has helped out on Sundays, such as Tom Schirripa, Jeff O'Neill, Andrew Taylor, Colin Weigele, Jackie DeBruin, John Stevens, and everyone else who has helped Sunday in general. All of your help means a lot to me. Sunday has been 24 free for the month of August.

Help is needed on many shifts: A Driver is needed for the 0700, and a Dispatcher and a full crew is needed for the 2300. Anyone available to help out, please let me know.

As always, please remember to Clock **IN** and **OUT** on the same shift after completing either your 4 or 8 hour shift. You can use the finger reader by dispatch or the back door to see what time you clocked in, so you can now tell what time you need to clock out to receive credit for the full shift. Also don't forget to do your weekly checkouts and to clean up after every call. If you use something on the rig, please clean and restock if necessary. You are not the only one who uses the ambulances, and think about how you would feel if you found the ambulance messy and missing equipment.

Jacob Levinsky 2-15-51



Co. 2 – Monday Captain
John Connors

The kids have returned to school and the vacancies have doubled on Mondays. However, we have had several members who have been putting in the work throughout the year and advancing to Crewleaders. This is very important in the evolution of our agency and I am proud to see the hard work by these individuals.

Monday members have also continued to be flexible in their roles to get the ambulance out. Just this past Monday we had eight calls in a row during our 1900 shift with only two crews on duty. Luckily, there was a CME going on upstairs. The moment the third call came in there was a line outside the dispatch office of members ready to ride. This truly puts a smile on my face, and it should put one on your face as well. Be proud of what you do and what you represent here. Our mission continues because of your willingness to help your community and I thank you.

Mondays, as always need 2300 crews, although several members show up every week. I would like to thank Jackie deBruin, Matthew Philip, Brandon Eybergen, John Stevens, and Alex Bayer

for coming in and rocking the overnights over the past weeks. I would like to thank Carol Nucci for stepping up and dispatching a second shift on Mondays for these past few months. It was a pleasure having you and I cannot thank you enough! I would like to thank all of our ALS providers for your continuous aid in educating our members. It truly is a blessing to be a part of Mondays. Thank you all.

We are always in need of Drivers on our 1100 shift, so please do not hesitate to give me a call and come help out!

John Connors 2-15-52

Co. 3 – Tuesday Captain – Joe Savaglio

No Article Submitted



Co. 4 – Wednesday Captain Dominic Heavey

I would like to start this article off on a personal note. On behalf of my sister Annette, and my brother Patrick and myself and the entire Heavey/O'Keeffe family, I would like to extend our thanks for all the condolences we received after the passing of our mother (Margret). The wreath we received from the Squad, phone calls, e-mails and text messages were a great help. My family was overwhelmed by what the Squad members did and the support that was given to myself was well felt by all. I would like to personally thank everyone for the support at this difficult time.

I would like to thank the First Deputy Chief Kathryn Donegan, Sunday Day Captain Jake Levinsky and Saturday Day Captain Steve Benjamin, for looking after Wednesdays while I was away on vacation. To my Wednesday members, thank you for all the hard work while I was away. To the members who stepped up and helped out, Thank You very much. Everything went well during my time away and we had no issues.

To the Officers and members, well done on passing our inspection by NYSDOH. This is never an easy task and a lot of work goes into it.

I am still in need of help on the following shifts; 07:00 -11:00 1st due CL, 2nd due DR & CL, along with ALS, the 11:00 -15:00 needs a 1st due CL, 2nd due CL, along with ALS, and the 23:00 - 07:00 needs a 2nd due CL, along with ALS.

EMS MEMORIAL DEDICATION

Empire State Plaza, September 20, 2022 at 11a.m. Please join me as we take one of our vehicles to this service. A sign-up sheet has been placed in the ready room.

Dominic Heavey 2-15-54

Co. 5 – Thursday Captain – Colin Weigele

No Article Submitted

Colin Weigele 2-15-55



Co. 6 – Friday Captain Alex Hastava

No Article Submitted

Alex Hastava 2-15-56



Co. 7 – Saturday Captain Steven Benjamin

Saturday has fortunately continued to be well staffed on all shifts, on most days, and the quality of our service is at a very high level. We have a great culture and members enjoy coming on shift and the crew they ride with. Everyone is needed and appreciated. Most weeks we get close to 20 calls with July 9th being our toughest day with 27 calls, 10 of which were on the 1100.

Advancements:

Liam Komatsu from ACL to CL

Daniel Alaiev from FA to ACL

Matt Filunuk (Monday member who doubles on the 1900) from ACL to CL

Off Probation:

Landary Rivas

Welcome to new member Jim Hanson #1685 (1900) who returns to HCFAS after 11 years.

Welcome to Sean Rossner, new paid medic helping on the 2300

Members of the week since the last Pulse article:

August 20th – Matt Philip

August 13th – Alex Bayer

August 6th – Annette Hirshkowitz and Matt Filunuk

July 23rd – Ben Curry, Devon Lindon, Zainab Raza

July 16th – Ben Galinson

July 9th – Liam Komatsu, Brian Block, Mary Sisinni

July 2nd - Robert Loysch (who has yet to miss a shift this year)

Steven Benjamin 2-15-57



Directors Article
Robert Franz

LOSAP 2022 Points

The 2022 LOSAP Point listing posted on the bulletin board is being updated periodically. It is requested that each member review their points and report in writing any discrepancies to the LOSAP point committee. All review trainings must be completed & submitted by December 31, 2022 to be eligible for LOSAP points for 2022. Review Trainings should be completed on a monthly basis, please do not do more than a maximum of two review trainings in a single day.

The LOSAP committee puts incomplete submitted LOSAP forms for your correction in a basket on the counter on top of the mail folders. Please check this basket and make any required corrections.

LOSAP 2021 Benefit Statements

The December 31, 2021 LOSAP benefit statements have been received and were distributed to all participants in your member mail folder or by the USPS. Upon receipt, please review this statement carefully and if any of the information is incorrect, please put a detail note with any corrections in Director Bob Franz's mailbox. If you require a change of beneficiary, please use HCFAS Form # 430 which can be found on the form rack outside the dispatch office or on the Squad website or server. Please make sure your legal name and address is correct.

Many thanks go to Mary Brenner, Joan Florio, Nedi Serrano and other Friday evening crew members for their assistance with the statement distribution. If you have any other questions, please contact Bob Franz (robo4200@hotmail.com).

SC Recruitment Committee – The Suffolk Educational program for Retention in the Voluntary Emergency Service (SERVES)

Highlights of the SERVES program follow.

- The program is a reimbursement program with an award payment made directly to the student-volunteer at the completion of each semester.
- SERVES provides Suffolk resident student-volunteers who earn credit hours from a NYS Education Department accredited college or university within Nassau or Suffolk County with a reimbursement based upon tuition costs at Suffolk County Community College- i.e. as of January 2022, the maximum payment for a 12 plus credit schedule (full-time status) with a GPA of 3.75 to 4.00 or an "A" would be \$2,735. Credit hours can also be earned from an accredited institution of higher education with an online remote program. Credits can also be earned in authorized workforce vocational training programs within Nassau and Suffolk County.
- The student-volunteer will receive reimbursement based upon a sliding scale related to their GPA.
- The number of credits supported by the program; full or part time; covers a Bachelor's Degree or up to 120 credits (see administrative guide for definition of lifetime credit hours). If you already earned 120 credits of higher education, you are not eligible for SERVES.
- The student-volunteer agrees to use SERVES funds only to supplement any tuition not covered by sources of free financial aid (TAP, PELL, APTS and etc.)
- The student-volunteer must maintain acceptable volunteer activity and training during their entire course of study. There is also a volunteer service obligation of one to five years after attendance at a college or university based upon the number of credits taken under the program.
- **The Application and supporting documentation must be submitted for each semester no later than the 8th Friday of the academic calendar.** Applications shall be date stamped upon receipt and the earliest dated applications shall be reviewed first as SERVES funds shall be disbursed on a first come, first served basis.
- **For more information about SERVES, see the administrative guide on the bulletin board or go to www.suffolksbravest.com/pdf/currentSERVESguide.pdf.**
- This is NOT an educational program; it is a retention program designed to help keep Members in the Volunteer Fire & EMS Service.

Designation of Beneficiary

Reminder to review and update your beneficiary(s) especially if you went through any life changes, such as marriages, divorce, death or birth of loved ones.

Members wishing to check their designated beneficiary(s) on their VFIS Group Term Life Insurance or on their VFIS Accident & Sickness Policy please drop a note in Director Bob Franz's mail box or the insurance committee mail box or email Bob Franz (robo4200@hotmail.com). Eligible members under the squad's group term life insurance program are generally covered for \$50,000 (lower amounts if over 69 years of age).

All active members are covered under the VFIS Accident & Sickness policy while on duty; the death benefit is \$250,000.

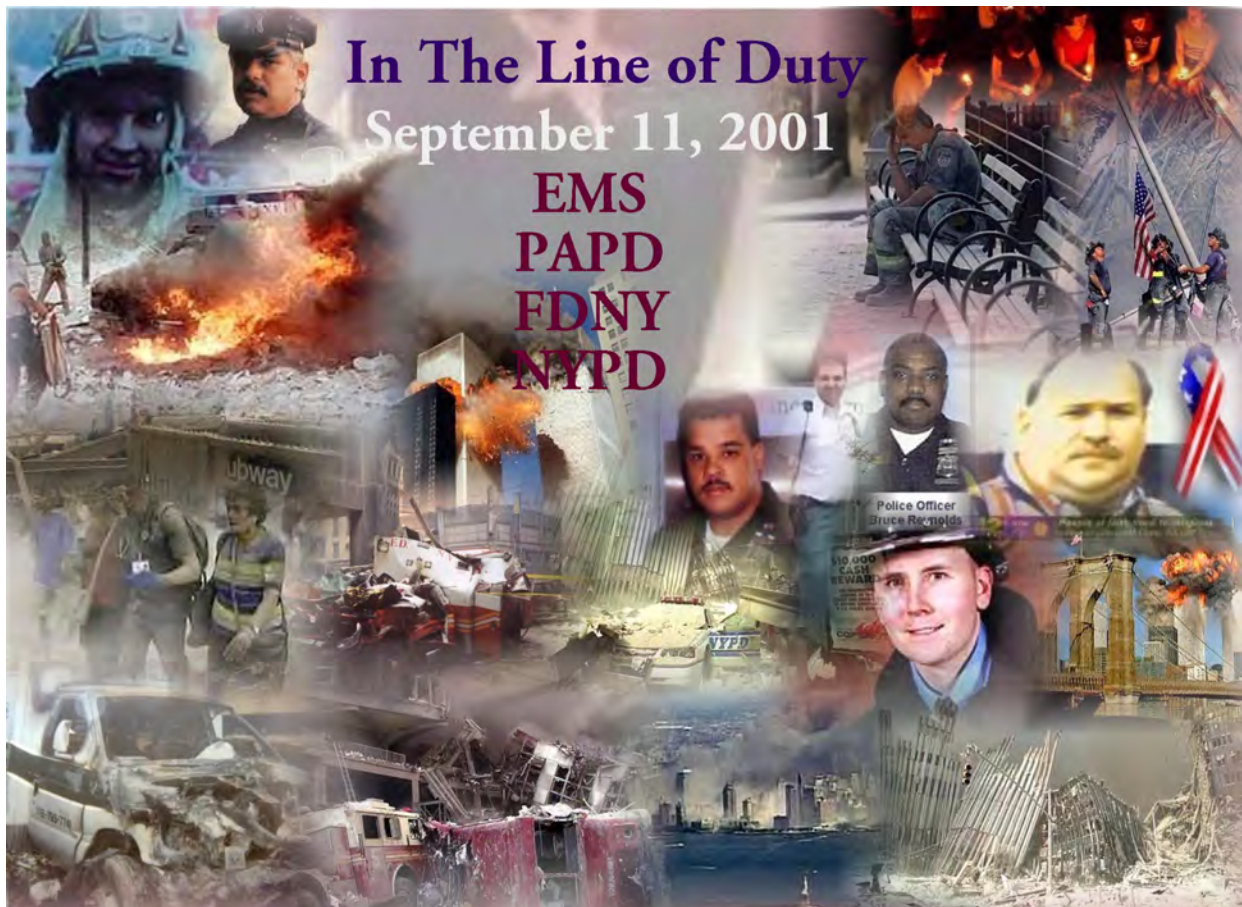
Your beneficiary(s) under the LOSAP program was indicated on your 2021 LOSAP benefit statement which was recently distributed to you in August.

REMEMBERING SEPTEMBER 11, 2001

On a clear Tuesday morning, 19 terrorists from the Islamist extremist group al-Qaeda hijacked four commercial airplanes, deliberately crashing two of them into the Twin Towers in New York City and a third into the Pentagon in Arlington, Virginia.

After learning about the other attacks, passengers on the fourth plane, Flight 93, launched a counter-offensive, and the plane crashed into an empty field in Western Pennsylvania.

*The 9/11 attacks killed 2,977 people from more than 90 Nations. The oldest victim was 85 years old; the youngest was two. More than 400 were first responders who died performing their sworn duties. My partner, Mark Schwartz, was one of those that lost his life that morning. Dominic C. Heavey
Let us NEVER Forget.*



Proposed By-Law Change 01-2022

Proposal:

Emergency response – Prior Service membership program

Background/Justification:

This By-Law change proposal is made to allow this organization to more quickly and easily respond to manpower need changes. The Covid-19 pandemic.

Update By Laws based on Emergency Membership Program as approved by Officers & Directors.

Change (additions are underlined and deletions are ~~stricken~~):

Article I, Section 3 - Definition

SECTION 3 - DEFINITION

- a) These By-Laws follow the convention that "he" means "he or she".
- b) "Properly certified per Article I, section 3b of the By-Laws" means:
 - 1. For members accepted prior to January 1, 2016, possessing a valid American Heartsaver First Aid Online certification and a BLS CPR Card, or a New York State Emergency Medical Technician (Basic) or higher certification.
 - 2. For members and prior service members accepted after to January 1, 2016, possessing a valid BLS CPR card until receiving their New York State Emergency Medical Technician (Basic) or higher certification in accordance with Article III, Section 2.

Article II, Section 15 - Crewleader

SECTION 15 - CREWLEADER

Crewleaders will be certified by the mutual consent of the Operational Officers. The Crewleader for a particular shift will be appointed by the appropriate Captain or the Squad Chief. The Chief and the Board of Directors will have a veto power of any appointment by a Captain. A Crewleader must be minimally qualified as a New York State Emergency Medical Technician (Basic) or equivalent title as may from time to time be applied and as defined by the New York State Department of Health.

The Crewleader will direct the first aid and/or rescue activities of his crew members and driver, unless formally relieved by a superior Operational Officer. It shall be his responsibility for the proper administration of first aid to the injured, and their safe transportation. He is to prepare a written report (such as a Prehospital Care Report or equivalent) describing in detail his activities and those of the crew. The report is to be left for the appropriate Captain's approval. It shall be the responsibility of

the Crewleader to insure that the emergency vehicle is sufficiently equipped to respond to the next call.

Article II, Section 17 – Drivers

SECTION 17 - DRIVERS

Drivers shall be certified by the First Deputy Squad Chief. The driver for a particular shift will be appointed by the appropriate Captain, or in his absence, by the Crewleader. The Chief and the Board of Directors will have veto power over the certification of any member as a driver. To be certified as a driver, a member must be 21 years of age and possess, as a minimum, a valid New York State Class D Drivers License (or equivalent), and ~~a valid New York State Emergency Medical Technician (Basic) certification~~ be properly certified per Article I Section 3 of the By-Laws.

A driver must maintain both of these qualifications to retain active driving status. The only exceptions to this rule are as follows:

- ~~1. Those drivers who were qualified drivers, holding only an American Red Cross Advanced First Aid Card, prior to May 18, 1981. These drivers may continue as active drivers as long as they are properly certified per Article I, section 3b of the By Laws.~~
2. Any current driver whose EMT or higher certification has expired but is currently enrolled in an EMT or higher refresher course shall have 90 days from the expiration of his EMT or higher certification to receive his new certification before he losses his driving privileges.
- ~~3. Any member properly certified per Article I section 3b of the By Laws who is a First Aider and currently enrolled in an EMT class may apply for the driver training program. This member shall remain a probationary driver until he completes the class and receives his certification. If the member fails to complete the EMT certification he will be removed from driving. This exception may be exercised only once within a two year period.~~
- ~~4. Those drivers who were qualified drivers, holding a valid New York State Emergency Medical Technician (Basic) certification for a minimum of five years, may continue as active drivers as long as they are properly certified per Article I, section 3b of the By Laws.~~

His duties shall be to transport the crew and vehicle to the scene of the emergency safely. He will remain with the emergency vehicle at the scene, unless directed otherwise by the Crewleader or officer in charge. He will safely transport the injured to the place he is directed.

Drivers, when returning to headquarters, or when not on emergency call, shall observe posted speed limits and all traffic regulations.

Article III, Section 2 – Active Membership

SECTION 2 - ACTIVE MEMBERSHIP

Applicants for ~~first-aid~~ membership shall be at least 18 years of age.

All applicants shall be examined by a physician approved by the Corporation or provide proof of medical clearance from the prospective members current Dept within the last 12 month., and show written proof that there is no physical contraindication to the performance of their assigned tasks. The Board of Directors shall reserve the right to evaluate each applicant's fitness for service and limit his activities as it deems appropriate.

Applicants must be residents of Huntington Township, ~~except for extenuating circumstances as deemed~~ approved by the Board of Directors.

Applicants for regular operational membership shall have a completed membership application processed and approved by the Membership Committee, shall be certified per Article I, section 3b of the By-Laws and shall have attended an orientation meeting to familiarize themselves with Squad policies. The applicant shall also be interviewed by at least two representatives of the Membership Committee, at which time a Chief rank officer and/or Board member will have the opportunity to meet the applicant. Upon meeting these requirements, the application shall be presented to the Board of Directors by the Membership Committee for approval of a probationary membership period to end one year from the date of acceptance.

Applicants for Prior Service operational membership shall have a prior service completed membership application processed and approved by the Chief or his designee, shall be certified per Article I, section 3 of the By-Laws and shall have attended an orientation meeting to familiarize themselves with Squad policies. Prior Service shall mean service in a Fire Dept., EMS Agency or Law Enforcement Agency as EMT's, drivers, or dispatchers. The applicant will provide The Chief of Department or similar reference from the prospective members current Department. Upon meeting these requirements, the application shall be presented to the Board of Directors by the Chief for approval of a probationary membership period to end one year from the date of acceptance.

All regular members, except Administrative members or members designated as permanent dispatchers or drivers accepted after January 1, 2016 must be enrolled into a New York State Emergency Medical Technician (Basic) class within eighteen (18) months of their date of acceptance, and must have obtained a New York State Emergency Medical Technician (Basic) certification within three (3) years of their date of acceptance. Failure to comply with this requirement will result in the loss of membership. Administrative personnel and members designated as permanent dispatchers or drivers shall pass through all steps in the membership application process except they will be exempt from the New York State Emergency Medical Technician (Basic) certification requirement.

All new members shall be required to serve a ~~one-year~~ probationary period to begin on the day of Board of Directors membership approval. At the end of this period a recommendation, for or against full active membership, will be made by the Squad Chief for Operational members and the Vice-President for Administrative members, and the Board of Directors will make a determination based primarily on this recommendation. During the probationary period, the new member shall successfully complete all training programs, testing and other programs advanced by the Operational Officers and/or the Board of Directors.

Proposers

Joseph C. Savaglio #1549 /s/ _____

Michaela Ryan #1537 /s/ _____

Robert Biersack #1423 /s/ _____

Proposed By-Law Change 03-2022

Proposal:

To require that a certified member who desires to run for the position of Chief, has served as a Captain for a full year and also has served as a Deputy Chief for a full year. Additionally, an individual running for a Deputy Chief position, has served as a Captain for a full year.

Background/Justification:

The intricacies of Chief and Deputy Chiefs have evolved to the point that there is need for time in office to fully understand the requirements of these offices.

Change (additions are underlined and deletions are ~~stricken~~):

ARTICLE II, SECTION 9, CHIEF

A nominee shall have served as a Captain for a period of at least twelve consecutive months and ~~or~~ as a Deputy Chief for a period of at least twelve consecutive ~~six~~ months with ~~on~~ the Huntington Community First Aid Squad. ~~This~~ These twelve ~~six-month periods~~ need not have been served immediately prior to the election.

ARTICLE II, SECTION 10 - 1ST DEPUTY SQUAD CHIEF

The 1st Deputy Squad Chief will be elected by the eligible voting membership for a one-year term. ~~The qualifications for this office will be the same as for Squad Chief.~~ A nominee shall have served as a Captain for a period of at least twelve consecutive months with the Huntington Community First Aid Squad. This twelve-month period need not have been served immediately prior to the election.

ARTICLE II, SECTION 11 – 2ND DEPUTY SQUAD CHIEF

The 2nd Deputy Squad Chief will be elected by the eligible voting membership for a one-year term. ~~The qualifications for this office will be the same as for the Squad Chief. A nominee shall have served as a Captain for a period of at least twelve consecutive months with the Huntington Community First Aid Squad. This twelve-month period need not have been served immediately prior to the election.~~

ARTICLE II, SECTION 12 – 3RD DEPUTY SQUAD CHIEF

The 3rd Deputy Chief will be elected by the eligible voting membership for a one-year term. ~~The qualifications for this office will be the same as for the Squad Chief. A nominee shall have served as a Captain for a period of at least twelve consecutive months with the Huntington Community First Aid Squad. This twelve-month period need not have been served immediately prior to the election.~~

Proposers

Brian Canty #757 /s/

Mark Brenner #449 /s/

John Palmieri #499 /s/

Proposed By-Law Change 04-2022

Proposal:

To increase the number of Life Members the Board of Directors may bestow, by any conferred posthumously during the year.

Background/Justification:

With more members qualifying for Life Membership, this allows for any posthumously made Life Members to not be included in the annual awarding.

Change (additions are underlined and deletions are ~~stricken~~):

ARTICLE III, SECTION 6 – LIFE MEMBERSHIP

The Board of Directors shall be empowered to bestow Life Membership to not more than four members during a calendar year. Notwithstanding the limitation on the number of life memberships to be conferred in any one year, the award of posthumous life memberships shall not be limited and shall not be counted toward the limitation on the number of life memberships that may be awarded. Each candidate must be approved by a two-thirds vote of the Board of Directors.

Proposers

Carol Nucci #1324 /s/

James Mallilo #1030 /s/

Brian Canty #757 /s/

Proposed SOP Change 03-2022

Proposal:

To add a protocol for the Memorial Tree

Background/Justification:

The Memorial Tree was passed by a motion of the BOD. To ensure and provide for continued direction for future BODs on each classification of membership and the related star or rock color.

Change (additions are underlined and deletions are ~~stricken~~):

Add Article IX, Protocols, Section 5, Miscellaneous Protocols, Paragraph 4, Memorial Tree

4. The symbolism of the Tree, located on the staircase in Headquarters, is a tribute to our deceased members. Each Star is engraved with the member's name, number, status, and date "they answered their last call". The Rocks at the bottom represent our Charter Members. A Charter Member's Rock is silver, while a Charter and Life member's Rock is gold, with silver trim. The Stars on the Tree are brass for Members, in Good Standing according to Article II, Section 1 of the Standard Operating Procedures, Associate members and Honorary members. Gold Stars are for Life members and 20-Year Exempt Membership. Should a member die in the Line of Duty, as approved by the Board of Director, the rim of their star will be purple. Existing Stars shall remain in place.

Proposed SOP Change 04-2022

Proposal:

To clarify the Length of Service Awards Eligibility SOP for the time frame and notification for lengths of service awards

Background/Justification:

To eliminate and clarify the time frames for notification of length of service awards.

Change (additions are underlined and deletions are ~~stricken~~):

Article X, Section 1, Paragraph A(17)(h), Length of Service Awards Recognition Eligibility

For lengths of service in excess of twenty (20) years, the member will be notified, in writing, by the Committee Chairperson ~~four (4) months in advance of reaching a milestone length of service and will have two (2) months, from the service date~~ three (3) months in advance of reaching a milestone length of service and will have two (2) months, from that notification date, to notify the Committee Chairperson of their choice. If the anniversary recipient does not notify the Committee Chairperson of their choice with all pertinent information for the purchase to be made, at the expiration of the 60 days the recipient will forfeit their award. The Committee Chairperson will make every attempt to secure the requested gift by the recipient's service anniversary month.



***Squad Sightings
Roger Winter***



Arlene Lindsay is acknowledged for
Twenty Years of Service at the July GMM.
Congratulations Arlene!!!!

Hugh O'Brien receives his
25th Anniversary gift
Congratulations Hugh!!!!



Isabella Ramos, Haley Stone, Kayla McCann
on the swing at the Squad Picnic
Isabella and Kayla are both Post 215 members



Welcoming Our New Members *Sheryl Roach*

**Welcome new member, Thomas Kearns #1680,
who will be on the Friday 1100-1500 shift.**



Thomas wanted to help people and so he came to HCFAS on the advice of his friend whose sister is member, Bridget Kennedy. He is starting his EMT class in the Fall.

When Thomas is not helping people, he enjoys working on his car, taking hikes, and kayaking.

Fun fact: Thomas is the 5th of 10 children and loves being from a large family! And he has certainly inherited a large one with us!

Please welcome Thomas to our HCFAS family!

**Welcome new member, Sara Phillips #1681,
who will be on the Wednesday 1100-1500 shift.**

We welcome back Sara who was a member at HCFAS from 2000-2004 and was a DR/CL until she moved away. But lucky for us, she is back!

Sara became an EMT when she was 18 years old. She is also a Registered Nurse and has 2 children ages 13 and 14. She hopes to renew her EMT certification and continue to serve the community once again.

Fun fact: Sara has been doing yoga for 14 years and hopes to achieve her 200-hour yoga teacher certification in the fall!



Please welcome back Sara to our HCFAS family!

**Welcome new member, Barry Winter #1682,
who will be on the Tuesday 1100-1500 shift.**



Barry retired in 2015 after working for over 40 years in Financial Services.

He became a grandpa in 2016 and started volunteering in 2019 at Commack Volunteer Ambulance Corp. He became an EMT in 2021, and earning the Most Valuable Member of the Year Award that same year.

Fun fact: When Barry is not volunteering, you can find him on his boat in Huntington Harbor. He loves to go boating and fishing, and loves to cook when on land!

Please welcome Barry to our HCFAS family!

**Welcome new member, Sonata Weingarten #1684,
who will be on the Monday 2300 overnight shift,
but will start her training on the Monday 1500 shift**

Sonata likes helping people and passes our building daily. When she saw our sign and the need for volunteers, it prompted her to decide she wanted to become an EMT and volunteer in her community.

Sonata currently works with Autistic children at DDI. She brings them on outings throughout the town.

When she is not working, she enjoys all types of water sports.

Fun fact: Sonata was born in Lithuania and came to the United States at the age of 3 when she was adopted!



Please welcome Sonata to our HCFAS family!



Basics – September 2022
Good Shift? Good Call?
Mark Brenner, CIC



For many, September means back to school. I traditionally focus the September BASICS column on a “back to basics” topic such as airway or CPR. Although this column may seem a departure from my tradition, I will still be focusing on learning.

Frequently when members come on-duty, they ask the crew “how was your shift?” The response to which might signal whether the crew coming on will be spared by the gods of EMS or face a deluge of calls. That first question is usually followed by a second question such as “Did you have any good calls?”

I believe that anytime I’m on-duty with like-minded, mission-directed, dedicated care providers, it’s a good shift. I must admit that sometimes a good shift is one, during a hot spell, when we don’t have to go out. A good shift might be one where we are afforded the opportunity to wash several vehicles. Another might be when we take out a piece of equipment to practice or go over a protocol which we haven’t needed to use in some time. Ironically, it seems that after putting away that piece of equipment, we get a call where it’s use is required. Now that’s a good shift.

As for good calls, my perspective has changed over the years. I used to think that a good call was a trauma job that required extrication, a medivac, or numerous ambulances. Perhaps a good call was the rare evisceration, or a STEMI, or any number of medical conditions that required interventions.

Maybe a good shift is one where we learned something. A good call is where we intervened properly and in a timely fashion. We are trained in many skills and have learned many protocols, some of which have changed over the years. This is where the HCFAS Review Trainings and the monthly BASICS columns can be helpful.

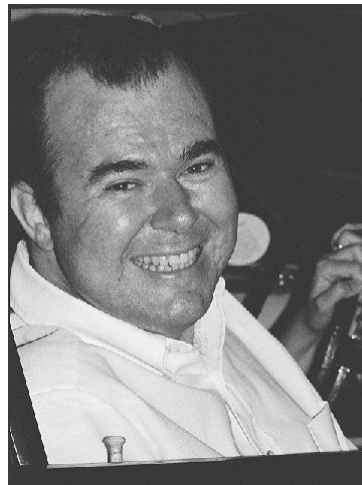
Every-so-often I hear from a fellow EMT that they weren’t aware that the Northport V.A. Medical Center is not a 911 receiving hospital. Occasionally I hear that a member took their EMT class during the pandemic and so they never practiced doing a blood sugar, or a using a syringe epinephrine kit. These are great teachable moments. I thrill whenever I see an ALS provider working with a new member, teaching them how to “spike” a bag.

As we enter September and many return to school, let’s redouble our efforts to stay current on all the review trainings and help each other hone existing and learn new skills. May the thrill of learning continue to motivate us to be the best providers we can be.

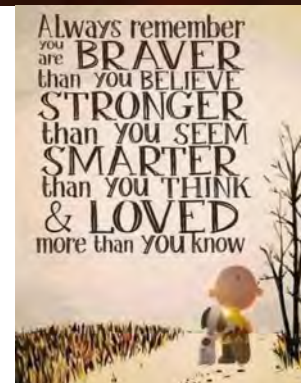
Thanks for all you do. Your only homework assignment is to stay current on your review trainings. May you have a good shift and many good calls. Stay safe and healthy!

P.S. I'll be teaching BLS Core CME 1: Preparatory and Airway on Tuesday, September 20th at Cold Spring Harbor FD from 7-10pm. Register through SCEMS by calling 631-852-5080. If you haven't enrolled in the CME program, contact our CME Coordinator, Pam Brenner-Davis at pamela.brenner@gmail.com.

Blast from the Past
Name that Member.....



On The Lighter Side



Birthdays

9/1 – Lily Poplawski #1616
 9/4 – Alex Bayer #1670
 9/6 – Sierra Beck #1629
 9/7 – Liam Komatsu #1668
 9/8 – Emily Berkowitz #1608
 9/8 – Veera Naeaetsaari #1679
 9/8 – Sara Carino #1681
 9/9 – Nereida Serrano #1458
 9/9 – Roxanne Cortes #1521
 9/11 – Cynthia Cairl #798
 9/13 – Evelyn - Hernandez-Veliz #1624
 9/20 – Katherine Kallergis #1555
 9/21 – Kyoko Saito #1545
 9/22 – Elizabeth Beach #1377
 9/23 – Jeffrey Daniels #1358
 9/24 – Michael Jacoby #1514
 9/24 – Joshua Abraham #1507
 9/25 – Kieran Weaver #1621
 9/27 – Carol Nucci #1324
 9/27 – Alyssa Axelrod #1102

Best Wishes

Carolyn Mullen, on a speedy recovery from open heart surgery on 7/21. Phone calls and emails are welcome.

Gerardo Mejia, who had a stent put in on 8/4. Phone calls and emails are welcome.

In Mourning

It is with great sadness that we announce the passing of Hans Wendy Jean-Baptiste, Brother of Bency Jean-Baptiste #1269.

It is with great sadness that we announce the passing of Margaret (Maggie) Heavey, Mother of Captain Dominic Heavey #973.

It is with great sadness that we announce the passing of James DeCarmine, brother of Carol Nucci #1324.

It is with great sadness that we announce the passing of Hans Jean Baptiste, bother of Bency Jean Baptiste #1269.

Length of Service

5 Years

Esteban Lopez #1519
 Casey O'Riordan #1518

10 Years

Patrick Donegan #1383

20 Years

Joel Paul

30 Years

Tom Hogan

35 Years

Brian Canty

Meetings

9/5 - 1930 General Membership,
 Dinner starts at 1830

9/15 - 1900 Board of Directors

Stand-Bys

9/14 and 10/12 - 1830 HMFD,
 Fire Academy

Upcoming Events

Greenlawn FD Parade and Fair

Thursday, September 1st

Meet at HQ at 1730 and leave at 1745

Lineup at 1800 at the St. Francis of Assisi

Church on Clay Pitts Road

Class B uniform

EMS Memorial Dedication

9/20, 1100 Empire State Plaza

Holidays

September 5 - Labor Day

Labor Day also known as Labour Day, is a federal holiday observed annually on the first Monday of September. Originally, it was a day organized to celebrate various labor associations' strengths and their contributions to the United States economy. Presently, it is a day that gives workers a day of rest and celebrates their contributions to the American economy. It is the Monday of the long weekend known as Labor Day Weekend and it is considered the unofficial end of summer.

September 11 - Patriot Day

Patriot Day also referred to as 9/11 or September 11, is a holiday observed annually on September 11. It is a day dedicated to remembering and paying tribute to the 2,977 people killed and numerous people who were injured during the terrorist attacks on September 11, 2001, in New York, Washington DC and Shanksville, Pennsylvania, in the United States. This holiday should not be confused with Patriots' Day: the anniversary of the beginning of the American Revolution and the holiday

celebrated in Massachusetts, Maine, and other states on the third Monday in April.

September 23 - Native American Day

The second Monday of October, annually, marks Columbus Day in many parts the United States but not all states or regions follow this observance. Instead, they celebrate Native American Day. Native American Day is a federal holiday observed, annually, on the fourth Friday in September in the state of California and on the second Monday in October in South Dakota, United States.

It is a day dedicated to honoring and celebrating Native Americans, the Native American culture and the contribution that Native Americans have made in the past and still continue to make to their respective states and the United States as a whole.



Recipe of the Month
Lisa Mohr
Crispy Salt-and-Vinegar Potatoes



Serves 4

You will need:

2 pounds baby Yukon Gold potatoes,
halved, quartered if large
1 cup plus 2 tablespoons distilled white
vinegar
1 tablespoon kosher salt, plus more
2 tablespoons unsalted butter
Freshly ground black pepper
2 tablespoons chopped fresh chives
Flaky sea salt (such as Maldon)

Directions:

Combine potatoes, 1 cup vinegar, and 1
tablespoon kosher salt in a medium saucepan;
add water to cover by 1". Bring to a boil,
reduce heat, and simmer until potatoes are
tender, 20–25 minutes; drain and pat dry.

Heat butter in a large skillet over medium-
high heat. Add potatoes; season with kosher
salt and pepper. Cook, tossing occasionally,
until golden brown and crisp, 8–10 minutes.
Drizzle with remaining 2 tablespoons vinegar.
Serve topped with chives and sea salt.





Northwell Paramedic Scholarship Opportunity



Advancing the next generation of pre-hospital providers

At Northwell Health, we are dedicated to providing our volunteer community first responders with the opportunity to take the next step in their career by offering **full and partial tuition** scholarships for our paramedic program. These scholarships enable qualified applicants to pursue paramedic education at the region's largest, most technically advanced educational facilities. Candidates are evaluated with particular attention paid to personal attributes like compassion, leadership potential and interpersonal communication skills.

To begin your
application, scan here



For more information, please email
Paramedicscholarship@northwell.edu

Requirements to apply:*

- Active member in good standing within their volunteer organization
- Current NYS EMT or EMTCC for a minimum of three years prior to application
- Two letters of recommendation
- Three (3) Essay Responses (Less than 250 words each)
- Completed application

*Other conditions apply

HCFAS Discounts – David Mohr

There are many places that offer discounts to Squad members. Even if you don't know if they do or don't, it doesn't hurt to ask. I have had times when I have asked and the answer was "we don't, but hold on" and they would talk to a manager/owner and in the end a discount was given. Below are just some of the places that offer discounts to Squad members.

If you know of a place that offers a discount to members, please email me at davidmohr@yahoo.com

Always have and show your Squad Membership card.



946 New York Avenue – 631-385-4444 – 15% Discount



340 New York Avenue – 631-549-8887 - 15% Discount



9 East Carver Street – 631-427-0514 – 15% Discount



720 Walt Whitman Road – 10% Discount

1933 New York Avenue - 10% Discount

Flowerdale by Patty



340 West Jericho Turnpike – 631-659-3111 – 10% Discount



9 Wall Street – 631-271-3540 – 15% Discount



247 Broadway Greenlawn Road – 631-740-3155 – 20% Discount



60 Main Street – 631-421-4242 - \$50 Initiation Waived & 20% off Membership Fee



134 Main Street, CSH – 631-367-6060 – 20% Discount



800 New York Avenue – 631-423-0200 – 15% Discount



16 West Jericho Turnpike – 631-271-2277 – 15% Discount



50 Stewart Avenue – 631-350-2335 – 10% Discount

